

**Peoples Biodiversity Register (PBR):General Detaials**

**Name of Panchayat Samiti : Janwas**

**Taluk : Trigam**

**District : Kishtwar**

**State/UT : J&K**

**Geographical Area of the Panchayat Samiti**

**Population of the Panchayati Samiti Total : 1281**

**Male : 676**

**Female : 605**

**Habitat & Topography**

**Climate (Rainfall, Temperature & other weather Patterns):-Moderate Rain fall/upto 35 in summer & -5 degree in winter.**

**Land Use (Nine fold Classification available with village records)**

**Date , Month and Year of PBR preparation : 25-08-2020**

**Management Regime:ReserveForests (RF)/Joint Forest Management (JFM) Protected Areas**

**(PA)/Community Owned and Managed Forest(COM)**

## Annexure 1

### **Detail of Biodiversity Management Committee (BMC) of the Panchayat (one elected Chairperson) and Six others nominated by the local body; not less than one third to be women and not less than 18% belonging to SC/ST)**

1) Name of the Chairperson: Sh.Farid-ud-Din

Age: 46 years

Gender: Male

Adress:

Area of Specialization : Farmer

2) Name: Smt. Shivani Parihar W/O Narinder Singh

Age: 22 years

Gender: Female

Adress :

Area of Specialization : Housewife

3) Name: Smt. Munni Devi W/O Madan Mohan

Age: 52 years

Gender: Female

Adress:

Area of Specialization : Housewife

4) Name: Sh. Bashir Ahmed S/O Peer Baksh

Age: 38 years

Gender: Male

Adress:

Area of Specialization : Farmer

5) Name : Sh. Mulakh Raj S/O Krishan Chand

Age: 42 years

Gender: Male

Adress:

Area of Specialization : Farmer

6) Name : Sh. Shiv Kumar S/O Naib Chand

Age: 50 years

Gender: Male

Adress:

Area of Specialization : Farmer

7) Name : Sh. Ashwani Kumar Rathore S/O Suram Chand

Age: 32 years

Gender: Male

Adress:

Area of Specialization :

## Annexue 2

<b>List of Vaid,Hakims and tradational health care (human &amp; Livestock) Practitioners residing and or using biological resources occuring within the juridication of the village</b>
Name of the Chairperson: Sh.Qasim Din S/O Sabu Gujjar
Age: 60 Years
Gender: Male
Address : R/o Palore
Area of Specialization :
Location from which the Person accesses biological material:
Perceptiion of the Practioner on the resources Status:
Medicinal Use:
Name : Sh. Chunni Lal S/o Prem Nath
Age: 61 years
Gender: Male
Address : R/o Tanka , Janwar
Area of Specialization :
Location from which the Person accesses biological material:
Perceptiion of the Practioner on the resources Status:
Medicinal Use:
Name : Nil
Age:
Address
Area of Specialization :
Location from which the Person accesses biological material:
Perceptiion of the Practioner on the resources Status:
Medicinal Use:

### Annexure 3

#### List of individuals Perceived by the villagers to possess Traditional Knowledge ((TK) related to biodiversity in agriculture, Fishries and Forestry

Name of the Chairperson: Sh. Mohd. Ayoub S/O Mohd. Akbar

Age: 55

Gender: Male

Address

Area of Specialization :

Name : Nil

Age:

Gender:

Address

Area of Specialization :

Name : Nil

Age:

Gender:

Address

Area of Specialization :

Name : Nil

Age:

Gender:

Address

Area of Specialization :

**Annexure 4**

<b>Detail of Schools,Colleges,departments,Universities,Govt. Institutions,Non-Governmental Organization &amp; Individuals Involved in the Preparation of PBR</b>
1) Contact Person : Nil
Name & Address:
2) Contact Person : Nil
Name & Address:
3) Contact Person : Nil
Name & Address:
4) Contact Person : Nil
Name & Address:

## Annexure 5

<b>Detail of Access to biological resources and traditional Knowledge granted, details of the collection fee imposed and detail of benefits derived &amp; mode of their Sharing.</b>							
No	Name & Address of the Person/Institution/Company Others	Local & Scientific Name of the biological material accessed and quantity		Date & resolution of the BMC and endorsement by the Panchayat		Detail of Collection of fee Imposed	Anticipated Mode of Sharing benefits or quantum of benefits shared

End of Part I

**Part II**

**PBR – Formats**

**AGROBIODIVERSITY**

**Format 1: Crop Plants**

1	2	3	4	5	6	7		8	9	10	11	12	13	14
Crop	Scientific Name	Local Name	Variety	Landscape / Habitat	Approx. area shown	Local Status		Special features	Cropping season	Uses	Associated TK	Other details	Source of Seeds/Plants	Community/ Knowledge Holder
						Past	Present							
Maize	<i>Zea mays</i>	Kukri	Chuchuri, Tripachi, Pro Agro 4794, DMH7314, Star gold	Hilly, Temperate & intermediate	41 Ha.	Plenty	Plenty	April sown local var. Dentless Corn, Flour sweet in taste Drought Resistant	Kharif	Major food item used as flour, feed for poultry & cattle	Local var. sown before 15 April in Upper belt & harvested when husk cover over cabs turn yellow to brown		Farmers saved seeds, Agriculture Deptt. & Pvt. Seed dealers	Farmers
Wheat	<i>Triticum aestivum</i>	Kanak, Gundam, Kounda	Local, Raj 3765, PBW644, HS240	do	35 Ha	Plenty	Plenty	Hyv Short duration Drought resistant	Rabi	Used as Flour & Fodder	Staple food			do
Barley	<i>Hordeum Vulgare</i>	Joe, Vohar	Local	Temperate & intermediate	7 Ha	Plenty	Plenty	Drought resistant	Rabi Used as Flour & Fodder	Used as Flour & Fodder	-		Farmers saved seeds	do
Rajmash	<i>Phaseolus Vulgare</i>	Rajmah	Local, Tripachi, Tangroo	do	7 Ha	Plenty	Plenty	Has distinct colour, taste & amoma on cooking	Kharif	vegetable & Pulses	-		do	do
Mash	<i>Vigna Mungo</i>	Mash	Local Pu19	do	3.5 Ha	Plenty	Plenty	Distinct taste	Kharif	Pulses	-	Small in size than Hyv	do	do



Moong	<i>Vigna radiata</i>	Moong	Kashmir moong	Temperate & intermediate	0.5 Ha	Rare	Improved Variety	Distinct taste	Kharif	Pulses	-	Small in size than Hyv	Farmers saved seeds	do
Mustard	<i>Brassica Juneeea</i>	Sarsoon	Local KS-1, KS-101	do	1.5 Ha	Normal	Normal	Polatability Preferred	Rabi	Edible Oil	-	-	do	do
Potato	<i>Solanum tubersum</i>	Aloo	Local, Kufri Sindoori, Kufri Jyoti	do	1 Ha	Normal	Normal	Tubers are round to oval shape	Kharif	vegetable & Chips	Rich in starch	-	Farmers saved seeds, Agriculture Deptt.	do
Knol-Khol	<i>Brassica Oleracia var. Gongylodes</i>	Kadam	Local, Purple viana	do	1.5 Ha	Normal	Normal	Polatability Preferred	Kharif/Rabi	Vegetable/Pickle	2-3 Crops in a Year	-	do	Farmers
Raddish	<i>Raphanus sativus</i>	Muli	Local Round, JWL	do	1 Ha	Normal	Normal	do	do	do	do	-	do	do
Peas	<i>Pisum sativum</i>	Matar	Local, Arkal	do	1 Ha	Local var.	Improved Variety	do	Rabi	Vegetable	Table Peas	-	do	do
Onion		Ganda		do		Rare	Rare		Kharif	Vegetable			do	do
Brinjal		Wangan		do		Rare	Rare			Vegetable			do	do
Tomatoes		Tamatar		do		Rare	Rare			Vegetable			do	do

**Format 2: Fruit Plants**

1	2	3	4	5	6		7	8	9	10	11	12
Plant	Scientific Name	Local Name	Variety	Landscape / Habitat	Local Status		Source of Seeds/Plants	Season of Fruiting (Repining)	Associated TK	Uses	Other details market/own use	Community / Knowledge holder
					Past	Present						
Plum	<i>Prunus Subg</i>	Aalu Bukhara	Santa Rosa, Kala Amritsari, Local	Mountainous and sloppy	Rare	Available	Local Preserved	May-June	Edible Fruits	Own use	Own use	
Quince	<i>Cydonia Oblonga</i>	Local Name Variety	Beehi	Mountainous and sloppy	Rare	Available	Local Preserved	May-June	Edible Fruits	Own use	Own use	
Pomegranate	<i>Punica granatum</i>	Anar	Local wild, Ganesh, Kandhari	Mountainous and sloppy	Rare	Available	Local Preserved	May-June	Edible Fruits	Own use	Own use	
Grapes	<i>Vitis Vinifera</i>	Angoor	Local wild Perlette	Mountainous and sloppy	Rare	Available	Local Preserved	May-June	Edible Fruits	Own use	Own use	
Olive	<i>Olea europea</i>	Zaitoon	Zaitoona Coratina	Mountainous and sloppy	Rare	Available	Local Preserved	May-June	Edible Fruits	Own use	Own use	
Pecan Nuts	<i>Carya Illinoensis</i>	Nuts	Stuart, Wichita	Mountainous and sloppy	Rare	Available	Local Preserved	May-June	Edible Fruits	Own use	Own use	
Apple		Choont		Mountainous and sloppy	Rare	Rare	Local Preserved	May-June	Edible Fruits	Own use	Own use	

Apricot		Cher		Mountainous and sloppy	Rare	Rare	Local Preserved	Sep- Oct	Edible Fruits	Own use	Own use	
Peach		Chinun		Mountainous and sloppy	Rare	Rare	Local Preserved	Sep- Oct	Edible Fruits	Own use	Own use	
Pear		Tang		Mountainous and sloppy	Rare	Rare	Local Preserved	May-June	Edible Fruits	Own use	Own use	

**Format 3: Fodder Crops /Species**

1	2	3	4	5		6	7	8	9	10
Plant	Scientific Name	Local Name	Landscape / Habitat	Local Status		Source of Plants / Seeds	Associated TK	Part Used	Other details	Community / Knowledge holder
				Past	Present					
Oats	<i>Avena</i>	Ghas, Javi, lavaan	Temperature Intermediate	Plenty	Plenty	Farmers saved seeds, Departmental supply	Stored in tie during winters & rainy season	Above ground portion of plant	-	Farming community
Jowar	<i>Sorghum Bichlour</i>	Ghas, Javi, lavaan	do	Rare	Rare	do	Preffered by milk animals	do	-	Farming community

### Format 4: Weeds

1	2	3	4	5	6	7		8	9	10	11	12
Plant	Scientific Name	Local Name	Affected crop	Impact	Landscape / Habitat	Local Status		Uses if any	Management options	Associated TK	Other details like exotic	Community / Knowledge holder
						Past	Present					
Guli Danda	<i>Phalaris minor</i>	Sitti	Wheat	Compete with crop for nutrients, water etc	Temperate/ Intermediate	Plenty	Plenty	Nil	Hand weeding & chemical control	Reduces crop yield	Local	Farmer
Doob Grass	<i>Cyanodan dactylon</i>	Dhrub	Wheat	do	do	do	do	Fodder/ Relegious use	Hand weeding	do	Local	Farmer
Sedge	<i>Cyprus rotundus</i>	Dhila	Paddy/ maize	do	do	do	do	Nil	Hand weeding & chemical control	do	Local	Farmer
Bathua	<i>Chenopodium album</i>	Bathua	All crops	do	do	do	do	Nil	do	do	Local	Farmer
Binding weed	<i>Convulvulus arvensis</i>	-	Maize	do	do	do	do	Nil	do	do	Local	Farmer
Ghass	<i>Cyprus esculentus</i>	Khass	Mash	do	do	do	do	Nil	Hand weeding	do	Local	Farmer

Ipomea	Echinocola Crusgali	-	Paddy	do	do	do	do	Nil	Hand weeding & chemical control	do	Local	Farmer
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### Format 5: Pests of Crops

1	2	3	4	5	6	7	8	9	10
Host	Insect / Animal	Scientific name	Local name	Habitat	Time / season of attack	Management mechanism	Associated TK	Other details	Community knowledge holder
Maize	Cut worm	<i>Agrotis ipsilon</i>	Toka	Maize Fields	April-May	Chemical Mangement through insecticide	Nil	Nil	Nil
Maize	Maize stem borer	<i>Chilo Partelus</i>	-	do	June-July	Chemical Mangement through insecticide	Nil	Nil	Nil
Wheat	Termite	<i>Microtermes obesi</i>	Seenak	wheat Fields	During dry season	Chemical Mangement through insecticide	Nil	Nil	Nil
Wheat/Oats	Army worms	<i>Mythinna separate</i>	Peerhi	wheat/Oat fields	All season	Chemical Mangement through insecticide	Nil	Nil	Nil
Mash	white fly	<i>vamisa tabacchi</i>	chitti makhi	Mash crop	July-Aug.	Chemical Mangement through insecticide	Nil	Nil	Nil
Mustard	Mustard aphids	<i>Lipaphis erysimi</i>	Paddy	Mustard crop	March-April	Chemical Mangement through insecticide	Nil	Nil	Nil
Paddy	Stem borer	<i>Scriophaga innota &amp; Incertulus</i>	Tanna chedabe	Paddy fields	July-Sep.	Chemical Mangement through insecticide	Nil	Nil	Nil
Paddy	Root Weevil	<i>Echinocnemus oryzal</i>	-	Paddy fields	June	Chemical Mangement through insecticide	Nil	Nil	Nil
Paddy	Rice Grass Hoppers	<i>Hicreoglyphus banayan</i>	Tidda	do	June-Sep.	Chemical Mangement through insecticide	Nil	Nil	Nil
Paddy	Paddy leaf folder	<i>cnaphalocrocis medinalis</i>	Pattamodak	do	During Rains	Chemical Mangement through insecticide	Nil	Nil	Nil

**Format 6: Markets for Domesticated animals**

1	2	3	4	5	6	7	8	9
<b>Name of the market &amp; location</b>	<b>Weekly (D)/ Fortnightly (D) / Monthly (D) / Biannual (M) / Annual (M)</b>	<b>Types of animals bought and sold</b>	<b>Types and Average Number of animals transacted in a day</b>	<b>Places from which animals are brought</b>	<b>Places to which the animals are sold / transported</b>	<b>Name and location of fish market</b>	<b>Types of fishes sold</b>	<b>Source of fish</b>
	[1]	[2]						
Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil

**Note: (1) (D) - day ; (M) - month;**

**(2) Types of animals may include :** Poultry / Sheep / Goats/ Cattle / Ducks/ Pigs/ Donkeys/ Mules/ Horses/ Camels/ Others (Specify)



### FORMAT 7 : Peoplescape

1	2	3	4	5	6	7	8	9	10	11
Community & Population	Families & Major Occupation	Sub-Occupation	Depending Landscape	Major Resources accessed and season of access	Landscape management Practice	Resource Management Practice	Caste/Tribe	Social Condition	Nature of Inhabitants	No of HHs
Community Hindu/Muslim Population	Joint Families & Nuclear Families Occupation Agriculture	Animal Husbandry & Artisans Govt Employees	Agriculture Landscape Forest Irrigation Channels	Crops Rabi & Kharief Appler Wallnut Pears & Wild Mashrooms from March to October	Manually	Judicious Utilization of Natural resources without their over exploitation	Others/SC/ST	Backward /Financially weak	APL/BPL/AYY	323

Major occupation may be farming. Sub-occupations could be fishing, collection of NTFP animal husbandary, artisans, services examples of depending landscapes are agriculture landscape, rivers, forest etc.

Major resources accessed could be agriculture resources of different nature, fish, birds, water, mud, and etc

How the community manages the landscapes they use for satisfying different needs, their strategies and perception

How the community manages the resources they access for satisfying different needs, their strategies and perception, conflicts etc.

**Format-8 : Landscape.**

Format-8 : Landscape.													
1			2	3	4	5	6	7	8	9	10	11	12
Major Landscapes			Sub-Landscapes	Features and approx. area	Ownership	General flora	General fauna	User groups	Management practices	General uses	Associated TK	Other details	Community accessed
Agricultural land	Pond	Fallow land											
Cultivated	nil	nil	Mountance	Rockey/ sandy land	Property/ shamlat	Deodar	Leopard	Local Inhabitants	Self management	cultivation	Indigenous knowledge of local comminities	---	---
						Kail	Black bear						
						Fir	Monkey						
						Spruce	Jackal						
						Champ	Wild goat						
						Annar	Fox						
						Akhroot	Wild cat						
						Dhoop	Rat						
						Nagehatri	Lizard						
						Appricot	Snake						
						Heru	Pigeon						
						Mohru	House Sparrow						
						Kiker	Sparrow						
						Mushkapor	Crow						
						Muchakballa	Spider						
						Guchhies	Butterfly						
						Kour	Bee						
						Kuth	Owl						
Bankhoor	Mosquito												
Kumlaie	Partridge												
Phrast	Bulbul												
Chinar													

Ulmus waichana	
Apple	
Pear	
Peach	
Drankh	
Wild Cock	
Wild Hen	

Provide a brief description of landscapes such as forests, plantations, cultivated land, estuary, pond, lake or other elements

**Format-9 : Waterscape.**

1	2	3	4	5	6	7	8	9	10	11	12	13
<b>Waterscape Element type</b>	<b>Sub-type</b>	<b>Features and Approx</b>	<b>Ownership</b>	<b>General Flora</b>	<b>General Fauna</b>	<b>Major Sues</b>	<b>User Group</b>	<b>Management Practices</b>	<b>General uses</b>	<b>Associated TK</b>	<b>Other Detail</b>	<b>Community Accessed</b>
Nallah	Jinwas	Tributary of river Chenab	Govt	Mostly ferns, bryophytes and pteridophytes	Amphibians and insets	Irrigation and drinking	Local population		Irrigation			

**Format 10: Soil type**

1	2	3	4	5	6	7	8
Soil Type	Color & Texture	Features	Soil management	Plants / crop suitable	Flora and fauna	Associated TK	Other information
Clay Loam	Brown	Plastic which high water holding capacity	Addition of organic manure	Paddy	Associated with Paddy	Application of FYM to improve soil texture	-
Sandy Loam	Brown to Reddish	Well drained	do	Maize, vegetables etc	Associated with maize, vegetables	do	-

**Format 11: Fruit Trees**

**DOMESTICATED BIODIVERSITY**

1	2	3	4	6	7		8	9	10	11	12	13
Plant Type	Local Name	Scientific Name	Variety	Landscape/ Habitat	Local Status		Source of plant/seeds	Season of Fruiting (Repining)	Uses (usage)	Associated TK	Other details market/own use	Community/ Know. holder
					Past	Present						
Apple	Seb	<i>Malus domestica</i>	Red Delicious Golden Del. Ambri, Gala, Mast etc	Mountainous and sloppy	Available	Available	Local Preserved/Govt. Nry/Pvt Nry	July-Oct.	Reducing cholesterol, lowering blood sugar levels.	Own use	Own use/Local market	Baldev Singh S/O Manak Chand
Walnut	Akhrot	<i>Juglans regia</i>	Local	Mountainous and sloppy	Available	Available	Local Preserved	July-Sep.	Reduces Prostate cancer and diabetes	Own use	Own use/Local market	Rattan Lal S/O Om Raj
Apricot	Khubani	<i>Prunus armeniaca</i>	Safeda,Qadri,Be bco	Mountainous and sloppy	Available	Available	Local Preserved	May-June	Cures Heart Disease & High Blood Pressure	Own use	Own use/Local market	Badri nath
Pear	Nashpati	<i>Pyrus communis</i>	Moti Daddi, Half Red, Nakh,Misri Tang	Mountainous and sloppy	Rare	Available	Local Preserved	July-Sept	Used for mild digestion problems, diarrhea, Severe diarrhea (Cholera).	Own use	Own use/Local market	Bansi Lal S/O Jant Ram
Peach	Aadu	<i>Prunus persica</i>	Local,Shan-e- Panjab,Amba	Mountainous and sloppy	Available	Available	Local Preserved	July-Sept	Edible Fruits	Own use	Own use/Local market	Choor Singh S/O Prem Nath

Pomegranate	Doon	<i>Punica granatum</i>			Rare	Rare	Local Preserved	July-Sept	Edible Fruits	Own use	Own use/Local market	
Plum	Aloo bukhara'	<i>Prunus Subg</i>			Rare	Rare	Local Preserved	July-Sept	Edible Fruits	Own use	Own use/Local market	
Grapes	Dach	<i>Vitis Vinifera</i>			Rare	Rare	Local Preserved	July-Sept	Edible Fruits	Own use	Own use/Local market	

**Format-12 : Medicinal Plants (Herbs, Shrubs, Trees etc.).**

1	2	3	4	5	6	7		8	9	10	11	12
Plant Type	Local Name	Scientific Name	Variety	Landscape/ Habitat	Source of plant/ seeds	Location status		Uses (usage)	Part used	Associated Tk	Other details market/ own use	Community Know Holders
						Past	Present					
Shurb	Ban Kakkri	<i>Podophyllum hexandrum</i>	MFP	Forest	Natural	Plenty	Endangered	Useful to the skin for removal of warts, including plantar warts & sexually transmitted warts.	Fruit			
Shurb	Rhubarb (Churko)	<i>Rheum spiciforme</i>	MFP	Forest	Natural	Plenty	Rare	Harvested from the wild for local use as a food & medicine	Flower/ stem			
Herb	Kuth	<i>Saussurea costus</i>	MFP	Forest	Natural	Plenty	Rare	The root & oil from the root are used to make medicine. treating for asthma, cough, gas, worm (nematode).	Root/ Rhizome			
Herb	Murg jawain, Bajarbhang	<i>Hyoscyamus niger</i>	MFP	Forest	Natural	Plenty	Rare	Useful for ailments of the bones, Rh, toothache, asthma, cough nervous disease & stomach pain.	Seeds			
Herb	Guggal/Dhoop	<i>Jurinea dolomiaca</i>	MFP	Forest	Natural	Plenty	Rare	useful for the treatment of fevers. The root extract is used as an incense, skin eruption, gout & Rh,	Roots			
Herb	Rohan-hak/Pran/ Gogcheegma	<i>Allium carolinianum</i>	MFP	Forest	Natural	Plenty	Rare	Contain sulphur compounds (which give them their onion flavour) help to reduce blood cholesterol levels, acts as a tonic to the digestive system	Bulbs, Leaves, Flowers			
Herb	Gaozabaan (Ratanjot)	<i>Amebia benthami</i>	MFP	Forest	Natural	Plenty	Rare	Used for imparting pleasing red colour to foodstuff, oils & fats. The flowering shoots are used in preparation of Shrubet (syrup) & jam useful in various disease of tongue, throat, fever & cardiac disorders	Roots, Rhizomes			



Shurb	Dhatura	<i>Dhatura metel</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used to treat hydrophobia, epilepsy, convulsion, syphilis, inflammation of the breasts, smallpox, mumps &amp; leprosy, also used as a pesticide.</i>	Seeds
	Gokhru	<i>Tribulus terrestris</i>	MFP	Forest	Natural	Plenty	Rare	<i>Traditionally, people have used this plant for a variety of potential effects, including to enhance libido, keep the urinary tract healthy &amp; reduce swelling.</i>	Leaves & Flowers
Shurb	Seski (murin)	<i>Artemisia brevifolia</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used as a digestive &amp; carminative &amp; hence mixed with meat dishes, known to be an anthelmintic, aphrodisiac, antiseptic, laxative, blood purifier &amp; antidote to scorpion stings.</i>	Leaves
Herb	Zakhm-e-hayaat	<i>Bergenia ciliata</i>	MFP	Forest	Natural	Plenty	Rare	<i>Useful for the treatment of uterine contraction, ulcers, fever &amp; kidney stone, also treat throat infection, diabetes.</i>	Leaves & Roots
	Surajan-e-talakh	<i>Colchicum luteum</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used as a carminative, laxative &amp; are effective in the treatment of gout, Rh, &amp; disease of liver &amp; spleen.</i>	Corns
Herb	Salam-panja	<i>Dactylorhiza hatagirea</i>	MFP	Forest	Natural	Plenty	Rare	<i>Widely used to cure various diseases like dysentery, diarrhoea, chronic fever, cough, stomachache, wounds, cuts, burns, fractures &amp; general weakness.</i>	Roots, Rhizomes
Climber	Shingli-mingli	<i>Dioscorea deltoidea</i>	MFP	Forest	Natural	Plenty	Rare	<i>Rhizomes used for the treatment of different diseases such as digestive disorders, sore of throat for struma, diarrhoea, wounds, burns &amp; anemia.</i>	Roots

Shurb	Kalveuth	<i>Prunella vulgaris</i>	MFP	Forest	Natural	Plenty	Rare	<i>Useful to treat infections &amp; other illnesses, inflammation, protect against cancer, prevent diabetes complications.</i>	Leaves & Flowers
	Ravend-Chini (Pambchalan)	<i>Rheum australe</i>	MFP	Forest	Natural	Plenty	Sporadic	<i>Used as laxative &amp; also used in various herbal preparations.</i>	Roots, Rhizomes
Herb	Handh	<i>Traraxacum officinale</i>	MFP	Forest	Natural	Plenty	Rare	<i>Has a special effect on the organs involved in digestion, its coffee helps with liver damage &amp; liver weakness as well as bile weakness, stimulate pancreas &amp; kidney function.</i>	Leaves
Herb	Mushakbala	<i>Valeriana hardwickii</i>	MFP	Forest	Natural	Plenty	Rare	<i>Useful in epilepsy, hysteria, hypochondriasis, nervous unrest &amp; skin diseases.</i>	Roots
Shurb	Kasrore	<i>Diplazium esculentum</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used as vegetable, dried rhizomes are used as an insecticide, decoction of this plant is used in the treatment of cough &amp; sometimes as a tonic.</i>	Leaves
	Shivlingi	<i>Diplocyclos palmatus</i>	MFP	Forest	Natural	Plenty	Rare	<i>Useful for treatment of Aphrodisiac &amp; tonic, constipation, stomach problem, diarrhoea, malaria fever etc.</i>	Ariel plants parts
Herb	Patrees	<i>Aconitum heterophyllum</i>	MFP	Forest	Natural	Plenty	Threatened	<i>Useful to treat bronchitis, persistent cough, upper respiratory tract infections, common cold, flu &amp; malaria, treat fever, cough, vomiting &amp; diarrhea.</i>	Roots
	Pushkarmula	<i>Inula racemosa</i>	MFP	Forest	Natural	Plenty	Rare	<i>Treat chronic bronchitis &amp; Rh, dried rhizomes &amp; roots are used to cure loss of appetite &amp; stomach troubles.</i>	Roots, Rhizomes
	Tilpushpi (Foxglove)	<i>Digitalis purpurea</i>	MFP	Forest	Natural	Plenty	Rare	<i>Useful to treat congestive heart failure &amp; heart rhythm problems</i>	Roots
Shrub	Gur-Krandel	<i>Ferula jaeschkeana</i>	MFP	Forest	Natural	Plenty	Rare	<i>Treatment of asthma, whooping cough, flatulent colic, pneumonia, bronchitis</i>	Leaves, Flowers

Herb	Resha-Khatmi	<i>Lavatera cashmeriana</i>	MFP	Forest	Natural	Plenty	Rare	<i>A known medicinal herb used in many unani medicinal preparations, cure throat problem, mild laxative,</i>	Leaves, Roots & Flowers
Herb	Kour, Kutki, Kadu, Kadvi	<i>Picrorhiza kurroa</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used for the treatment of jaundice, sudden liver infections caused by a virus, fever, allergy &amp; asthma.</i>	Roots
	Chuka Ladur	<i>Polygonum alpinum</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used for edible, an acid flavour, the juice from the plant has been sweetened &amp; used as a refreshing drink.</i>	Leaf stems
	Pitsuaak (Birjung, Pitsouli, Phagermula)	<i>Arctium lappa</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used therapeutically as a depurative, diuretic &amp; digestive stimulant &amp; for dermatologic conditions.</i>	Roots
Herb	Marchi	<i>Thymus linearis</i>	MFP	Forest	Natural	Plenty	Rare	<i>Useful for the treatment of abdominal pain &amp; vomiting</i>	Flowers
Shurb	Kala Zeera	<i>Bunium persicum</i>	MFP	Forest	Natural	Plenty	Rare	<i>Useful in treatment of gastro intestinal illnesses, including diarrhea &amp; inflammatory bowel disease.</i>	Seeds
Herb	Rumkath, Budarkath (Gidar Tambakoo)	<i>Verbascum thapsus</i>	MFP	Forest	Natural	Plenty	Rare	<i>Useful to treat pulmonary problems, inflammatory diseases, asthma, diarrhoea &amp; migraine headaches.</i>	Leaves
	Kuhushbondhri (Gas plant)	<i>Dictamnus albus</i>	MFP	Forest	Natural	Plenty	Rare	<i>The plant is used both internally &amp; externally in the treatment of skin diseases (especially scabies &amp; eczema), arthritic pain &amp; jaundice.</i>	Leaves, Bark & Root
Tree	Khareu	<i>Ilex dipyrena</i>	MFP	Forest	Natural	Plenty	Rare	<i>Moderate sized evergreen tree with light gray smooth bark. Close grained with a pretty silver grain, the wood is used for fuel.</i>	Flower, Leaf & Fruit
Herb	Kasnil Hand	<i>Cichorium intybus</i>	MFP	Forest	Natural	Plenty	Rare	<i>Useful in treatment of liver disorders, diabetes, jaundice, gout, Rh</i>	Flowers

Herb	Pambechalan/chukri	<i>Rheum emodi</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used in various traditional systems as laxative, tonic, fever, cough, indigestion &amp; menstrual disorders.</i>	Roots
Tree	Zum	<i>Prunus cormuta</i>	MFP	Forest	Natural	Plenty	Rare	<i>Helpful in the treatment of cancer.</i>	Timber
Herb	Neelkanth	<i>Ajuga bracteosa</i>	MFP	Forest	Natural	Plenty	Rare	<i>Useful in the treatment of agues, the juice of the root is used in the treatment of diarrhoea &amp; dysentery, leaves are used in treatment of fevers as a substitute for quinine</i>	Roots
Herb	Bergeur, Gandana	<i>Achillea millifolium</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in folk medicines to treat inflammation, pain &amp; gastrointestinal disorders.</i>	Aerial plant parts
Herb	Choru/Chohori	<i>Angelica glauca Edgw</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used in Dyspepsia, constipations, ulcer of plate, Dysentery, Roots are used as a drug wound and gastric pains</i>	Roots
Herb	Cow Parsnip	<i>Heracleum candicans Wallich ex Benth</i>	MFP	Forest	Natural	Plenty	Rare	<i>The roots are a very good source of xanthotoxin, which is used in the preparation of suntan lotions &amp; to some extent for the treatment of leucoderma.</i>	Roots
Climber	Agranth	<i>Hedera nepaiensis K. Koch</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used for cure of benign wart, anti-inflammatory &amp; anti-arthritis properties.</i>	Leaves
Shrub	Bakru	<i>Lonicera quinquelocularis Hardew</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used for turnery &amp; carving, also used for walking sticks.</i>	Stem., Braches
Shrub	Chalander	<i>Viburnum grandiflorum Wallich ex DC</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used as laxative &amp; blood purifier, also used to reduce muscular cramps.</i>	Fruit
Herb		<i>Galium aparine L</i>	MFP	Forest	Natural	Plenty	Rare	<i>used as diuretic, used to treat swollen lymph glands, tonsillitis and throat infections.</i>	Leaves, Stem
Herb	Mushkbala	<i>Valeriana jatamansi Jones</i>	MFP	Forest	Natural	Plenty	Rare	<i>useful for epilepsy, hysteria, skin diseases &amp; nervous unrest.</i>	Dried roots & Rhizomes
Tree	Fir	<i>Abies pindrow Spach</i>	CONIFER	Forest	Natural	Plenty	Rare	<i>used for treating fever, wheezing cough &amp; cold.</i>	Seeds, Timber

Tree	Deodar	<i>Cedrus deodara (Roxb) G. Don</i>	CONIFER	Forest	Natural	Plenty	Rare	<i>used in neurological disorders, asthma, fever, arthritis &amp; headache.</i>	Seeds, Timber oil
Tree	Spruce	<i>Picea smithiana (Wall.) Boiss</i>	CONIFER	Forest	Natural	Plenty	Rare	<i>used in pulp industry to make paper, also used for construction shingles, crates &amp; household purposes.</i>	Seeds, Timber
Tree	Kail	<i>Pinus wallichiana Jackson</i>	CONIFER	Forest	Natural	Plenty	Rare	<i>usful in treating burning of the body, cough, fainting &amp; ulcers.</i>	Timber
Herb	Gentheer	<i>Adiantum capillus-veneris L</i>	MFP	Forest	Natural	Plenty	Rare	<i>used for antibacterial, anti-implantation, antihyperglycemic.</i>	Leaves
Herb	Sapp Guggal	<i>Arisaema flavum (Forsskal) Schott</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in the treatment of chronic tracheitis, bronchiectasis, tetanus and epilepsy</i>	Leaves, Tubers
Herb	Deela	<i>Cyperus rotundus L</i>	MFP	Forest	Natural	Plenty	Rare	<i>Malaria, diarrhea, dibaties</i>	Rhizomes, Roots
Herb	Drub	<i>Cynodon dactylon (L) Pers</i>	MFP	Forest	Natural	Plenty	Rare	<i>used as a laxative, coolant, expectorant, &amp; as a brain &amp; hert tonic used for all types of bleedings &amp; skin troubles.</i>	Whole plant
Herb	Palain	<i>Dichanthium annulatum Stapf</i>	MFP	Forest	Natural	Plenty	Rare	<i>commonly used as a fodder grass.</i>	Whole plant
Herb	Kai	<i>Saccharum spontaneum L</i>	MFP	Forest	Natural	Plenty	Rare	<i>useful in treatment of dyspepsia, burning sensation, piles, sexual weakness, gynecological troubles, respiratory troubles.</i>	Flowers, Grass
Shrub	Vethur	<i>Juniperus communis Linn</i>	MFP	Forest	Natural	Plenty	Rare	<i>used as anti-diarrhoeal, anti-inflammatory, astringent &amp; antiseptic &amp; also used for the treatment of various abdominal disorders.</i>	Stem
Tree	Postul/Brahmi	<i>Taxus baccata L</i>	B/L	Forest	Natural	Plenty	Rare	<i>useful for treating common cold, cough, fever &amp; pain.</i>	Leaves, Bark
Herb	Gul-e-sanobar	<i>Geranium wallichianum D. Don. Ex Sweet</i>	MFP	Forest	Natural	Plenty	Rare	<i>used as a cure for toothache and has been applied externally to the eyes.</i>	Roots, Bark

Herb	Chuku	<i>Oxalis corniculata L</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in the treatment of influenza, fever, urinary tract infections &amp; poisonous snake bites.</i>	Whole plant
Herb	Hillu	<i>Impatiens glandulifera Royle</i>	MFP	Forest	Natural	Plenty	Rare	<i>It is one of the Bach flower remedies, flower extracts used as herbal remedies for physical &amp; emotional problems.</i>	Flower
Shrub	Sanglidhoop	<i>Skimmia anquetilia N.P Taylor &amp; Airy Shaw</i>	MFP	Forest	Natural	Plenty	Rare	<i>used for treatment of swellings, rheumatism &amp; therapy. Powder of its bark is used for the healing of burns &amp; wounds.</i>	Leaves
Shrub	Beri	<i>Zizyphus oxyphylla Edgw</i>	MFP	Forest	Natural	Plenty	Rare	<i>used to treat diabetes, fever, dysentery, as well as blood &amp; skin diseases</i>	Fruit
Tree	Horse chest nut	<i>Aesulus hippocastanum L</i>	B/L	Forest	Natural	Plenty	Rare	<i>used for treatment of dysentery, bronchitis, hemorrhoids.</i>	Leaves
Tree	Kanjai	<i>Acer caesium Wallich ex Brandis</i>	B/L	Forest	Natural	Plenty	Rare	<i>used for treatment of muscular swelling, boils &amp; pimples</i>	Leaves
Herb	Ban Tambaku	<i>Verbascum thapsus L</i>	MFP	Forest	Natural	Plenty	Rare	<i>Inflammatory diseases, asthma, cough, diarrhoea</i>	Leaves
Herb	Neelkanth	<i>Ajuga bracteosa Wall ex Benth</i>	MFP	Forest	Natural	Plenty	Rare	<i>Treats agues, diarrhoea &amp; dysentery</i>	Leaf
Herb	Jungli Pudina	<i>Mentha arvensis L</i>	MFP	Forest	Natural	Plenty	Rare	<i>As a food, stomach problem &amp; allergy</i>	Leaves
Herb	Vena	<i>Mentha longifolia (L) Hudson</i>	MFP	Forest	Natural	Plenty	Endangered	<i>Respiratory ailments, treat wounds</i>	Leaves
Herb	Kal viuth	<i>Prunella vulgaris L</i>	MFP	Forest	Natural	Plenty	Rare	<i>Protect against cancer, herpes</i>	Leaves
Shrub	Sheshak	<i>Rabdosia rugosa (Wall ex Benth) Hara</i>	MFP	Forest	Natural	Plenty	Rare	<i>Remedy of helminthiasis, in live stocks</i>	Leaves
Herb	Kashmir sage	<i>Salvia hians Royle ex Benth</i>	MFP	Forest	Natural	Plenty	Rare	<i>Heal eye infections</i>	Aerial Parts
Herb	Gaddo	<i>Salvia moorcroftiana Wall</i>	MFP	Forest	Natural	Plenty	Rare	<i>Gas, gastritis, heart burn</i>	Roots
Shrub	Kanhaji	<i>Sorbaria tomentosa Rehder</i>	MFP	Forest	Natural	Plenty	Rare	<i>Ornamental, stimulate, respiration</i>	Whole Plant
Herb	DhadKopdi	<i>Bergenia stracheyi (H.F.T) Engl</i>	MFP	Forest	Natural	Plenty	Rare	<i>kidney &amp; gall bladder stone</i>	Roots
Herb	Dand jari	<i>Rhodiola himalensis (D.Don) S.H. Fu</i>	MFP	Forest	Natural	Plenty	Rare	<i>Help the body to resist physical, chemical &amp; environmental stress</i>	Bark
Herb	Kuuppad jari	<i>Sedum ewersii Ledeb</i>	MFP	Forest	Natural	Plenty	Rare	<i>Herbal remedy for diphtheria, ring worm, treats pimples, acne etc.</i>	Whole plant
Shrub	Anar	<i>Punica granatum L</i>	MFP	Forest	Natural	Plenty	Rare	<i>Treatment of cancer, osteo-arthritis</i>	Whole plant

Herb	Wallichos willow	<i>Epilobium latifolium L</i>	MFP	Forest	Natural	Plenty	Common Vulnerable	<i>Analgesic, anti-dote</i>	Whole plant
Tree	Ringkul	<i>Crataegus songarica G. Koch</i>	B/L	Forest	Natural	Plenty	Rare	<i>Pulmonary disesses</i>	Whole plant
Herb	Wild Strawberry	<i>Fragaria nubicola Lindl ex Lacalta</i>	MFP	Forest	Natural	Plenty	Rare	<i>As food, treats profuse mensuration</i>	Fruit
Tree	Haadi	<i>Prunus armeniaca L</i>	B/L	Forest	Natural	Plenty	Rare	<i>Antisposmodic, chronic bronchitis</i>	Whole plant
Herb	Patrishi	<i>Aconitum heterophyllum Wallich ex Royle</i>	MFP	Forest	Natural	Plenty	Rare	<i>Treats reproductive disorders</i>	Not Available
Herb	Tatnu	<i>Caltha palustris L</i>	MFP	Forest	Natural	Plenty	Rare	<i>Treatment of fits &amp; anemia</i>	Leaves, Stem
Herb		<i>Ipomaea purpurea Roth</i>	MFP	Forest	Natural	Plenty	Rare	<i>Mental disorders, constipations</i>	Seeds
Herb		<i>Cuscuta europaea L</i>	MFP	Forest	Natural	Plenty	Rare	<i>Herbal medicine, tonic for liver &amp; kidney</i>	Seeds, vegetable
Herb		<i>Cuscuta reflexa Roxb</i>	MFP	Forest	Natural	Plenty	Rare	<i>Treat difficulty in urinating, jaundice</i>	Stem, Seeds
Herb	Jala-Kafal	<i>Atropa acuminata Royle</i>	MFP	Forest	Natural	Plenty	Rare	<i>used to make plasters, in asthma</i>	Whole plant
Herb	Brand	<i>Phytolacca acinosa Roxb</i>	MFP	Forest	Natural	Plenty	Rare	<i>urinary disorders, abdominal tensions</i>	Leaves, Roots
Herb		<i>Rheum australe D. Don</i>	MFP	Forest	Natural	Plenty	Rare	<i>Gastritis, blood purification</i>	Rhizomes, Roots
Herb		<i>Rheum moorcroftianum Royle</i>	MFP	Forest	Natural	Plenty	Rare	<i>improve memory, renal function disorder</i>	Rhizomes, Roots
Herb	Mulain	<i>Inula royleana DC</i>	MFP	Forest	Natural	Plenty	Rare	<i>reduce blood pressure, perestatic movement in intenesines</i>	Aerial Parts
Herb		<i>Jurinea dolomiaea Boiss</i>	MFP	Forest	Natural	Plenty	Rare	<i>loss of apeteite, cold bronchitis</i>	Root
Herb		<i>Lactuca lessertiana (DC) C.B Clarke</i>	MFP	Forest	Natural	Plenty	Rare	<i>curative properties</i>	Not available
Herb		<i>Leontopodium himalayanum DC</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in herbal and protect over skin</i>	Aerial Parts
Herb		<i>Saussurea heteromalla (D. Don) Hand Mazz</i>	MFP	Forest	Natural	Plenty	Rare	<i>horse bite, oil, leucoderma &amp; wounds</i>	Leaf, root
Herb		<i>Saussurea lappa Clarke</i>	MFP	Forest	Natural	Plenty	Rare	<i>anti ulcer, anti cancer</i>	Root
Herb		<i>Senecio amplexicaulis Wall</i>	MFP	Forest	Natural	Plenty	Rare	<i>antifungal and phytotoxic</i>	Whole Plant
Herb	Jarjam	<i>Senecio chrysanthemoides DC</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in eye infections</i>	Whole Plant
Herb		<i>Senecio gradliflorus DC</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in treatment of irregular menses, ease child birth</i>	Root
Herb		<i>Senecio nudicaulis Ham</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in treatment of fever and skin diseases</i>	Leaves
Herb		<i>Solidago virga aurea L</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in treatment of best pain, insomnia</i>	Flowers, Leaves

Herb		<i>Sonchus arvensis</i> Linn	MFP	Forest	Natural	Plenty	Rare	<i>used in treatment of asthma,chest diseases</i>	Stems,Leaves
Herb		<i>Sonchus asper</i> Vill	MFP	Forest	Natural	Plenty	Rare	<i>used in treatment of skin ailments,anti-bacterial</i>	Leaves,Stem,Tops
Herb		<i>Sonchus oleraceus</i> L	MFP	Forest	Natural	Plenty	Rare	<i>used for blood purifier,anti-malarial</i>	Stem & Leaves
Herb		<i>Tanacetum gracile</i> Hook. F. & T	MFP	Forest	Natural	Plenty	Rare	<i>used in treatment of intestinal worms,prevent miscarriage</i>	Dried Aerial Parts
Herb	Handh	<i>Taraxacum officinate</i> Weber	MFP	Forest	Natural	Plenty	Endangered	<i>increase urine production,,decrease pain</i>	Fruits,Leaves
Shrub		<i>Lyonia ovalifolia</i> (Wallich) Drude	MFP	Forest	Natural	Plenty	Rare	<i>treat skin disease,external parasite</i>	Leaves& Buds
Shrub		<i>Rhododendron campanulatum</i> D. Don	MFP	Forest	Natural	Plenty	Rare	<i>treat chronic rheumatism,headache</i>	Leaves
Shrub		<i>Elaeagnus parvifolia</i> Wallich ex Royle	MFP	Forest	Natural	Plenty	Rare	<i>anti-inflammatory anti-oxidant</i>	Flowers,Seed
Climber		<i>Viscum album</i> L	MFP	Forest	Natural	Plenty	Rare	<i>treatment of cardiac weakness,arrhythmia</i>	Leaves,Stem,Pea sized Berries
Herb		<i>Euphorbia cognata</i> (Klotzsch & Garcke) Boiss	MFP	Forest	Natural	Plenty	Rare	<i>Breathing disorder,asthma</i>	Seed Stem
Herb		<i>Euphorbia rothiana</i> Spreng	MFP	Forest	Natural	Plenty	Rare	<i>Rheumatism,warts,cough,asthma</i>	Stem Bark
Herb		<i>Euphorbia helioscopia</i> L	MFP	Forest	Natural	Plenty	Rare	<i>used in pharmaceutical industry.</i>	Leaves, Stem,Root
Herb		<i>Euphorbia wallichii</i> Hook F	MFP	Forest	Natural	Plenty	Rare	<i>used against constipation</i>	Leaf,root
Shrub		<i>Sarcococca saligna</i> (D.Don) Meull Arg	MFP	Forest	Natural	Plenty	Rare	<i>laxative ,blood purifier &amp; muscular analgesic</i>	Leaf,Bark,Root
Herb		<i>Girardinia heterophylla</i> Decne	MFP	Forest	Natural	Plenty	Rare	<i>used as soap/shampoo for washing,cattle fodder</i>	Whole Plant
Herb		<i>Urtica dioica</i> Linn	MFP	Forest	Natural	Plenty	Rare	<i>urinary tract infections</i>	Root
Tree	Brimij	<i>Celtis australis</i> Willd	B/L	Forest	Natural	Plenty	Rare	<i>treatment of amenorrhoea,heavy menstrual bleeding &amp; colic</i>	Leaves,Root
Tree		<i>Ulmus wallchiana</i> Planch	B/L	Forest	Natural	Plenty	Rare	<i>used to heal body mind &amp; skin</i>	Leaves
Herb		<i>Cannabis sativa</i> L	MFP	Forest	Natural	Plenty	Rare	<i>used for recreational or medicinal purposes</i>	Whole Plant
Herb		<i>Violacanesens</i> Wallich	MFP	Forest	Natural	Plenty	Rare	<i>used for cough .cold,flu,fever &amp; malaria</i>	Leaf,Flower
Herb		<i>Viola indica</i> W Becker	MFP	Forest	Natural	Plenty	Rare	<i>Respratory tract congestion asthma ,sore throat</i>	Flowers
Herb		<i>Viola kunawarensis</i> Royle	MFP	Forest	Natural	Plenty	Rare	<i>chronic bronchitic,asthma</i>	Flowers



Herb		<i>Dianthus jacquemontii</i> Edgew	MFP	Forest	Natural	Plenty	Rare	<i>used to stimulates urinary system,digestive system &amp; bowels</i>	Flowers
Herb		<i>Gypsophilla cerastioides</i> D Don	MFP	Forest	Natural	Plenty	Rare	<i>used for production of photographic films</i>	Not Available
Herb		<i>Lychinus indica</i> Benth	MFP	Forest	Natural	Plenty	Rare	<i>Source of soaps ,ornamentals purposes</i>	Roots,Flowers
Herb		<i>Silene edgeworthii</i> Bocquet	MFP	Forest	Natural	Plenty	Rare	<i>Anti-cancer,anti-fungal &amp; anti-viral</i>	Leaves
Herb		<i>Stellaria media</i> L	MFP	Forest	Natural	Plenty	Rare	<i>cough ,cold constipation,burns</i>	Whole plant
Herb		<i>Hypericum elodeoides</i> Choisy	MFP	Forest	Natural	Plenty	Rare	<i>treatment in mild to moderate depression</i>	Aerial Parts
Shrub		<i>Hypericum oblongifolium</i> Choisy	MFP	Forest	Natural	Plenty	Rare	<i>Hepatitis,gastric ulcers</i>	Aerial Parts
Herb		<i>Hypericum perforatum</i> L	MFP	Forest	Natural	Plenty	Rare	<i>Moderate depression ,anxiety &amp; sleep disorders</i>	Aerial Parts
Herb	Suchal	<i>Malva neglecta</i> Wallr	MFP	Forest	Natural	Plenty	Rare	<i>Astringent,demulcent,diuretic</i>	Leaves,Floers,Root
Herb		<i>Geranium polyanthes</i> Edgew & H.F	MFP	Forest	Natural	Plenty	Rare	<i>Tumor,cosmetic,laxative &amp; hair colour</i>	Flower
Herb	Gugchuk,Ringrash	<i>Geranium pretense</i> L	MFP	Forest	Natural	Plenty	Rare	<i>cholera,diarrhoea</i>	Root
Shrub	Tung	<i>Cotinus coggygna</i> Scop	MFP	Forest	Natural	Plenty	Rare	<i>Coagulant,fever reducer</i>	Leaves,Bark
Shrub		<i>Rhus succedanea</i> L	MFP	Forest	Natural	Plenty	Rare	<i>Treatment of phthisis</i>	Fruits
Herb		<i>Astragalus grahamianus</i> Royle ex Benth	MFP	Forest	Natural	Plenty	Rare	<i>Urinary disease,respiratory,skin problems</i>	Roots
Shrub		<i>Astragalus himalayana</i> Klotsch	MFP	Forest	Natural	Plenty	Rare	<i>Kidney disease,diabetes</i>	Gum
Shrub	Shemar	<i>Desmodium elegans</i> DC	MFP	Forest	Natural	Plenty	Rare	<i>used for chronic hepinites, treatment of bilious ccomplaints</i>	Whole Plant
Shrub		<i>Indigofera heterantha</i> Wallich ex Brandis	MFP	Forest	Natural	Plenty	Rare	<i>branches are used as basket making it is also used as fuel</i>	Floers ,Branches
Shrub		<i>Indigofera tinctoria</i> L	MFP	Forest	Natural	Plenty	Rare	<i>used to treat nervous disorders,asthama, liver disease</i>	Flowering & Fruiting Branches
Herb		<i>Trifalium fragiferum</i> L	MFP	Forest	Natural	Plenty	Rare	<i>used as green manure &amp; flowers are used to make jelly</i>	Flowers,Leaves
Herb		<i>Triflum repens</i> L	MFP	Forest	Natural	Plenty	Rare	<i>a lincture of the leves are applied as an ointmentto Govt.</i>	Flowers,Leaves
Herb		<i>Trigonella emodi</i> Benth	MFP	Forest	Natural	Plenty	Rare	<i>Reduce fever</i>	Stem ,Leaves
Herb		<i>Vicia sative</i> Linn	MFP	Forest	Natural	Plenty	Rare	<i>seeds are used to form bread, cakas, biscuits</i>	Seed
Herb		<i>Vicia sepium</i> Linn	MFP	Forest	Natural	Plenty	Rare	<i>used as nitrogen fixation used for hay or silage particulary arable silage.</i>	Rhizomes,Leaves

Tree		<i>Fiaus palmata Forsk</i>	B/L	Forest	Natural	Plenty	Rare	<i>used for treatment of longs &amp; bladder diseases</i>	Fruit	Local zamindars have got emple knowledge with respect to identification of the species as well their comon usage	Bonafide purpose	Inhabitants of the area.
Tree		<i>Monus serrate Roxb</i>	B/L	Forest	Natural	Plenty	Rare	<i>juice of the root is used as an anthelmintic. wood is used for making furniture</i>	Root ,Wood			
Tree	Akhroot	<i>Juglans regia Linn</i>	B/L	Forest	Natural	Plenty	Rare	<i>leaves are used in treatment of of chronic coughs, asthma &amp; purify blood and treat diabetes</i>	Leaves,Fruit,			
Tree		<i>Alnus nepalensis D. Don</i>	B/L	Forest	Natural	Plenty	Rare	<i>Used for making charcoal, reducing swelling of leg, juice is applied on burns</i>	Wood,Leaves,Roots			
Tree	Champ	<i>Alnus nitida (Spach) Endl.</i>	B/L	Forest	Natural	Plenty	Rare	<i>Bark is used to treat swelling &amp; body pain</i>	Bark			
Tree	Bhoj patra	<i>Betula utilis D Don</i>	B/L	Forest	Natural	Plenty	Rare	<i>Bark is used for writing lengthy scriptures &amp; texts, also used for packaging</i>	Bark			
Tree		<i>Corylus jacquemontii Decne</i>	B/L	Forest	Natural	Plenty	Rare	<i>seeds are used as oil</i>	Seeds			
Tree		<i>Quercus baloot Griffith</i>	B/L	Forest	Natural	Plenty	Rare	<i>seeds are used in manufacturing of insecticides</i>	seeds			
Tree		<i>Populus alba L</i>	B/L	Forest	Natural	Plenty	Rare	<i>used in the treatment of arthritis, gout, lower back problem and reduce fever</i>	Stem,Bark			
Tree		<i>Populus oliata Wallich ex Royle</i>	B/L	Forest	Natural	Plenty	Rare	<i>used as fuel wood, also used as timber &amp; making furniture</i>	Whole Plant			
Shrub	Willow	<i>Salix alba Boiss</i>	MFP	Forest	Natural	Plenty	Rare	<i>stems are used in basket making.</i>	Stem			
Shrub	Kareel- kaimbal	<i>Berberis aristata DC</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in treatment of juindice, urinary disorders</i>	Root,Stem,Leaves			
Shrub		<i>Berberis jaeschkeana C.K Schneider</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in treatment of tumor</i>	Rhizomes,Fruit			
Shrub	Kaimal/Daruhalidi	<i>Berberis lycium Royle Trans Linn</i>	MFP	Forest	Natural	Plenty	Rare	<i>used an immunity booster</i>	Roots ,Stem,Bark			
Herb		<i>Podophyllum hexandrum Royle</i>	MFP	Forest	Natural	Plenty	Rare	<i>used to treat gynecology infections</i>	Rhizomes			
Herb		<i>Meconopsis aculeata Royle</i>	MFP	Forest	Natural	Plenty	Rare	<i>used to help heal broken bones, treaty inflammation from fractures</i>	Whole Plant			
Herb		<i>Meconopsis latifolia Prain</i>	MFP	Forest	Natural	Plenty	Rare	<i>used against ulces, disorders of lungs.</i>	Flowers			
Herb		<i>Corydalis cachemiriana Royle</i>	MFP	Forest	Natural	Plenty	Rare	<i>used for mild depression</i>	Flowerrs,Stems,Leaves			
Herb	Bhutyata	<i>Corydalis govaniiana Wallich</i>	MFP	Forest	Natural	Plenty	Rare	<i>its drug is usd in the form of decoction</i>	Whole Plant			

Herb		<i>Corydalis thyrsoiflora Prain</i>	MFP	Forest	Natural	Plenty	Rare	<i>used to treat stomach problem</i>	Leaves,Flowers
Herb		<i>Fumaria indica Pugsley</i>	MFP	Forest	Natural	Plenty	Rare	<i>used as a common weed,isolation &amp; polyherbal</i>	Whole Plant
Herb		<i>Capsella bursa pastoris (L) Moench</i>	MFP	Forest	Natural	Plenty	Rare	<i>used as a folk remedy for cancer,nose bleeding</i>	Seeds,Leaves
Herb		<i>Erysimum melicetae Dunn</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in medicine,food item</i>	Seeds
Herb		<i>Iris hookeriana M. Foster</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in aromatherapy,rhizomes given to babies to help in teething</i>	Rhizomes
Herb		<i>Iris kashmiriana Baker</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in treatment of joint pains</i>	Rhizomes
Herb		<i>Iris kemaonensis D. Don ex Royle</i>	MFP	Forest	Natural	Plenty	Rare	<i>flowers are used in herbal medicines</i>	Flowers
Herb		<i>Narcissus tazetta L</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in treatment of boils &amp; mastitis</i>	Root
Herb		<i>Dioscorea deltoidea Wal ex Kunth</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in treatment of digestive disorders ,wound &amp; burns</i>	Rhizomes
Herb	Chingposh	<i>Colchicum luteum Baker</i>	MFP	Forest	Natural	Plenty	Rare	<i>used as carminative &amp; aphrodisiac,treatment of gout</i>	Corn,Seeds
Herb		<i>Fritillaria roylei Hook</i>	MFP	Forest	Natural	Plenty	Rare	<i>used for healing wounds</i>	Roots
Herb		<i>Gagea elegans Wall</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used in the form of infusions or decoctions.</i>	Leaves
Herb		<i>Notholirion thomsonianum (Royle) Stapf</i>	MFP	Forest	Natural	Plenty	Rare	<i>Treatment of Various infectious Diseases especially intestinal.</i>	Flower,Leaves
Herb		<i>Polygonatum multiflorum (Linn.) All</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in wound healing being anti-bacterial</i>	Roots
Herb		<i>Polygonatum verticillatum All</i>	MFP	Forest	Natural	Plenty	Rare	<i>used to cure cardiptonic,aphrodisiac</i>	Tender leaves,Young shoots
Herb		<i>Trillium govonianum Wall</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in dysentery, wound healing,menstral &amp;sexual disorders.</i>	Rhiozomes,Roots
Herb		<i>Tulipa stellata Hook f</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used for sinus Pain ,Hay Fever&amp; Headache.</i>	Whole Plant
Herb		<i>Arisaema jacquemontii Blume</i>	MFP	Forest	Natural	Plenty	Rare	<i>used for the treatment of dermatological disorders,used for phenols</i>	Root
Herbs		<i>Valeriana pyrolaefolia decne</i>	MFP	Forest	Natural	Plenty	Rare	<i>Used orally for anxiety&amp; Psychological stress.</i>	Root
Herbs		<i>Dipsacus inermis Wall</i>	MFP	Forest	Natural	Plenty	Rare	<i>used in ayurvedic system of medicine</i>	Fresh & Dried Leaves

Herbs	Kim	<i>Morina Longifolia Wallich ex DC</i>	MFP	Forest	Natural	Plenty	Rare	<i>Stem, leaves &amp; flowers used as digestive, emetic &amp; stomachic</i>	Whole Plant
Herbs		<i>Achillea millefolium L</i>	MFP	Forest	Natural	Plenty	Rare	<i>above ground parts used in cold, tonic &amp; astringent</i>	Aerial Parts
Herbs		<i>Ainsliaea aptera DC.</i>	MFP	Forest	Natural	Plenty	Rare	<i>roots used to relieve stomachache, acute fever &amp; constipation</i>	Roots
Herbs		<i>Anaphalis nubigena Clarke</i>	MFP	Forest	Natural	Plenty	Rare	<i>used as aromatic &amp; antimicrobial</i>	Aerial Parts
Herbs		<i>Artemesia scoparia Waldst. &amp; Kit</i>	MFP	Forest	Natural	Plenty	Rare	<i>flowers, stem seeds used as antiseptic, diuretic &amp; antipyretic</i>	Flowers,Stem ,Seeds
Herbs		<i>Artemesia gmelini Bess</i>	MFP	Forest	Natural	Plenty	Rare	<i>plants rich source of essential oil</i>	Leaf ,Stem
Herbs	Mooiin	<i>Artemesia Maritima L.</i>	MFP	Forest	Natural	Plenty	Rare	<i>antiseptic, diuretic &amp; antipyretic</i>	Leraves ,Flowering
Herbs		<i>Aster indamellus Grierson</i>	MFP	Forest	Natural	Plenty	Rare	<i>as food &amp; medicine</i>	Leaf,Flower,Root
Herbs		<i>Cirsium arvense (L) Scop</i>	MFP	Forest	Natural	Plenty	Rare	<i>remedy for toothache &amp; treatment of indigestion</i>	Root
Herbs		<i>Cirsium falconeri (Hook.f.) Petrak</i>	MFP	Forest	Natural	Plenty	Rare	<i>whole plant &amp; roots used for treating oedema</i>	Whole Plant
Herbs		<i>Dubyaea hispide DC.</i>	MFP	Forest	Natural	Plenty	Rare	<i>used to remove excess pitta dosh,treat fever.</i>	Rhizomes
Herbs		<i>Echinops cornigerus DC</i>	MFP	Forest	Natural	Plenty	Rare	<i>root are aphrodisiac, whole plant antipyretic &amp; analgesic</i>	Root
Herbs		<i>Erigeron canadensis L.</i>	MFP	Forest	Natural	Plenty	Rare	<i>whole plant diuretic, hemostatic &amp; antidiarrheal</i>	Whole Plant
Herbs		<i>Filago germanica Linn</i>	MFP	Forest	Natural	Plenty	Rare	<i>has chemical, biological &amp; toxicological properties</i>	Fruit
Herbs		<i>Galinsoga parviflora Cav</i>	MFP	Forest	Natural	Plenty	Rare	<i>used for treatment of nettle sting &amp; similar skin inflammation</i>	Leaves
Herbs		<i>Gnaphalium luteo album Linn</i>	MFP	Forest	Natural	Plenty	Rare	<i>antibacterial, antifungal, antioxidant</i>	Leaves
Shrub	Shutenger	<i>Rhododendron anthopogon D. Don</i>	MFP	Forest	Natural	Plenty	Rare	<i>treatment of constipation, didysentry, fever</i>	Leaves
Herbs		<i>Anagallis arvensis Linn</i>	MFP	Forest	Natural	Plenty	Rare	<i>whole plant used as expectorant, dropsy,diuractic,purgative</i>	Whole Plant
Herbs		<i>Androsace rotundifolia Hardw.</i>	MFP	Forest	Natural	Plenty	Rare	<i>dried plant used against bronchitis, asthma,cough</i>	Dried Plant
Herbs		<i>Primula rosea Royle</i>	MFP	Forest	Natural	Plenty	Rare	<i>asthma &amp; digestive problems</i>	Flower,Leaves
Tree		<i>Fraxinus excelsior L.</i>	B/L	Forest	Natural	Plenty	Rare	<i>bark &amp; leaf used against fever, gout, arthritis</i>	Bark,Leaf

Herbs		<i>Jasminium grandiflorum L.</i>	MFP	Forest	Natural	Plenty	Rare	<i>used for treating wounds, skin disease, ulcers, headache</i>	Not Available
Herbs		<i>Jasminium humile L</i>	MFP	Forest	Natural	Plenty	Rare	<i>root juice used against ringworm, flowers used to cure intestinal problems</i>	Root, Flower
Tree	Kahu	<i>Olea cuspidata Wallich ex G. Don</i>	B/L	Forest	Natural	Plenty	Rare	<i>bark used for fracture, leave use for treatment of malaria, UTI</i>	Bark, Leaves
Shrub		<i>Buddleja paniculata Wall</i>	MFP	Forest	Natural	Plenty	Rare	<i>used for treatment of skin disease, malaria</i>	Leaves
Herbs		<i>Gentiana carinata Griseb</i>	MFP	Forest	Natural	Plenty	Rare	<i>used against diarrhea, loss of appetite, heart burn</i>	Root
Herbs		<i>Gentiana Kuroo Royle</i>	MFP	Forest	Natural	Plenty	Rare	<i>rhizome is antihelminthic, diaphoretic, digestive tonic</i>	Rhizomes
Herbs	Kazuban	<i>Arnebia benthamii (Wall. Ex G. Don) Johnston</i>	MFP	Forest	Natural	Plenty	Rare	<i>used as red clour to food, oil &amp; fats, plant also used as diuretic, expectorant, tonic</i>	Flowering, Shoots & Roots
Herbs		<i>(Royle) Kazmi</i>	MFP	Forest	Natural	Plenty	Rare	<i>use to manage disorders like hepatotoxicity</i>	Not Available
Grass	Congress grass /Jadi	<i>Parthenium hysterophorus</i>	MFP	Forest	Natural	Plenty	Rare	<i>Commercial enzymes production, biopesticides, green manure &amp; composte</i>	Weed
Tree	Trikanni	<i>Acer pictum</i>	B/L	Forest	Natural	Plenty	Rare	<i>Use as food ,medicine, ornamental &amp; source of wood</i>	Whole plant
Tree	Bren	<i>Ulmus villosa</i>	B/L	Forest	Natural	Plenty	Rare	<i>Medicinal ,aromatic, anti-inflammatory, furniture</i>	Bark, Leaves
Tree	Bankhoor	<i>Aesculus indica</i>	B/L	Forest	Natural	Plenty	Rare	<i>Treatment of skin disease, Rh, astringent, narcotic, relief of headache</i>	Leaves, Flowers
Herb	Hamesh-Bahar	<i>Calendula officinalis</i>	MFP	Forest	Natural	Plenty	Rare	<i>Applied on Skin disease, Burns</i>	Flower, leaf
Tree	Feku	<i>Ficus Palmata</i>	B/L	Forest	Natural	Plenty	Rare	<i>Skin diseases, contipation</i>	Fruit
Herb	Banafsha	<i>Viola odorata</i>	MFP	Forest	Natural	Plenty	Rare	<i>Throat problem, Cold, cough</i>	Flower
Herb	Nirbisha	<i>Delphinium drunonianum</i>	MFP	Forest	Natural	Plenty	Rare	<i>Diabetes</i>	Whole Plant
Shrub	Tutfoor, Rachi	<i>Ephedra gegendina</i>	MFP	Forest	Natural	Plenty	Rare	<i>Asthma, Cardic Stimulate, Allergy, Respiratory Disorder</i>	Twigs

Herb	Tengu,Tyangu	<i>Hyssopus officinalis</i>	MFP	Forest	Natural	Plenty	Rare	<i>Substitute for saffron,Liver &amp; Blood Disorder</i>	Flower
Fungi		<i>Morchella conica</i>	MFP	Forest	Natural	Plenty	Rare	Indigestion,phlegm,shortness of breath	Whole part
Fungi		<i>Morchilla esculenta</i>	MFP	Forest	Natural	Plenty	Rare	Edible,laxative,Body tonic,stomach problem,economical beneficial	Whole part
Fungi		<i>Aricus campestris</i>	MFP	Forest	Natural	Plenty	Rare	treatment of cancer,Type-2 diabetes,high- cholestrol,digestive problem	Whole part
Fungi		<i>Agaricusmacrocarpus</i>	MFP	Forest	Natural	Plenty	Rare	Intoxicating drink,edible	Whole part
Fungi		<i>Cantharellus cibarius</i>	MFP	Forest	Natural	Plenty	Rare	Anti-microbial,cytotoxicity,Anti-oxidant,wound healing	Whole part
Fungi		<i>Coprinus atramentarius</i>	MFP	Forest	Natural	Plenty	Rare	Balancing blood sugar level,diabetes properties	Whole part
Fungi		<i>Caprinus comatus</i>	MFP	Forest	Natural	Plenty	Rare	Mimics insulin	Whole part
Fungi		<i>Schizophyllum commune</i>	MFP	Forest	Natural	Plenty	Rare	Anti-cancer activity,edible	Whole part
Fungi	Datura	<i>Geatrum triplex</i>	MFP	Forest	Natural	Plenty	Rare	Analgesic,anti-inflammatory,treatment of stomach	Whole part
Fungi		<i>Fomes fomentarius</i>	MFP	Forest	Natural	Plenty	Rare	Laxative,Treatment of cancer	Whole part
Fungi		<i>Fomitopsis pinicola</i>	MFP	Forest	Natural	Plenty	Rare	Anti-tumor,anti-bacterial,anti-viral	Whole part
Fungi		<i>Ganoderma applanatum</i>	MFP	Forest	Natural	Plenty	Rare	Cancer treatment,diabetics	Whole part
Fungi		<i>Ganoderma lucidum</i>	MFP	Forest	Natural	Plenty	Rare	anti-inflammation,Analgesic,Anti-bacterial	Whole part
Fungi		<i>Trametes versicolor</i>	MFP	Forest	Natural	Plenty	Rare	Enhance the health of immune system	Whole part
Fungi		<i>Sparassis crispa</i>	MFP	Forest	Natural	Plenty	Rare	Anti-tumor,Anti-inflammatory,Anti-allergic	Whole part
Fungi		<i>Pleurotus spp.</i>	MFP	Forest	Natural	Plenty	Rare	Anti- Tuber,anti- genotoxic,Anti-oxidant	Whole part
Herb		<i>Amaranthus viridis</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of fever, pain, asthma	Whole part
Herb		<i>Allium cepa</i>	MFP	Forest	Natural	Plenty	Rare	Antiinflammatory, antiseptic	Bulb, Leaves
Herb		<i>Allium humile kunth</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of cholera, dysentery, cough	Bulbs
Herb		<i>Allium sativum</i>	MFP	Forest	Natural	Plenty	Rare	Fever, diabetics, swellings	Bulbs
Herb		<i>Allium semenovii</i>	MFP	Forest	Natural	Plenty	Rare	Reduce blood calastrol level	Bulbs
Herb		<i>Bupleurum bupjucundum</i>	MFP	Forest	Natural	Plenty	Rare	Respiratory infection, swine flu	Aerial Part
Herb		<i>Bupleurum longifolium</i>	MFP	Forest	Natural	Plenty	Rare	Respiratory infection, swine flu	Aerial Part

Herb		<i>Coriandrum sativum</i>	MFP	Forest	Natural	Plenty	Rare	Measals, hemorrhoids, toothache & joint pain	Leaves, Seeds
Herb		<i>Oenanthe javanica</i>	MFP	Forest	Natural	Plenty	Rare	Joundice, abdomnal pain	Whole part
Herb		<i>Pleurosernum brunonis</i>	MFP	Forest	Natural	Plenty	Rare	To cure skin infections, joundice, insect repllents	Flowers
Herb		<i>Pleurosernum stellatum</i>	MFP	Forest	Natural	Plenty	Rare	To make black or red dye, water proof black ink	Flowers
Herb		<i>Aralia cachemirica</i>	MFP	Forest	Natural	Plenty	Rare	To treat RH, Nephritis, Gastritis, inflammation	Whole part
Herb		<i>Arisaema propinquum</i>	MFP	Forest	Natural	Plenty	Rare	Uses in snake bite, RH	Rhizomes
Herb		<i>Begonia rubella</i>	MFP	Forest	Natural	Plenty	Rare	Cure arthrites & common join pain	Whole part
Herb		<i>Hackelia uncinata</i>	MFP	Forest	Natural	Plenty	Rare	Used to cure fractured bones	Leaves, Flowers
Herb		<i>Myosotis alpestris</i>	MFP	Forest	Natural	Plenty	Rare	Lotion for wounds nose bleed	Whole part
Herb		<i>Onosma hispidum</i>	MFP	Forest	Natural	Plenty	Rare	Used as food & medicine, wounds	Roots
Herb		<i>Alliaria petiolata</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of bronchitis,asthma,& Rh	Whole part
Herb		<i>Arabis bijuga</i>	MFP	Forest	Natural	Plenty	Rare	Gastro-intestinal problems,dysentery & stomach ache	Whole part
Herb		<i>Hesperis matronalis</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of Scurvy,oil used in perfumery	Leaves, Flowers
Herb		<i>Lepidium virginicum</i>	MFP	Forest	Natural	Plenty	Rare	To treat vitamin-C deficiency,pains & diabetes	Whole part
Herb		<i>Raphanus sativus</i>	MFP	Forest	Natural	Plenty	Rare	To treat constipation,chronic tracheitis & hypertension	Leaves root
Herb		<i>Sisymbrium irio</i>	MFP	Forest	Natural	Plenty	Rare	Edible,Treat cough & chest congestion, Rh & clean wounds	Leaves, Flowers
Herb		<i>Thlaspi arvense</i>	MFP	Forest	Natural	Plenty	Rare	Antidote,Blood tonic	Seed, Leaf
Herb		<i>Thlaspi cochleariforme</i>	MFP	Forest	Natural	Plenty	Rare	Treated chronic problems related to menses	Leaves, Flowers
Shrub		<i>Sarcococca pruniformis</i>	MFP	Forest	Natural	Plenty	Rare	Laxative,blood purifier	Leaves, Root
Herb		<i>Codonopsis clematidea</i>	MFP	Forest	Natural	Plenty	Rare	Increase red & white blood cells counts & promote blood circulation	Leaves, Flowers
Herb		<i>Codonopsis ovata</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of ulcers & wounds	Leaves, Flowers
Herb		<i>Cyananthus lobatus</i>	MFP	Forest	Natural	Plenty	Rare	Laxative, treatment of serous disorders & constipation	Leaves, Root

Shrub		<i>Lonicera oblate</i>	MFP	Forest	Natural	Plenty	Rare	Used for digestive disorders,including pain & swelling	Aerial Part
Shrub		<i>Scabiosa speciosa</i>	MFP	Forest	Natural	Plenty	Rare	To treat heel cracks,liver diseases	Leaves
Herb		<i>Arenaria bryophylla Fernald</i>	MFP	Forest	Natural	Plenty	Rare	useful in diarrhoea & vomiting	Aerial Part
Herb		<i>Cerastium cerastoides (L.) Britton</i>	MFP	Forest	Natural	Plenty	Rare	Anti bacterial activity	Flowers, stem
Herb		<i>Dianthus angulatus Baumg</i>	MFP	Forest	Natural	Plenty	Rare	Used as a tonic for urinary system,digestive system & bowls	Leaves
Herb		<i>Anaphalis nepalensis (Spreng.) Hand.-Mazz.</i>	MFP	Forest	Natural	Plenty	Rare	Respiratory problems including asthma, cough etc.	Flowers
Herb		<i>Anaphalis triplinervis (Sims) C. B. Clarke</i>	MFP	Forest	Natural	Plenty	Rare	Emilepsy, laceration of toes & wounds	Flowers
Herb		<i>Anaphalis margaritaceae L.</i>	MFP	Forest	Natural	Plenty	Rare	Diarrhoea, dysentery, Rh, joints	Flowers
Herb		<i>Artemisia dubia Wall.</i>	MFP	Forest	Natural	Plenty	Rare	Cuts & wounds	Leaves
Herb		<i>Artemisia scoparia Waldst. &amp; Kitam.</i>	MFP	Forest	Natural	Plenty	Rare	Anticeptic, Antipyretic	Leaves
Herb		<i>Artemisia vestita Wall. ex Besser</i>	MFP	Forest	Natural	Plenty	Rare	Inflammatory diseases	Leaves
Herb		<i>Aster diplostephioides (DC.) C. B. Clarke</i>	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Aster falconeri (C. B. Clarke) Hutch.</i>	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Flowers, Root
Herb		<i>Aster flaccidus Bunge</i>	MFP	Forest	Natural	Plenty	Rare	Tuberculosis & pertussis	Flowers, Root
Herb		<i>Aster molliusculus (Lindl. ex DC.) C.B.Clarke</i>	MFP	Forest	Natural	Plenty	Rare	Antibacterial, skin infection, ulcers & wounds	Flowers, Root
Herb		<i>Cicerbita macrorhiza (Royle) Beauverd</i>	MFP	Forest	Natural	Plenty	Rare	Fever	Whole part
Herb		<i>Gnaphalium stewartii C.B.Clarke</i>	MFP	Forest	Natural	Plenty	Rare	Sciatica, Rh pain	Leaves, Flowers
Herb	Sunflower	<i>Helianthus annuus L.</i>	MFP	Forest	Natural	Plenty	Rare	High fever, snake bite	Leaf, Seed
Herb	Pushkarmula	<i>Inula grandiflora Willd.</i>	MFP	Forest	Natural	Plenty	Rare	Chronic bronochits & Rh	Rhizomes
Herb	Gomchooi	<i>Ligularia fischeri (Ledeb.) Turcz.</i>	MFP	Forest	Natural	Plenty	Rare	Jaundice,Rh,Hepatic disease	Leaves, Flowers
Herb		<i>Sonchus asper (L.) Hill</i>	MFP	Forest	Natural	Plenty	Rare	Anti-bacterial & Anti-fungal	Leaves
Herb		<i>Tanacetum dolichophyllum Kitam.</i>	MFP	Forest	Natural	Plenty	Rare	Fever, migrana, headache, Rh	Flowers
Herb		<i>Tussilago farfara L.</i>	MFP	Forest	Natural	Plenty	Rare	Disorder of the respiratory tract, skin, cold	Leaf
Herb		<i>Waldheimia glabra (Decne.) Regel</i>	MFP	Forest	Natural	Plenty	Rare	Influenza virus & anti complementry extract	Leaves, Flowers



Herb		<i>Waldheimia tomentosa</i> (Decne.) Regel	MFP	Forest	Natural	Plenty	Rare	Stomach ache problem	Leaves, Flowers
Herb		<i>Youngia japonica</i> (L.) DC.	MFP	Forest	Natural	Plenty	Rare	Boils & snake bites	Leaves, Flowers
Herb		<i>Rhodiola heterodonta</i> (Hook. f. & Thomson) Boriss.	MFP	Forest	Natural	Plenty	Rare	Anxiety, fituge & dipression	Rhizomes
Herb		<i>Rhodiola wallichiana</i> (Hook.) S.H. Fu	MFP	Forest	Natural	Plenty	Rare	Anxiety, fituge & dipression	Leaves, Flowers
Herb		<i>Rosularia alpestris</i> (Kar. & Kir.) Boriss.	MFP	Forest	Natural	Plenty	Rare	Ornamental garden plants, Traditional Medicines	Whole part
Climber		<i>Cucumis sativus</i> L.	MFP	Forest	Natural	Plenty	Rare	Blemished skin, heart rash, burns, sores	Whole part
Climber		<i>Cucurbita pepo</i> L.	MFP	Forest	Natural	Plenty	Rare	Anti inflamentry, anti viral, anti ulcer	Whole part
Shrub		<i>Datisca cannabina</i> L.	MFP	Forest	Natural	Plenty	Rare	Treatment of Rh	Root
Herb		<i>Equisetum arvense</i> L.	MFP	Forest	Natural	Plenty	Rare	Stop bleeding, heal ulcer & wounds	Whole part
Shrub		<i>Gaultheria trichophylla</i> Royle	MFP	Forest	Natural	Plenty	Rare	Anti oxidant & anti inflamentry	Whole part
Herb		<i>Euphorbia cornigera</i> Boiss.	MFP	Forest	Natural	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers
Herb		<i>Euphorbia thomsoniana</i> Boiss.	MFP	Forest	Natural	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers
Tree		<i>Quercus baloot</i> Griff.	B/L	Forest	Natural	Plenty	Rare	Anti bacterial potential	Whole part
Tree		<i>Quercus semecarpifolia</i> Sm.	B/L	Forest	Natural	Plenty	Rare	Diarrhoea, dysentry	Whole part
Herb		<i>Gentiana cachemirica</i> Decne.	MFP	Forest	Natural	Plenty	Rare	Digession problem	Leaves, Flowers
Herb		<i>Gentiana ornata</i> (D.Don) Wall. ex Griseb.	MFP	Forest	Natural	Plenty	Rare	Diarrhoea, dysentry	Leaves, Flowers
Herb		<i>Gentiana phyllocalyx</i> C.B Clarke	MFP	Forest	Natural	Plenty	Rare	Diarrhoea, dysentry	Leaf, sepal
Herb		<i>Gentiana tianschanica</i> Rupr. ex Kusn.	MFP	Forest	Natural	Plenty	Rare	Digession problem	Whole part
Herb		<i>Gentianella moorcroftiana</i> (Wall. ex Griseb.) Airy Shaw	MFP	Forest	Natural	Plenty	Rare	Cold cough, nausea	Leaf
Herb		<i>Jaeschkea oligosperma</i> Knohl.	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Swertia ciliata</i> (D. Don ex G. Don) B.L. Burt	MFP	Forest	Natural	Plenty	Rare	Skin diseases, cancer	Whole part
Herb		<i>Swertia petiolata</i> Royle ex D.Don	MFP	Forest	Natural	Plenty	Rare	Inflammation of the liver & high blood pressure	Whole part

Herb		<i>Swertia speciosa G.Don</i>	MFP	Forest	Natural	Plenty	Rare	Asthma, liver disorder	Root
Herb		<i>Erodium cicutarium L. (L.) Her</i>	MFP	Forest	Natural	Plenty	Rare	Typhoid, fever	Whole part
Herb		<i>Geranium lambertii Sweet</i>	MFP	Forest	Natural	Plenty	Rare	Skin problem, reduces strss	Dried leaves
Herb		<i>Geranium himalayense Klotzsch</i>	MFP	Forest	Natural	Plenty	Rare	Garden uses, beds & borders	Whole part
Herb		<i>Geranium nepalense Sweet</i>	MFP	Forest	Natural	Plenty	Rare	Nervous diseeseas, pains, Rh	Whole part
		<i>Geranium pusillum L.</i>	MFP	Forest	Natural	Plenty	Rare	Used as an Anodyne, Astringent	Whole part
Herb		<i>Geranium rotundifolium L.</i>	MFP	Forest	Natural	Plenty	Rare	Used as an Anodyne, Astringent	Whole part
Herb		<i>Geranium wallichianum D.Don ex Sweet</i>	MFP	Forest	Natural	Plenty	Rare	Peptic ulcers, cure toothache	Whole part
Shrub		<i>Ribes nigrum L.</i>	MFP	Forest	Natural	Plenty	Rare	Useful in allergy, fatigue, rhimities	Whole part
Shrub		<i>Ribes himalense Royle ex Decne.</i>	MFP	Forest	Natural	Plenty	Rare	Used as food & medicine	Fruit
Herb		<i>Hypericum japonicum Thunb.</i>	MFP	Forest	Natural	Plenty	Rare	Asthama & dycenty	Leaves, Flowers
Shrub		<i>Philadelphus tomentosus wall ex G. Don</i>	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Ajuga integrifolia Buch.-Ham.</i>	MFP	Forest	Natural	Plenty	Rare	Diarrhea, Malaria	Leaf
Herb		<i>Clinopodium vulgare L.</i>	MFP	Forest	Natural	Plenty	Rare	Overcome weak digestion	leaves
Herb		<i>Elsholtzia ciliata (Thunb.) Hyl.</i>	MFP	Forest	Natural	Plenty	Rare	Common cold,fevers,headache	Whole part
Shrub		<i>Isodon rugosus (Wall. ex Benth.) Codd</i>	MFP	Forest	Natural	Plenty	Rare	Tooth ache,gastric pain,	Whole part
Herb		<i>Lamium album L.</i>	MFP	Forest	Natural	Plenty	Rare	Abnormal vaginal discharge, & to relieve painful periods	Leaves, Flowers
Herb		<i>Leonurus cardiaca L.</i>	MFP	Forest	Natural	Plenty	Rare	Gynacological afflictions	Seed
Herb		<i>Mentha arvensis L.</i>	MFP	Forest	Natural	Plenty	Rare	Diarrhea & Dysentry, stomach problem	Leaves
Herb	Soyabean	<i>Glycine max (L.) Merr.</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of oedema, dysuria	Seed
Herb		<i>Lotus corniculatus L.</i>	MFP	Forest	Natural	Plenty	Rare	Anti-inflammatory, Skin inflammation	Flowers
Shrub		<i>Robinia pseudoacacia L.</i>	MFP	Forest	Natural	Plenty	Rare	Wounds, Pain reliever	Dried leaves
Herb		<i>Trifolium pratense L.</i>	MFP	Forest	Natural	Plenty	Rare	Antispasmodic, Anti-inflammatory	Leaves flower
Herb		<i>Trifolium repens L.</i>	MFP	Forest	Natural	Plenty	Rare	Gout, Cough, Eyewash	Leaves flower
		<i>Vicia rigidula Royle</i>	MFP	Forest	Natural	Plenty	Rare	Weight loss	Leaves flower
Herb		<i>Fritillaria roylei Hook.</i>	MFP	Forest	Natural	Plenty	Rare	Anti-Asthmatic, Anti- Rh	Root
Herb		<i>Lilium polyphyllum D.Don</i>	MFP	Forest	Natural	Plenty	Rare	Diuretic, Anti-pyruetic	Bulbs

Herb		<i>Lavatera cachemiriana Cambess.</i>	MFP	Forest	Natural	Plenty	Rare	Throat problem, mild laxative	Leaf, Flower
Tree		<i>Ficus carica L.</i>	MFP	Forest	Natural	Plenty	Rare	Respiratory problems, Anti-inflammatory	Fruit, leaves
Tree		<i>Morus alba L.</i>	MFP	Forest	Natural	Plenty	Rare	Asthma, Bronchitis	Bark
Climber		<i>Jasminum humile L.</i>	MFP	Forest	Natural	Plenty	Rare	Heart bowels, Astringent	Roots, Flower
Climber		<i>Jasminum officinale L.</i>	MFP	Forest	Natural	Plenty	Rare	Hepatitis, Diarrhea, Cancer treatment	Flower
Shrub		<i>Syringa emodi Wall. ex Royle.</i>	MFP	Forest	Natural	Plenty	Rare	Stomach treatment, intestinal problems	Seed, Fruit
Herb		<i>Epilobium angustifolium L.</i>	MFP	Forest	Natural	Plenty	Rare	Anti-septic, ulcers, inflammation	Whole part
Herb		<i>Epilobium latifolium L.</i>	MFP	Forest	Natural	Plenty	Rare	Analgesic, Antidote	Whole part
		<i>Epilobium royleanum Hausskn.</i>	MFP	Forest	Natural	Plenty	Rare	Treatment & prostate bladder	Whole part
Herb		<i>Calanthe tricarinata Lindl.</i>	MFP	Forest	Natural	Plenty	Rare	Asthma, Coughing	Leaves flower
Herb		<i>Cypripedium cordigerum D. Don</i>	MFP	Forest	Natural	Plenty	Rare	Fever, Backache	Fruit
Shrub		<i>Arundo donax L.</i>	MFP	Forest	Natural	Plenty	Rare	Basket making, Diuretic, Diaphoretic	Grass
Herb		<i>Bothriochloa ischaemum (L.) Keng</i>	MFP	Forest	Natural	Plenty	Rare	Agro-forestry use	Grass
Herb		<i>Bromus catharticus Vahl</i>	MFP	Forest	Natural	Plenty	Rare	Agro-forestry use	Grass
Herb		<i>Aquilegia fragrans Benth.</i>	MFP	Forest	Natural	Plenty	Rare	Sedative, Diarrhea, jaundice	Whole part
Herb		<i>Aquilegia nivalis Falc. ex B. D. Jacks.</i>	MFP	Forest	Natural	Plenty	Rare	Cough & Cold	Rhizomes
Herb		<i>Delphinium brunonianum Royle</i>	MFP	Forest	Natural	Plenty	Rare	Local Medicines, Use as oil	Whole part
Herb		<i>Delphinium cashmerianum Royle</i>	MFP	Forest	Natural	Plenty	Rare	Intestinal worms, insomnia	Roots
Herb		<i>Delphinium vestitum Wall. ex Royle</i>	MFP	Forest	Natural	Plenty	Rare	Cuts, Dysentery, Rh, Ulcers	Leaves
Herb		<i>Ranunculus distans Royle</i>	MFP	Forest	Natural	Plenty	Rare	Anti-Rh, Intermittent fever	Leaves
Herb		<i>Ranunculus hirtellus Royle</i>	MFP	Forest	Natural	Plenty	Rare	Curing swelling in testes	Leaves, Flowers
Herb		<i>Thalictrum foliolosum DC.</i>	MFP	Forest	Natural	Plenty	Rare	Tonic diuretic, Snakebite, jaundice, Rh	Roots
Herb		<i>Thalictrum virgatum Hook. &amp; Thomson</i>	MFP	Forest	Natural	Plenty	Rare	Fever, dysentery, Bloodshot eyes, sore throat	Root, Rhizomes
Herb		<i>Potentilla cuneata Wall. ex Lehm.</i>	MFP	Forest	Natural	Plenty	Rare	Diarrhea, menstrual bleeding	Leaves, Flowers
Tree		<i>Populus ciliata Wall. ex Royle</i>	B/L	Forest	Natural	Plenty	Rare	Making boxes for packing purposes, furniture & cross beams	Whole part

Shrub	White/ Kashmir willow	<i>Salix alba L.</i>	MFP	Forest	Natural	Plenty	Rare	Cold, fever & joint pains	Bark, Stem			
Herb	Sanjeevani	<i>Rhodiola fastigiata</i>	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Whole part			
Herb	Guggi Van	<i>Pleurospermum candollei</i>	MFP	Forest	Natural	Plenty	Rare	Used in folk medicines	Whole part			

**Format 13: Ornamental Plants/ Trees/Climbers etc.**

1	2	3	4	5	6	7	8	9	10
<b>Plant Type</b>	<b>Local Name</b>	<b>Scientific Name</b>	<b>Variety</b>	<b>Source of plant/seeds</b>	<b>Commercial/ non-commercial</b>	<b>Uses</b>	<b>Associated TK</b>	<b>Other details</b>	<b>Community/ Know. holder</b>
Rose	Gulab	<i>Rosa Indica</i>							

**Format-14 : Timber Plants/ Trees.**

1	2	3	4	5		6	7	8	9	10
Plant Type	Local Name	Scientific Name	Habitat	Local status		Wild/ home garden	Other uses (multi)	Associated TK	Other details	Community/ Know holder
				Past	Present					
Trees	Kail	<i>Pinus wallichiana</i>	Forest	Plenty	Rare	Wild	Firewood	Local zamindars have got emple knowledge with respect to identification of the species as well their comon usage		
Trees	Kikar	<i>Acacia nilotica</i>	Forest	Plenty	Rare	Wild	Fuel wood, fodder			
Trees	Deodar	<i>Cedrus deodara</i>	Forest	Plenty	Rare	Wild	Firewood, Cedar oil			
Trees	Akhrot	<i>Juglans regia</i>	Forest	Plenty	Rare	Wild/homegrown	Firewood,medicine			
Trees	Phrast	<i>Populus alba</i>	Forest	Plenty	Rare	Wild	Firewood,Fodder			
Trees	Champ	<i>Alnus nitida</i>	Forest	Plenty	Rare	Wild	Firewood,fodder			
Trees	Fir	<i>Abies pindrow</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Spruce	<i>Picea smithana</i>	Forest	Plenty	Rare	Wild	Firewood/Timber			
Trees	Khارشu	<i>Quercus spp</i>	Forest	Plenty	Rare	Wild	Firwood			
Trees	Bankhor	<i>Aesculus indica</i>	Forest	Plenty	Rare	Wild/homegrown	Firwood/Fodder			
Trees	Braari	<i>Ulmus wallichiana</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Bren	<i>Ulmus villosa</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Brimij	<i>Celtis australis</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Haadi	<i>Prunus armeniaca</i>	Forest	Plenty	Rare	Wild	Firwood/Fodder			
Trees	Heru	<i>Quercus ilex</i>	Forest	Plenty	Rare	Wild/homegrown	Firwood/Fodder			
Trees	Kahu	<i>Olea cospidate</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Postul	<i>Taxus baccata</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Shisham	<i>Dalbergia sisoo</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Trikanni	<i>Acer pictum</i>	Forest	Plenty	Rare	Wild	Firwood/timber			
Trees	Tung	<i>Cotinus coggygria</i>	Forest	Plenty	Rare	Wild	Firwood/timber			

Trees	Zum	<i>Prunus cormuta</i>	Forest	Plenty	Rare	Wild	Firwood/timber		
Trees	Mohru		Forest	Plenty	Plenty	Wild	Firwood/timber		

**Format 15: Domesticated Animals**

1	2	3	4	5	6	7		8	9	10	11	12
Animal Type	Local Name	Scientific Name	Breed (local/hybrid)	Features	Method of keeping	Local status		Uses	Associated TK	Commercial rearing	Other details including products and services	Community Know. Holders
						Past	Present					
Goat												
Cow												
Ox												
Buffalo												
Dog												
Horse												
Cat												
Donkey												
Hen												
Cock												
Sheep												

Uses include milk, skin, fur etc



### Format 16: Culture Fisheries

1	2	3	4	5	6	7		8	9	10	11	12
Fish Type	Local Name	Scientific Name	Variety	Features	Waterscape (pond/bheri/talao)	Local status		Uses	Associated TK	Commercial rearing	Other details	Community Know. Holders
						Past	Present					
Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil

Other details may include mode of catching fish, time of availability, breeding time , feeds etc.

**Format-17 : Markers/ Fairs for Domesticated Animals, Medicinal Plants and other products.**

1	2	3	4	5	6	7	8	9
Name of the Weekly Market/ Fair	Location	Weekly/ Fortnightly & others Bi-annual/ Annual	Day held	Month incase of bi-annual or annual market fair	Types of animal bought and sold	Number of animals (average) transacted in a day	Places from where the animals are arrived	Places to where the animals are transported
-----Nil-----								

## WILD BIODIVERSITY.

### Format-18 : Trees, Shrubs, Herbs, Tubers, Grasses, Climbers etc.

1	2	3	4	5	6		7	8	9	10	11
Plant Type	Local Name	Scientific Name	Habit	Habitat	Local status		Commercial/ own use	Part collected	Associated Tk	Other details	Community Knowledge Holder
					Past	Present					
Shurb	Ban Kakkri		Grow Annually	Forest	Plenty	Endangered	<i>Useful to the skin for removal of warts,including plantar warts &amp; sexually tranmitted warts.</i>	Fruit			
Shurb	Rhubarb (Churko)	<i>Rheum spiciforme</i>	Grow Annually	Forest	Plenty	Rare	<i>Harvested from the wild for local use as a food &amp; medicine</i>	Flower/ stem			
Herb	Kuth	<i>Saussurea costus</i>	Grow Annually	Forest	Plenty	Rare	<i>The root &amp; oil from the root are used to make medicine.treating for asthma, cough,gas,worm(nemotode).</i>	Root/ Rhizome			
Herb	Murg jawain,Bajarbhang	<i>Hyoscyamus niger</i>	Grow Annually	Forest	Plenty	Rare	<i>Useful for ailmentsof the bones,Rh,toothache,asthma,cough nervous disease &amp; stomach pain.</i>	Seeds			
Herb	Guggal/Dhoop	<i>Jurinea dolomiaca</i>	Grow Annually	Forest	Plenty	Rare	<i>useful for the treatment of fevers.The root extract is used as an incense,skin eruption,gout &amp; Rh,</i>	Roots			
Herb	Rohan-hak/Pran/ Gogcheegma	<i>Allium carolinianum</i>	Grow Annually	Forest	Plenty	Rare	<i>Contain sulphur compounds (which give them their onion flavour)help to reduce blood cholesterol levels,acts as a tonic to the digestive system</i>	Bulbs, Leaves, Flowers			
Herb	Gaozabaan (Ratanjot)	<i>Amebia benthami</i>	Grow Annually	Forest	Plenty	Rare	<i>Used for imparting pleasing red colour to fodstuff,oils &amp; fats. The flowering shoots are used in prepration of Shrubet(syrup) &amp; jam useful in various disease of tongue,throat,fever &amp; cardiac disorders</i>	Roots, Rhizomes			
Shurb	Dhatura	<i>Dhatura metel</i>	Grow Annually	Forest	Plenty	Rare	<i>Used to treat hydrophobia,epilepsy,convulsion,syphilis,inflamma tion of the breasts, smallpox,mumps &amp; leprosy,also used as a pesticide.</i>	Seeds			

	Gokhru	<i>Tribulus terrestris</i>	Grow Annually	Forest	Plenty	Rare	<i>Traditionally, people have used this plant for a variety of potential effects, including to enhance libido, keep the urinary tract healthy &amp; reduce swelling.</i>	Leaves & Flowers
Shurb	Seski (murin)	<i>Artemisia brevifolia</i>	Grow Annually	Forest	Plenty	Rare	<i>Used as a digestive &amp; carminative &amp; hence mixed with meat dishes, known to be an anthelmintic, aphrodisiac, antiseptic, laxative, blood purifier &amp; antidote to scorpion stings.</i>	Leaves
Herb	Zakhm-e-hayaat	<i>Bergenia ciliata</i>	Wild	Forest	Plenty	Rare	<i>Useful for the treatment of uterine contraction, ulcers, fever &amp; kidney stone, also treat throat infection, diabetes.</i>	Leaves & Roots
	Surajan-e-talakh	<i>Colchicum luteum</i>	Wild	Forest	Plenty	Rare	<i>Used as a carminative, laxative &amp; are effective in the treatment of gout, Rh, &amp; disease of liver &amp; spleen.</i>	Corms
Herb	Salam-panja	<i>Dactylorhiza hatagirea</i>	Wild	Forest	Plenty	Rare	<i>Widely used to cure various diseases like dysentery, diarrhoea, chronic fever, cough, stomachache, wounds, cuts, burns, fractures &amp; general weakness.</i>	Roots, Rhizomes
Climber	Shingli-mingli	<i>Dioscorea deltoidea</i>	Wild	Forest	Plenty	Rare	<i>Rhizomes used for the treatment of different diseases such as digestive disorders, sore of throat for struma, diarrhoea, wounds, burns &amp; anemia.</i>	Roots
Shurb	Kalveuth	<i>Prunella vulgaris</i>	Grow Annually	Forest	Plenty	Rare	<i>Useful to treat infections &amp; other illnesses, inflammation, protect against cancer, prevent diabetes complications.</i>	Leaves & Flowers
	Ravend-Chini (Pambchalan)	<i>Rheum australe</i>	Grow Annually	Forest	Plenty	Sporadic	<i>Used as laxative &amp; also used in various herbal preparations.</i>	Roots, Rhizomes
Herb	Handh	<i>Traraxacum officinale</i>	Grow Annually	Forest	Plenty	Rare	<i>Has a special effect on the organs involved in digestion, its coffee helps with liver damage &amp; liver weakness as well as bile weakness, stimulate pancreas &amp; kidney function.</i>	Leaves
Herb	Mushakbala	<i>Valeriana hardwickii</i>	Wild	Forest	Plenty	Rare	<i>Useful in epilepsy, hysteria, hypochondriasis, nervous unrest &amp; skin diseases.</i>	Roots
Shurb	Kasrore	<i>Diplazium esculentum</i>	Grow Annually	Forest	Plenty	Rare	<i>Used as vegetable, dried rhizomes are used as an insecticide, decoction of this plant is used in the treatment of cough &amp; sometimes as a tonic.</i>	Leaves

	Shivlingi	<i>Diplocyclos palmatus</i>	Grow Annually	Forest	Plenty	Rare	Useful for treatment of Aphrodisiac & tonic , constipation, stomach problem, diarrhoea, malaria fever etc.	Ariel plants parts
Herb	Patrees	<i>Aconitum heterophyllum</i>	Grow Annually	Forest	Plenty	Threatened	Useful to treat bronchitis, persistent cough, upper respiratory tract infections, common cold, flu & malaria, treat fever, cough ,vomiting & diarrhea.	Roots
	Pushkarmula	<i>Inula racemosa</i>	Grow Annually	Forest	Plenty	Rare	Treat chronic bronchitis & Rh, dried hizomes & roots are used to cure loss of appetite & stomach troubles.	Roots, Rhizomes
	Tilpushpi (Foxglove)	<i>Digitalis purpurea</i>	Grow Annually	Forest	Plenty	Rare	Useful to treat congestive heart failure & heart rhythm problems	Roots
Shrub	Gur-Krandel	<i>Ferula jaeschkeana</i>	Wild	Forest	Plenty	Rare	Treatment of asthma, whooping cough, flatulent colic, pneumonia, bronchitis	Leaves, Flowers
Herb	Resha-Khatmi	<i>Lavatera cashmeriana</i>	Grow Annually	Forest	Plenty	Rare	A known medicinal herb used in many unani medicinal preprations, cure throat problem, mild laxative,	Leaves, Roots & Flowers
Herb	Kour, Kutki, Kadu, Kadvi	<i>Picrorhiza kurroa</i>	Wild	Forest	Plenty	Rare	Used for the treatment of jaundice, sudden liver infections caused by a virus, fever, allergy & asthma.	Roots
	Chuka Ladur	<i>Polygonum alpinum</i>	Grow Annually	Forest	Plenty	Rare	Used for edible, an acid flavour, the juice from the plant has been sweetened & used as a refreshing drink.	Leaf stems
	Pitsuaak (Birjung, Pitsouli, Phagermula)	<i>Arctium lappa</i>	Wild	Forest	Plenty	Rare	Used therapeutically as a depurative, diuretic & digestive stimulant & for dermatologic conditions.	Roots
Herb	Marchi	<i>Thymus linearis</i>	Wild	Forest	Plenty	Rare	Useful for the treatment of abdominal pain & vomiting	Flowers
Shurb	Kala Zeera	<i>Bunium persicum</i>	Grow Annually	Forest	Plenty	Rare	Useful in treatment of gastro intestinal illnesses, including diarrhea & inflammatory bowel disease.	Seeds
Herb	Rumkath, Budarkath (Gidar Tambakoo)	<i>Verbascum thapsus</i>	Wild	Forest	Plenty	Rare	Useful to treat pulmonary problems , inflammatory diseases, asthma, diarrhoea & migraine headaches.	Leaves
	Kuhushbondhri (Gas plant)	<i>Dictamnus albus</i>	Grow Annually	Forest	Plenty	Rare	The plant is used both internally & externally in the treatment of skin diseases ( especially scabies & eczema), arthritic pain & jaundice.	Leaves, Bark & Root
Tree	Khareu	<i>Ilex dipyrena</i>	Grow Annually	Forest	Plenty	Rare	Moderate sized evergreen tree with light gray smooth bark. Close grained with a preety silver grain, the wood is used for fuel.	Flower, Leaf & Fruit

Herb	Kasnil Hand	<i>Cichorium intybus</i>	Grow Annually	Forest	Plenty	Rare	<i>Useful in treatment of liver disorders,diabetes,jaundice,gout,Rh</i>	Flowers
Herb	Pambechalan/chukri	<i>Rheum emodi</i>	Grow Annually	Forest	Plenty	Rare	<i>Used in various traditional systems as laxative,tonic,fever,cough,indigestion &amp; menstrual disorders.</i>	Roots
Tree	Zum	<i>Prunus cormuta</i>	Grow Annually	Forest	Plenty	Rare	<i>Helpful in the treatment of cancer.</i>	Timber
Herb	Neelkanth	<i>Ajuga bracteosa</i>	Grow Annually	Forest	Plenty	Rare	<i>Useful in the treatment of agues,the juice of the root is used in the treatment of diarrhoea &amp; dysentery,leaves are used in treatment of fevers as a substitute for quinine</i>	Roots
Herb	Bergeur,Gandana	<i>Achillea millifolium</i>	Wild	Forest	Plenty	Rare	<i>used in folk medicines to treat inflammation,pain &amp; gastrointestinal disorders.</i>	Aerial plant parts
Herb	Choru/Chohori	<i>Angelica glauca Edgw</i>	Wild	Forest	Plenty	Rare	<i>Used in Dyspepsia,constipations,ulcer of plate,Dysentery, Roots are used as a drug wound and gastric pains</i>	Roots
Herb	Cow Parsnip	<i>Heracleum candicans Wallich ex Benth</i>	Wild	Forest	Plenty	Rare	<i>The roots are a very good source of xanthotoxin ,which is used in the prepration of suntan lotions &amp; to some extent for the treatment of leucoderma.</i>	Roots
Climber	Agranth	<i>Hedera nepaiensis K. Koch</i>	Wild	Forest	Plenty	Rare	<i>Used for cure of benign wart, anti-inflamatory &amp; anti-arthritis properties.</i>	Leaves
Shrub	Bakru	<i>Lonicera quinquelocularis Hardew</i>	Wild	Forest	Plenty	Rare	<i>Used for turnery &amp; carving,also used for walking sticks.</i>	Stem.,Braches
Shrub	Chalander	<i>Viburnum grandiflorum Wallich ex DC</i>	Grow Annually	Forest	Plenty	Rare	<i>Used as laxative &amp; blood purifier,also used to reduce muscular cramps.</i>	Fruit
Herb		<i>Galium aparine L</i>	Wild	Forest	Plenty	Rare	<i>used as diuretic,used to treat swollen lymph glands, tonsillitis and throat infections.</i>	Leaves,Stem
Herb	Mushkbala	<i>Valeriana jatamansi Jones</i>	Grow Annually	Forest	Plenty	Rare	<i>useful for epilepsy,hysteria,skin diseases &amp; nervous unrest.</i>	Dried roots & Rhizomes
Tree	Fir	<i>Abies pindrow Spach</i>	Wild	Forest	Plenty	Rare	<i>used for treating fever,wheezing cough &amp; cold.</i>	Seeds,Timber
Tree	Deodar	<i>Cedrus deodara (Roxb) G. Don</i>	Wild	Forest	Plenty	Rare	<i>used in neurological disorders,asthma,fever,arthritis &amp; headache.</i>	Seeds ,Timber oil
Tree	Spruce	<i>Picea smithiana (Wall.) Boiss</i>	Wild	Forest	Plenty	Rare	<i>used in pulp industry to make paper,also used for construction shingles,crates &amp; household purposes.</i>	Seeds,Timber
Tree	Kail	<i>Pinus wallichiana Jackson</i>	Wild	Forest	Plenty	Rare	<i>usful in treating burning of the body,cough,fainting &amp; ulcers.</i>	Timber
Herb	Gentheer	<i>Adiantum capillus-veneris L</i>	Grow Annually	Forest	Plenty	Rare	<i>used for antibacterial,anti-implantation,antihyperglycemic.</i>	Leaves

Herb	Sapp Guggal	<i>Arisaema flavum (Forsskal) Schott</i>	Wild	Forest	Plenty	Rare	<i>used in the treatment of chronic tracheitis, bronchiectasis, tetanus and epilepsy</i>	Leaves, Tubers
Herb	Deela	<i>Cyperus rotundus L</i>	Grow Annually	Forest	Plenty	Rare	<i>Malaria, diarrhea, dības</i>	Rhizomes, Roots
Herb	Drub	<i>Cynodon dactylon (L) Pers</i>	Wild	Forest	Plenty	Rare	<i>used as a laxative, coolant, expectorant, &amp; as a brain &amp; heart tonic used for all types of bleedings &amp; skin troubles.</i>	Whole plant
Herb	Palain	<i>Dichanthium annulatum Stapf</i>	Grow Annually	Forest	Plenty	Rare	<i>commonly used as a fodder grass.</i>	Whole plant
Herb	Kai	<i>Saccharum spontaneum L</i>	Grow Annually	Forest	Plenty	Endangered	<i>useful in treatment of dyspepsia, burning sensation, piles, sexual weakness, gynecological troubles, respiratory troubles.</i>	Flowers, Grass
Shrub	Vethur	<i>Juniperus communis Linn</i>	Wild	Forest	Plenty	Rare	<i>used as anti-diarrhoeal, anti-inflammatory, astringent &amp; antiseptic &amp; also used for the treatment of various abdominal disorders.</i>	Stem
Tree	Postul/Brahmi	<i>Taxus baccata L</i>	Grow Annually	Forest	Plenty	Rare	<i>useful for treating common cold, cough, fever &amp; pain.</i>	Leaves, Bark
Herb	Gul-e-sanobar	<i>Geranium wallichianum D. Don. Ex Sweet</i>	Grow Annually	Forest	Plenty	Rare	<i>used as a cure for toothache and has been applied externally to the eyes.</i>	Roots, Bark
Herb	Chuku	<i>Oxalis corniculata L</i>	Wild	Forest	Plenty	Rare	<i>used in the treatment of influenza, fever, urinary tract infections &amp; poisonous snake bites.</i>	Whole plant
Herb	Hillu	<i>Impatiens glandulifera Royle</i>	Grow Annually	Forest	Plenty	Rare	<i>It is one of the Bach flower remedies, flower extracts used as herbal remedies for physical &amp; emotional problems.</i>	Flower
Shrub	Sanglidhoop	<i>Skimmia anquetilia N.P Taylor &amp; Airy Shaw</i>	Wild	Forest	Plenty	Rare	<i>used for treatment of swellings, rheumatism &amp; therapy. Powder of its bark is used for the healing of burns &amp; wounds.</i>	Leaves
Shrub	Beri	<i>Zizyphus oxyphylla Edgw</i>	Grow Annually	Forest	Plenty	Rare	<i>used to treat diabetes, fever, dysentery, as well as blood &amp; skin diseases</i>	Fruit
Tree	Horse chest nut	<i>Aesulus hippocastanum L</i>	Grow Annually	Forest	Plenty	Rare	<i>used for treatment of dysentery, bronchitis, hemorrhoids.</i>	Leaves
Tree	Kanjil	<i>Acer caesium Wallich ex Brandis</i>	Wild	Forest	Plenty	Rare	<i>used for treatment of muscular swelling, boils &amp; pimples</i>	Leaves
Tree	Mapple	<i>Acer cappadocicum Gled</i>	Grow Annually	Forest	Plenty	Rare	<i>It is an ornamental tree</i>	Sap, Seeds
Shrub		<i>Staphylea emodi Wallich ex Brandis</i>	Grow Annually	Forest	Plenty	Rare	<i>Used for making walking sticks</i>	Wood

Herb	Ban Tambaku	<i>Verbascum thapsus L</i>	Grow Annually	Forest	Plenty	Rare	<i>Inflammatory diseases, asthma, cough, diarrhoea</i>	Leaves
Herb	Neelkanth	<i>Ajuga bracteosa Wall ex Benth</i>	Grow Annually	Forest	Plenty	Rare	<i>Treats agues, diarrhoea &amp; dysentery</i>	Leaf
Herb	Jungli Pudina	<i>Mentha arvensis L</i>	Wild	Forest	Plenty	Rare	<i>As a food, stomach problem &amp; allergy</i>	Leaves
Herb	Vena	<i>Mentha longifolia (L) Hudson</i>	Wild	Forest	Plenty	Rare	<i>Respiratory ailments, treat wounds</i>	Leaves
Herb	Kal viuth	<i>Prunella vulgaris L</i>	Wild	Forest	Plenty	Rare	<i>Protect against cancer, herpes</i>	Leaves
Shrub	Sheshak	<i>Rabdosia rugosa (Wall ex Benth) Hara</i>	Grow Annually	Forest	Plenty	Rare	<i>Remedy of helminthiasis, in live stocks</i>	Leaves
Herb	Kashmir sage	<i>Salvia hians Royle ex Benth</i>	Wild	Forest	Plenty	Rare	<i>Heal eye infections</i>	Aerial Parts
Herb	Gaddo	<i>Salvia moorcroftiana Wall</i>	Wild	Forest	Plenty	Rare	<i>Gas, gastritis, heart burn</i>	Roots
Shrub	Kanhaji	<i>Sorbaria tomentosa Rehder</i>	Grow Annually	Forest	Plenty	Rare	<i>Ornamental, stimulate, respiration</i>	Whole Plant
Shrub	Dhak	<i>Spiraea canescens D. Don</i>	Wild	Forest	Plenty	Rare	<i>Fodder for goats, making baskets</i>	Whole Plant
Herb	DhadKopdi	<i>Bergenia stracheyi (H.F.T) Engl</i>	Wild	Forest	Plenty	Rare	<i>kidney &amp; gall bladder stone</i>	Roots
Herb	Agg jari	<i>Saxifraga jacquemontiana Decne</i>	Grow Annually	Forest	Plenty	Rare	<i>Medicinal pupose &amp; human sustenance.</i>	Roots, Flowers
Herb	Dand jari	<i>Rhodiola himalensis (D. Don) S.H. Fu</i>	Wild	Forest	Plenty	Rare	<i>Help the body to resist physical, chemical &amp; environmental stress</i>	Bark
Herb	Kuuppad jari	<i>Sedum ewersii Ledeb</i>	Wild	Forest	Plenty	Rare	<i>Herbal remedy for diphtheria, ring worm, treats pimples, acne etc.</i>	Whole plant
Shrub	Hatab	<i>Parrotiopsis jacquemontiana (Decne) Rehder</i>	Wild	Forest	Plenty	Rare	<i>used for handles walking sticks</i>	Wood
Shrub	Anar	<i>Punica granatum L</i>	Wild	Forest	Plenty	Rare	<i>Treatment of cancer, osteo-arthritis</i>	Whole plant
Herb	Wallichos willow	<i>Epilobium latifolium L</i>	Grow Annually	Forest	Plenty	Rare	<i>Analgesic, anti-dote</i>	Whole plant
Tree	Ringkul	<i>Crataegus songarica G. Koch</i>	Grow Annually	Forest	Plenty	Rare	<i>Pulmonary disesses</i>	Whole plant
Herb	Wild Strawberry	<i>Fragaria nubicola Lindl ex Lacalta</i>	Grow Annually	Forest	Plenty	Rare	<i>As food, treats profuse mensuration</i>	Fruit
Tree	Haadi	<i>Prunus armeniaca L</i>	Wild	Forest	Plenty	Rare	<i>Antispasmodic, chronic bronchitis</i>	Whole plant
Herb	Patrishi	<i>Aconitum heterophyllum Wallich ex Royle</i>	Wild	Forest	Plenty	Rare	<i>Treats reproductive disorders</i>	Not Available
Herb	Tatnu	<i>Caltha palustris L</i>	Wild	Forest	Plenty	Rare	<i>Treatment of fits &amp; anemia</i>	Leaves, Stem
Herb		<i>Ipomaea purpurea Roth</i>	Grow Annually	Forest	Plenty	Rare	<i>Mental disorders, constipations</i>	Seeds
Herb		<i>Cuscuta europaea L</i>	Grow Annually	Forest	Plenty	Rare	<i>Herbal medicine, tonic for liver &amp; kidney</i>	Seeds, vegetable
Herb		<i>Cuscuta reflexa Roxb</i>	Wild	Forest	Plenty	Rare	<i>Treat difficulty in urinating, jaundice</i>	Stem, Seeds
Herb	Jala-Kafal	<i>Atropa acuminata Royle</i>	Wild	Forest	Plenty	Rare	<i>used to make plasters, in asthma</i>	Whole plant



Herb	Brand	<i>Phytolacca acinosa Roxb</i>	Wild	Forest	Plenty	Rare	<i>urinary disorders, abdominal tensions</i>	Leaves,Roots
Herb		<i>Rheum australe D. Don</i>	Grow Annually	Forest	Plenty	Rare	<i>Gastritis,blood purification</i>	Rhizomes,Roots
Herb		<i>Rheum moorcroftianum Royle</i>	Grow Annually	Forest	Plenty	Rare	<i>improve memory,renal function disorder</i>	Rhizomes,Roots
Herb	Mulain	<i>Inula royleana DC</i>	Wild	Forest	Plenty	Rare	<i>reduce blood pressure,perestatic movement in intenstines</i>	Aerial Parts
Herb		<i>Jurinea dolomiaea Boiss</i>	Grow Annually	Forest	Plenty	Rare	<i>loss of apetite, cold bronchitis</i>	Root
Herb		<i>Lactuca lessertiana (DC) C.B Clarke</i>	Grow Annually	Forest	Plenty	Rare	<i>curative properties</i>	Not available
Herb		<i>Leontopodium himalayanum DC</i>	Grow Annually	Forest	Plenty	Rare	<i>used in herbal and protect over skin</i>	Aerial Parts
Herb		<i>Saussurea albescence HK F &amp; T</i>	wild	Forest	Plenty	Rare	<i>ornamental</i>	Whole plant
Herb		<i>Saussurea heteromalla (D. Don) Hand Mazz</i>	wild	Forest	Plenty	Rare	<i>horse bite, oil, leucoderma &amp; wounds</i>	Leaf, root
Herb		<i>Saussurea lappa Clarke</i>	Grow Annually	Forest	Plenty	Rare	<i>anti ulcer, anti cancer</i>	Root
Herb		<i>Senecio amplexicaulis Wall</i>	Grow Annually	Forest	Plenty	Rare	<i>antifungal and phytotoxic</i>	Whole Plant
Herb	Jarjam	<i>Senecio chrysanthemoides DC</i>	Grow Annually	Forest	Plenty	Rare	<i>used in eye infections</i>	Whole Plant
Herb		<i>Senecio gradliflorus DC</i>	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of irregular menses, ease child birth</i>	Root
Herb		<i>Senecio nudicaulis Ham</i>	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of fever and skin diseases</i>	Leaves
Herb		<i>Solidago virga aurea L</i>	wild	Forest	Plenty	Rare	<i>used in treatment of best pain, insomnia</i>	Flowers,Leaves
Herb		<i>Sonchus arvensis Linn</i>	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of asthma,chest diseases</i>	Stems,Leaves
Herb		<i>Sonchus asper Vill</i>	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of skin ailments,anti-bacterial</i>	Leaves,Stem,Tops
Herb		<i>Sonchus oleraceus L</i>	Grow Annually	Forest	Plenty	Rare	<i>used for blood purifier,anti-malarial</i>	Stem & Leaves
Herb		<i>Tanacetum gracile Hook. F. &amp; T</i>	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of intestinal worms.prevent miscarriage</i>	Dried Aerial Parts
Herb	Handh	<i>Taraxacum officinate Weber</i>	wild	Forest	Plenty	Rare	<i>increase urine production,,decrease pain</i>	Fruits,Leaves
Shrub		<i>Lyonia ovalifolia (Wallich) Drude</i>	Grow Annually	Forest	Plenty	Rare	<i>treat skin disease,external parasite</i>	Leaves& Buds
Shrub		<i>Rhododendron campanulatum D. Don</i>	Wild	Forest	Plenty	Rare	<i>treat chronic rheumatism,headache</i>	Leaves

Shrub		<i>Elaeagnus parvifolia Wallich ex Royle</i>	Wild	Forest	Plenty	Rare	<i>anti-inflammatory anti-oxidant</i>	Flowers,Seed
Climber		<i>Viscum album L</i>	Wild	Forest	Plenty	Rare	<i>treatment of cardiac weakness,arrhythmia</i>	Leaves,Stem,Pea sized Berries
Herb		<i>Euphorbia cognata (Klotzsch &amp; Garcke) Boiss</i>	Grow Annually	Forest	Plenty	Rare	<i>Breathing disorder,asthma</i>	Seed Stem
Herb		<i>Euphorbia rothiana Spreng</i>	Grow Annually	Forest	Plenty	Rare	<i>Rheumatism,warts,cough,asthma</i>	Stem Bark
Herb		<i>Euphorbia helioscopia L</i>	Wild	Forest	Plenty	Rare	<i>used in pharmaceutical industry.</i>	Leaves, Stem,Root
Herb		<i>Euphorbia wallichii Hook F</i>	Grow Annually	Forest	Plenty	Rare	<i>used against constipation</i>	Leaf,root
Shrub		<i>Sarcococca saligna (D.Don) Meull Arg</i>	Grow Annually	Forest	Plenty	Rare	<i>laxative ,blood purifier &amp; muscular analgesic</i>	Leaf,Bark,Root
Herb		<i>Girardinia heterophylla Decne</i>	Grow Annually	Forest	Plenty	Rare	<i>used as soap/shampoo for washing,cattle fodder</i>	Whole Plant
Herb		<i>Urtica dioica Linn</i>	Wild	Forest	Plenty	Rare	<i>urinary tract infections</i>	Root
Tree	Brimij	<i>Celtis australis Willd</i>	Wild	Forest	Plenty	Rare	<i>treatment of amenorrhoea,heavy menstrual bleeding &amp; colic</i>	Leaves,Root
Tree		<i>Ulmus wallchiana Planch</i>	Wild	Forest	Plenty	Rare	<i>used to heal body mind &amp; skin</i>	Leaves
Herb		<i>Cannabis sativa L</i>	Wild	Forest	Plenty	Rare	<i>used for recreational or medicinal purposes</i>	Whole Plant
Herb		<i>Viola betoniifolia Smith</i>	Wild	Forest	Plenty	Rare	<i>used as sedative</i>	Whole Plant
Herb		<i>Violacanesens Wallich</i>	Grow Annually	Forest	Plenty	Rare	<i>used for cough ,cold,flu,fever &amp; malaria</i>	Leaf,Flower
Herb		<i>Viola indica W Becker</i>	Grow Annually	Forest	Plenty	Rare	<i>Respraitory tract congestion asthma ,sore throat</i>	Flowers
Herb		<i>Viola kunawarensis Royle</i>	Grow Annually	Forest	Plenty	Rare	<i>chronic bronchitic,asthma</i>	Flowers
Herb		<i>Dianthus jacquemontii Edgew</i>	Grow Annually	Forest	Plenty	Rare	<i>used to stimulates urinary system,digestive system &amp; bowels</i>	Flowers
Herb		<i>Gypsophilla cerastioides D Don</i>	Grow Annually	Forest	Plenty	Rare	<i>used for production of photographic films</i>	Not Available
Herb		<i>Lychinus indica Benth</i>	Grow Annually	Forest	Plenty	Rare	<i>Source of soaps ,ornamentals purposes</i>	Roots,Flowers
Herb		<i>Silene edgeworthii Bocquet</i>	Grow Annually	Forest	Plenty	Rare	<i>Anti-cancer,anti-fungal &amp; anti-viral</i>	Leaves
Herb		<i>Stellaria media L</i>	Grow Annually	Forest	Plenty	Rare	<i>cough ,cold constipation,burns</i>	Whole plant
Herb		<i>Hypericum elodeoides Choisy</i>	Grow Annually	Forest	Plenty	Rare	<i>treatment in mild to moderate depression</i>	Aerial Parts
Shrub		<i>Hypericum oblongifolium Choisy</i>	Wild	Forest	Plenty	Rare	<i>Hepatitis,gastric ulcers</i>	Aerial Parts

Herb		<i>Hypericum perforatum L</i>	Wild	Forest	Plenty	Rare	<i>Moderate depression ,anxiety &amp; sleep disorders</i>	Aerial Parts
Herb	Suchal	<i>Malva neglecta Wallr</i>	Wild	Forest	Plenty	Rare	<i>Astringent,demulcent,diuretic</i>	Leaves,Floers,Root
Herb		<i>Geranium polyanthes Edgew &amp; H.F</i>	Wild	Forest	Plenty	Rare	<i>Tumor,cosmetic,laxative &amp; hair colour</i>	Flower
Herb	Gugchuk,Ringrash	<i>Geranium pretense L</i>	Grow Annually	Forest	Plenty	Rare	<i>cholera,diarrhoea</i>	Root
Shrub	Tung	<i>Cotinus coggygnia Scop</i>	Grow Annually	Forest	Plenty	Rare	<i>Coagulant,fever reducer</i>	Leaves,Bark
Shrub		<i>Rhus succedanea L</i>	Wild	Forest	Plenty	Rare	<i>Treatment of phthisis</i>	Fruits
Herb		<i>Astragalus grahamianus Royle ex Benth</i>	Wild	Forest	Plenty	Rare	<i>Urinary disease,respiratory,skin problems</i>	Roots
Shrub		<i>Astragalus himalayana Klotsch</i>	Grow Annually	Forest	Plenty	Rare	<i>Kidney disease,diabetes</i>	Gum
Shrub	Shemar	<i>Desmodium elegans DC</i>	Wild	Forest	Plenty	Rare	<i>used for chronic hepinites, treatment of bilious ccomplaints</i>	Whole Plant
Shrub		<i>Indigofera heterantha Wallich ex Brandis</i>	Grow Annually	Forest	Plenty	Rare	<i>branches are used as basket making it is also used as fuel</i>	Floers ,Branches
Shrub		<i>Indigofera tinctoria L</i>	Grow Annually	Forest	Plenty	Rare	<i>used to treat nervous disorders,asthama, liver disease</i>	Flowering & Fruiting Branches
Herb		<i>Trifalium fragiferum L</i>	Grow Annually	Forest	Plenty	Rare	<i>used as green manure &amp; flowers are used to make jelly</i>	Flowers,Leaves
Herb		<i>Trifllum repens L</i>	Grow Annually	Forest	Plenty	Rare	<i>a lincture of the leves are applied as an ointmento Govt.</i>	Flowers,Leaves
Herb		<i>Trigonella emodi Benth</i>	wild	Forest	Plenty	Rare	<i>Reduce fever</i>	Stem ,Leaves
Herb		<i>Vicia sative Linn</i>	Grow Annually	Forest	Plenty	Rare	<i>seeds are used to form bread, cakas, biscuits</i>	Seed
Herb		<i>Vicia sepium Linn</i>	Grow Annually	Forest	Plenty	Rare	<i>used as nitrogen fixation used for hay or silage particulary arable silage.</i>	Rhizomes,Leaves
Tree		<i>Fiaus palmata Forsk</i>	Grow Annually	Forest	Plenty	Rare	<i>used for treatment of longs &amp; bladder diseases</i>	Fruit
Tree		<i>Monus serrate Roxb</i>	Grow Annually	Forest	Plenty	Rare	<i>juice of the root is used as an anthelmintic.wood is used for making furniture</i>	Root ,Wood
Tree		<i>Platanus orientalis L</i>	Grow Annually	Forest	Plenty	Rare	<i>Making fabric dye,</i>	Dried leaves
Tree	Akhroot	<i>Juglans regia Linn</i>	wild	Forest	Plenty	Rare	<i>leaves are used in treatment of of chronic coughs,asthma &amp; purify blood and treat diabetes</i>	Leaves,Fruit,
Tree		<i>Alnus nepalensis D. Don</i>	Wild	Forest	Plenty	Rare	<i>Used for making charcoal,reducing swelling of leg juice is applied on burns</i>	Wood,Leaves,Roots

Tree	Champ	<i>Alnus nitida (Spach) Endl.</i>	Grow Annually	Forest	Plenty	Rare	<i>Bark is used to treat swelling &amp; body pain</i>	Bark
Tree	Bhoj patra	<i>Betula utilis D Don</i>	Wild	Forest	Plenty	Rare	<i>Bark is used for writing lengthy scriptures &amp; texts,also used for packaging</i>	Bark
Tree		<i>Corylus jacquemontii Decne</i>	Wild	Forest	Plenty	Rare	<i>seeds are used as oil</i>	Seeds
Tree		<i>Quercus baloot Griffith</i>	Grow Annually	Forest	Plenty	Rare	<i>seeds are used in manufacturing of insecticides</i>	seeds
Tree		<i>Populus alba L</i>	Grow Annually	Forest	Plenty	Rare	<i>used in the treatment of arthritis,gout,lower back problem and reduce fever</i>	Stem,Bark
Tree		<i>Populus oliata Wallich ex Royle</i>	Grow Annually	Forest	Plenty	Rare	<i>used as fuel wood,also useed as timber &amp; making furniture</i>	Whole Plant
Shrub	Willow	<i>Salix alba Boiss</i>	Wild	Forest	Plenty	Rare	<i>stems are used in basket making.</i>	Stem
Shrub	Kareel- kaimbal	<i>Berberis aristata DC</i>	Wild	Forest	Plenty	Rare	<i>used in treatment of juindice,urinary disorders</i>	Root,Stem,Leaves
Shrub		<i>Berberis jaeschkeana C.K Schneider</i>	Wild	Forest	Plenty	Rare	<i>used in treatment of tumor</i>	Rhizomes,Fruit
Shrub	Kaimal/Daruhalidi	<i>Berberis lycium Royle Trans Linn</i>	Wild	Forest	Plenty	Rare	<i>used an immunity booster</i>	Roots ,Stem,Bark
Herb		<i>Podophyllum hexandrum Royle</i>	Wild	Forest	Plenty	Rare	<i>usedto treat gynecology infections</i>	Rhizomes
Herb		<i>Meconopsis aculeata Royle</i>	Wild	Forest	Plenty	Rare	<i>used to help heal broken bones,treaty inflammation from fractures</i>	Whole Plant
Herb		<i>Meconopsis latifolia Prain</i>	Grow Annually	Forest	Plenty	Rare	<i>used against ulces,disorders of lungs.</i>	Flowers
Herb		<i>Papaver somniferum L</i>	Grow Annually	Forest	Plenty	Rare	<i>used for commercial purposes</i>	Whole Plant
Herb		<i>Corydalis cachemiriana Royle</i>	Grow Annually	Forest	Plenty	Rare	<i>used for mild depression</i>	Flowerrrs,Stems,Leaves
Herb	Bhutyata	<i>Corydalis govaniana Wallich</i>	Wild	Forest	Plenty	Rare	<i>its drug is usd in the form of decoction</i>	Whole Plant
Herb		<i>Corydalis rutifolia (Sibth) DC</i>	Grow Annually	Forest	Plenty	Rare	<i>various medicinal value</i>	Roots
Herb		<i>Corydalis thyrsliflora Prain</i>	Wild	Forest	Plenty	Common Vulnerable	<i>used to treat stomach problem</i>	Leaves,Flowers
Herb		<i>Fumaria indica Pugsley</i>	Wild	Forest	Plenty	Rare	<i>used as a common weed,isolation &amp; polyherbal</i>	Whole Plant
Herb		<i>Capsella bursa pastoris (L) Moench</i>	Wild	Forest	Plenty	Rare	<i>used as a folk remedy for cancer,nose bleeding</i>	Seeds,Leaves
Herb		<i>Erysimum melicetae Dunn</i>	Wild	Forest	Plenty	Rare	<i>used in medicine,food item</i>	Seeds
Herb		<i>Nasturtium officinale Br.</i>	Wild	Forest	Plenty	Rare	<i>leaves are used as a pungent garnish,eatenraw in salads</i>	Leaves,Flowers,Buds
Herb		<i>Brassica rapa L</i>	Wild	Forest	Plenty	Rare	<i>provides oils &amp; vegetables,fodder</i>	Whole Plant
Herb		<i>Iris hookeriana M. Foster</i>	Grow Annually	Forest	Plenty	Rare	<i>used in aromatherapy,rhizomes given to babies to help in teething</i>	Rhizomes

Herb		<i>Iris kashmiriana Baker</i>	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of joint pains</i>	Rhizomes	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area.
Herb		<i>Iris kemaonensis D. Don ex Royle</i>	Wild	Forest	Plenty	Rare	<i>flowers are used in herbal medicines</i>	Flowers			
Herb		<i>Narcissus tazetta L</i>	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of boils &amp; mastits</i>	Root			
Herb		<i>Dioscorea deltoidea Wal ex Kunth</i>	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of digestive disorders ,wound &amp; burns</i>	Rhizomes			
Herb		<i>Allium royiei Stern</i>	Wild	Forest	Plenty	Rare	<i>used in breeding programmes</i>	Leaves			
Herb	Chingposh	<i>Colchicum luteum Baker</i>	Grow Annually	Forest	Plenty	Rare	<i>used as carminative &amp; aphrodisiac,treatment of gout</i>	Corm,Seeds			
Herb		<i>Fritillaria roylei Hook</i>	Grow Annually	Forest	Plenty	Rare	<i>used for healing wounds</i>	Roots			
Herb		<i>Gagea elegans Wall</i>	Grow Annually	Forest	Plenty	Rare	<i>Used in the form of infusions or decoctions.</i>	Leaves			
Herb		<i>Notholirion thomsonianum (Royle) Stapf</i>	Wild	Forest	Plenty	Rare	<i>Treatment of Various infectious Diseases espically intestinal.</i>	Flower,Leaves			
Herb		<i>Polygonatum multiflorum (Linn.) All</i>	Grow Annually	Forest	Plenty	Rare	<i>used in wound healing being anti-bectarial</i>	Roots			
Herb		<i>Polygonatum verticillatum All</i>	Grow Annually	Forest	Plenty	Rare	<i>used to cure cardioponic,aphrodisiac</i>	Tender leaves,Young shoots			
Herb		<i>Trillium govianianum Wall</i>	Wild	Forest	Plenty	Rare	<i>used in dysentery, wound healing,menstral &amp;sexual disorders.</i>	Rhiozomes,Roots			
Herb		<i>Tulipa stellata Hook f</i>	Grow Annually	Forest	Plenty	Rare	<i>Used for sinus Pain ,Hay Fever&amp; Headache.</i>	Whole Plant			
Herb		<i>Arisaema jacquemontii Blume</i>	Wild	Forest	Plenty	Rare	<i>used for the treatment of dermatological disorders,used for phenols</i>	Root			
Herbs		<i>Valeriana pyrolaefolia decne</i>	Wild	Forest	Plenty	Rare	<i>Usedb orally for anxiety&amp; Psychological stress.</i>	Root			
Herbs		<i>Dipsacus inermis Wall</i>	Wild	Forest	Plenty	Rare	<i>used in ayurvedic system of medicine</i>	Fresh & Dried Leaves			
Herbs	Kim	<i>Morina Longifolia Wallich ex DC</i>	Wild	Forest	Plenty	Rare	<i>Stem, leaves &amp; flowers used as digestive, emetic &amp; stomachic</i>	Whole Plant			
Herbs		<i>Achillea millefolium L</i>	Grow Annually	Forest	Plenty	Rare	<i>above ground parts used in cold, tonic &amp; astringent</i>	Aerial Parts			
Herbs		<i>Ainsliaea aptera DC.</i>	Grow Annually	Forest	Plenty	Rare	<i>roots used to relieve stomachache, acute fever &amp; constipation</i>	Roots			
Herbs		<i>Anaphalis nubigena Clarke</i>	Grow Annually	Forest	Plenty	Rare	<i>used as aromatic &amp; antimicrobial</i>	Aerial Parts			
Herbs		<i>Artemesia scoparia Waldst. &amp; Kit</i>	Grow Annually	Forest	Plenty	Rare	<i>flowers, stem seeds used as antiseptic, diuretic &amp; antipyretic</i>	Flowers,Stem ,Seeds			

Herbs		<i>Artemesia gmelini Bess</i>	Grow Annually	Forest	Plenty	Rare	<i>plants rich source of essential oil</i>	Leaf ,Stem
Herbs	Mooin	<i>Artemesia Maritima L.</i>	Wild	Forest	Plenty	Rare	<i>antiseptic, diuretic &amp; antipyretic</i>	Leraves ,Flowering
Herbs		<i>Aster indamellus Grierson</i>	Grow Annually	Forest	Plenty	Rare	<i>as food &amp; medicine</i>	Leaf,Flower,Root
Herbs		<i>Cirsium arvense (L) Scop</i>	Wild	Forest	Plenty	Rare	<i>remedy for toothache &amp; treatment of indigestion</i>	Root
Herbs		<i>Cirsium falconeri (Hook.f.) Petrak</i>	Wild	Forest	Plenty	Rare	<i>whole plant &amp; roots used for treating oedema</i>	Whole Plant
Herbs		<i>Dubyaea hispide DC.</i>	Grow Annually	Forest	Plenty	Rare	<i>used to remove excess pitta dosh,treat fever.</i>	Rhizomes
Herbs		<i>Echinops cornigerus DC</i>	Grow Annually	Forest	Plenty	Rare	<i>root are aphrodisiac, whole plant antipyretic &amp; analgesic</i>	Root
Herbs		<i>Erigeron canadensis L.</i>	Grow Annually	Forest	Plenty	Rare	<i>whole plant diuretic, hemostatic &amp; antidiarrheal</i>	Whole Plant
Herbs		<i>Filago germanica Linn</i>	Grow Annually	Forest	Plenty	Rare	<i>has chemical, biological &amp; toxicological properties</i>	Fruit
Herbs		<i>Galinsoga parviflora Cav</i>	Wild	Forest	Plenty	Rare	<i>used for treatment of nettle sting &amp; similar skin inflammation</i>	Leaves
Herbs		<i>Gerbera gossypina (Royle) Beauv</i>	Grow Annually	Forest	Plenty	Rare	<i>ornamental</i>	Leaves
Herbs		<i>Gnaphalium luteo album Linn</i>	Grow Annually	Forest	Plenty	Rare	<i>antibacterial, antifungal, antioxidant</i>	Leaves
Shrub	Shutenger	<i>Rhododendron anthopogon D. Don</i>	Wild	Forest	Plenty	Rare	<i>treatment of constipation, didysentry, fever</i>	Leaves
Herbs		<i>Anagallis arvensis Linn</i>	Grow Annually	Forest	Plenty	Rare	<i>whole plant used as expectorant, dropsy,diuractic,purgative</i>	Whole Plant
Herbs		<i>Androsace rotundifolia Hardw.</i>	Wild	Forest	Plenty	Rare	<i>dried plant used against bronchitis, asthma,cough</i>	Dried Plant
Herbs		<i>Androsace sempervivoides Jacquem, ex Duby</i>	Wild	Forest	Plenty	Rare	<i>Industrial usage.</i>	Flowering,Leaves
Herbs		<i>Primula atrodentata W.W.Smith</i>	Grow Annually	Forest	Plenty	Rare	<i>flower &amp; leaves are edible, used to make tea</i>	Flower,Leaves
Herbs		<i>Primula denticulata Smith</i>	Wild	Forest	Plenty	Rare	<i>flower &amp; leaves are edible, used to make tea</i>	Flower,Leaves
Herbs		<i>Primula rosea Royle</i>	Wild	Forest	Plenty	Rare	<i>asthma &amp; digestive problems</i>	Flower,Leaves
Tree		<i>Fraxinus excelsior L.</i>	Grow Annually	Forest	Plenty	Rare	<i>bark &amp; leaf used against fever, gout, arthritis</i>	Bark,Leaf
Herbs		<i>Jasminium grandiflorum L.</i>	Grow Annually	Forest	Plenty	Rare	<i>used for treating wounds, skin disease, ulcers,headache</i>	Not Available
Herbs		<i>Jasminium humile L</i>	Grow Annually	Forest	Plenty	Rare	<i>root juice used against ringworm, flowers used to cure intestinal problems</i>	Root,Flower

Tree	Kahu	<i>Olea cuspidata Wallich ex G. Don</i>	Grow Annually	Forest	Plenty	Rare	<i>bark used for fracture, leave use for treatment of malaria, UTI</i>	Bark,Leaves
Shrub		<i>Buddleja paniculata Wall</i>	Grow Annually	Forest	Plenty	Rare	<i>used for treatment of skin disease, malaria</i>	Leaves
Herbs		<i>Gentiana carinata Griseb</i>	Grow Annually	Forest	Plenty	Rare	<i>used against diarrhea, loss of appetite, heart burn</i>	Root
Herbs		<i>Gentiana Kuroo Royle</i>	Grow Annually	Forest	Plenty	Rare	<i>rhizome is antihelminthic, diaphoretic,digestive tonic</i>	Rhizomes
Herbs	Kazuban	<i>Arnebia benthamii (Wall. Ex G.Don) Johnston</i>	Grow Annually	Forest	Plenty	Rare	<i>used as red clour to food, oil &amp; fats, plantalso used as diuretic, expectorant, tonic</i>	Flowering, Shoots & Roots
Herbs		<i>(Royle) Kazmi</i>	Grow Annually	Forest	Plenty	Rare	<i>use to manage disorders like hapatotoxicity</i>	Not Available
Grass	Congress grass /Jadi	<i>Parthenium hysterophorus</i>	Grow Annually	Forest	Plenty	Plenty	<i>Commercial enzymes production,biopesticides,green manure &amp; composte</i>	Weed
Herb	Bhang	<i>Cannabis sativa</i>	Grow Annually	Forest	Plenty	Rare	<i>Used as a source of industrial fibre,seed oil,food,recreation,religious &amp; spritual moods &amp; medicine</i>	Leaves
Tree	Trikanni	<i>Acer pictum</i>	Grow Annually	Forest	Plenty	Rare	<i>Use as food ,medicine,ornamental &amp; source of wood</i>	Whole plant
Tree	Sheesham	<i>Dalbergia sisoo</i>	Grow Annually	Forest	Rare	Rare	<i>Making furniture &amp; paper.</i>	Wood,Leaves,
Tree	Heru	<i>Quercus ilex</i>	Grow Annually	Forest	Plenty	Rare	<i>Firewood &amp; fodder</i>	Wood,Leaves,
Tree	Marhu/oak	<i>Quercus floribunda</i>	Grow Annually	Forest	Plenty	Rare	<i>Firewood &amp; fodder</i>	Wood,Leaves
Tree	Bren	<i>Ulmus villosa</i>	Grow Annually	Forest	Plenty	Rare	<i>Medicinal ,aeromatic,anti-inflammatory,furniture</i>	Bark,Leaves
Tree	Bankhoor	<i>Aesculus indica</i>	Wild	Forest	Plenty	Rare	<i>Treatment of skin diseae, Rh, astringent, narcotic,relief of headache</i>	Leaves,Flowers
Herb	Hamesh-Bahar	<i>Calendula officinalis</i>	Grow Annually	Forest	Plenty	Rare	<i>Applied on Skin disease,Burns</i>	Flower,leaf
Tree	Feku	<i>Ficus Palmata</i>	Wild	Forest	Plenty	Rare	<i>Skin diseases,contipation</i>	Fruit
Herb	Banafsha	<i>Viola odorata</i>	Grow Annually	Forest	Plenty	Rare	<i>Throat problem,Cold,cough</i>	Flower
Herb	Nirbisha	<i>Delphinium drunonianum</i>	Grow Annually	Forest	Plenty	Rare	<i>Diabetes</i>	Whole Plant
Shrub	Tutfoor,Rachi	<i>Ephedra gegardina</i>	Grow Annually	Forest	Plenty	Rare	<i>Asthma,Cardic Stimulate,Allergy,Respiratory Disorder</i>	Twigs
Herb	Kaahlu	<i>Eremurus himailicus</i>	Wild	Forest	Plenty	Rare	<i>Vegetable</i>	Leaves,Roots
Herb	Tengu,Tyangu	<i>Hyssopus officinalis</i>	Grow Annually	Forest	Plenty	Rare	<i>Substitute for saffron,Liver &amp; Blood Disorder</i>	Flower

Fungi		<i>Gyromitra esculenta</i>	Grow Annually	Forest	Rare	Rare	<i>Traditional Medicines</i>	Whole part
Fungi		<i>Helvella crispa</i>	Grow Annually	Forest	Rare	Rare	<i>Traditional Medicines</i>	Whole part
Fungi		<i>Helvella elastica</i>	Grow Annually	Forest	Rare	Rare	<i>Traditional Medicines</i>	Whole part
Fungi		<i>Morchella conica</i>	Grow Annually	Forest	Rare	Rare	Indigestion,phlegm,shortness of breath	Whole part
Fungi		<i>Morchilla esculenta</i>	Grow Annually	Forest	Rare	Rare	Edible,laxative,Body tonic,stomach problem,economical beneficial	Whole part
Fungi		<i>Peziza vesiculosa</i>	Grow Annually	Forest	Rare	Rare	<i>Traditional Medicines</i>	Whole part
Fungi		<i>Aricus campestris</i>	Grow Annually	Forest	Rare	Rare	treatment of cancer,Type-2 diabetes,high-cholesterol,digestive problem	Whole part
Fungi		<i>Agaricusmacrocarpus</i>	Grow Annually	Forest	Rare	Rare	Intoxicating drink,edible	Whole part
Fungi		<i>Amanita pantherina</i>	Grow Annually	Forest	Rare	Rare	Traditional Medicines	Whole part
Fungi		<i>Boletus edulis</i>	Grow Annually	Forest	Rare	Rare	Edible	Whole part
Fungi		<i>Cantharellus cibarius</i>	Grow Annually	Forest	Rare	Rare	Anti-microbial,cytotoxicity,Anti-oxidant,wound healing	Whole part
Fungi		<i>Coprinus atramentarius</i>	Grow Annually	Forest	Rare	Rare	Balancing blood sugar level,diabetes properties	Whole part
Fungi		<i>Caprinus comatus</i>	Grow Annually	Forest	Rare	Rare	Mimics insulin	Whole part
Fungi		<i>Galerina helvolicens</i>	Grow Annually	Forest	Rare	Rare	Traditional Medicines	Whole part
Fungi		<i>Galerina mutabilis</i>	Grow Annually	Forest	Rare	Rare	Traditional Medicines	Whole part
Fungi		<i>Hypholoma capnoides</i>	Grow Annually	Forest	Rare	Rare	Edible mushroom	Whole part
Fungi		<i>Schizophyllum commune</i>	Grow Annually	Forest	Rare	Rare	Anti-cancer activity,edible	Whole part
Fungi	Datura	<i>Geatrum triplex</i>	Grow Annually	Forest	Rare	Rare	Analgesic,anti-inflammatory,treatment of stomach	Whole part
Fungi		<i>Bovista pussila</i>	Grow Annually	Forest	Rare	Rare	Medicine,edible	Whole part
Fungi		<i>Fomes fomentarius</i>	Grow Annually	Forest	Rare	Rare	Laxative,Treatment of cancer	Whole part
Fungi		<i>Fomitopsis pinicola</i>	Grow Annually	Forest	Rare	Rare	Anti-tumor,anti-bacterial,anti-viral	Whole part



Fungi		<i>Ganoderma applanatum</i>	Grow Annually	Forest	Rare	Rare	Cancer treatment,diabetics	Whole part
Fungi		<i>Ganoderma lucidum</i>	Grow Annually	Forest	Rare	Rare	anti-inflammation,Analgesic,Anti-bacterial	Whole part
Fungi		<i>Trametes versicolor</i>	Grow Annually	Forest	Rare	Rare	Enhance the health of immune system	Whole part
Fungi		<i>Sparassis crispa</i>	Grow Annually	Forest	Rare	Rare	Anti-tumor,Anti-inflammatory,Anti-allergic	Whole part
Fungi		<i>Pleurotus spp.</i>	Grow Annually	Forest	Rare	Rare	Anti- Tuber,anti- genotoxic,Anti-oxidant	Whole part
Fungi		<i>Ramaria formosa</i>	Grow Annually	Forest	Rare	Rare	Traditional Medicines	Whole part
Herb		<i>Strodilantes urticifolia</i>	Wild	Forest	Plenty	Rare	Medicinal value	Whole part
Herb		<i>Achyranthes bidentata blume</i>	Wild	Forest	Plenty	Rare	Treatment of leach bites, diuretic	Seeds, Roots
Herb		<i>Amaranthus caubatus</i>	Cultivated	Forest	Plenty	Rare	Ornamental, laxative	Roots, Seeds
Herb		<i>Amaranthus viridis</i>	Cultivated	Forest	Plenty	Rare	Treatment of fever, pain, asthma	Whole part
Herb		<i>Allium cepa</i>	Cultivated	Forest	Plenty	Rare	Antiinflammatory, antiseptic	Bulb, Leaves
Herb		<i>Allium humile kunth</i>	Wild	Forest	Plenty	Rare	Treatment of cholera, dysentery, cough	Bulbs
Herb		<i>Allium sativum</i>	Cultivated	Forest	Plenty	Rare	Fever, diabetics, swellings	Bulbs
Herb		<i>Allium semenovii</i>	Wild	Forest	Plenty	Rare	Reduce blood calastrol level	Bulbs
Herb		<i>Bupleurum bupjucundum</i>	Wild	Forest	Plenty	Rare	Respiratory infection, swine flu	Aerial Part
Herb		<i>Bupleurum longifolium</i>	Wild	Forest	Plenty	Rare	Respiratory infection, swine flu	Aerial Part
Herb		<i>Coriandrum sativum</i>	Cultivated	Forest	Plenty	Rare	Measals, hemorrhoids, toothache & joint pain	Leaves, Seeds
Herb		<i>Cortia depressa</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Ligusticum elatum</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Oenanthe javanica</i>	Wild	Forest	Plenty	Rare	Joundice, abdomnal pain	Whole part
Herb		<i>Pleurosernum brunonis</i>	Wild	Forest	Plenty	Rare	To cure skin infections, joundice, insect repllents	Flowers
Herb		<i>Pleurosernum candollei</i>	Wild	Forest	Plenty	Rare	Used in folk medicines	Flowers
Herb		<i>Pleurosernum stellatum</i>	Wild	Forest	Plenty	Rare	To make black or red dye, water proof black ink	Flowers
Herb		<i>Selinum wallichinum</i>	Wild	Forest	Plenty	Rare	Garden uses beds & borders	Aerial Part
Herb		<i>Aralia cachemirica</i>	Wild	Forest	Plenty	Rare	To treat RH, Nephritis, Gastritis, inflammation	Whole part
Herb		<i>Arisaema propinquum</i>	Wild	Forest	Plenty	Rare	Uses in snake bite, RH	Rhizomes
Herb		<i>Begonia rubella</i>	Wild	Forest	Plenty	Rare	Cure arthrites & common join pain	Whole part
Herb		<i>Hackelia uncinata</i>	Wild	Forest	Plenty	Rare	Used to cure fractured bones	Leaves, Flowers
Herb		<i>Lindelofia longiflora</i>	Wild	Forest	Plenty	Rare	Folk medicines	Leaves, Flowers
Herb		<i>Myosotis alpestris</i>	Wild	Forest	Plenty	Rare	Lotion for wounds nose bleed	Whole part
Herb		<i>Onosma hispidum</i>	Wild	Forest	Plenty	Rare	Used as food & medicine, wounds	Roots
Herb		<i>Pseudomertensia moltkioides</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Pseudomertensia trollii</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers

Herb		<i>Alliaria petiolata</i>	Cultivated	Forest	Plenty	Rare	Treatment of bronchitis,asthma,& Rh	Whole part
Herb		<i>Arabis bijuga</i>	Wild	Forest	Plenty	Rare	Gastro-intestinal problems,dysentry & stomach ache	Whole part
Herb		<i>Arcyosperma primulifolium</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Barbarea vulgaris</i>	Wild	Forest	Plenty	Rare	Edible,,used as a salads	Leaves
Herb		<i>Cardamine macrophylla</i>	Wild	Forest	Plenty	Rare	Medicinal uses, as a vegetable	Leaves, Flowers
Herb		<i>Crucihimalaya himalaica</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Crucihimalaya mollissima</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Erysimum hieraciifolium</i>	Wild	Forest	Plenty	Rare	Edible	Leaves
Herb		<i>Hesperis matronalis</i>	Wild	Forest	Plenty	Rare	Treatment of Scurvy,oil used in perfumery	Leaves, Flowers
Herb		<i>Lepidium virginicum</i>	Wild	Forest	Plenty	Rare	To treat vitamin-C deficiency,pains & diabetes	Whole part
Herb		<i>Raphanus sativus</i>	Cultivated	Forest	Plenty	Rare	To treat constipation,chronic tracheitis & hypertension	Leaves root
Herb		<i>Sisymbrium irio</i>	Wild	Forest	Plenty	Rare	Edible,Treat cough & chest congestion, Rh & clean wounds	Leaves, Flowers
Herb		<i>Thlaspi arvense</i>	Wild	Forest	Plenty	Rare	Antidote,Blood tonic	Seed, Leaf
Herb		<i>Thlaspi cochleariforme</i>	Wild	Forest	Plenty	Rare	Treated chronic problems related to menses	Leaves, Flowers
Shrub		<i>Sarcococca pruniformis</i>	Wild	Forest	Plenty	Rare	Laxative,blood purifier	Leaves, Root
Herb		<i>Campanula aristata</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Campanula cana</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Campanula latifolia</i>	Wild	Forest	Plenty	Rare	Local use as a food & medicine	Whole part
Herb		<i>Campanula pallida</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Codonopsis clematidea</i>	Wild	Forest	Plenty	Rare	Increase red & white blood cells counts & promote blood circulation	Leaves, Flowers
Herb		<i>Codonopsis ovata</i>	Wild	Forest	Plenty	Rare	Treatment of ulcers & wounds	Leaves, Flowers
Herb		<i>Cyananthus lobatus</i>	Wild	Forest	Plenty	Rare	Laxative, treatment of serous disorders & constipation	Leaves, Root
Shrub		<i>Abelia triflora</i>	Wild	Forest	Plenty	Rare	Used as a wood,walking sticks	Whole part
Shrub		<i>Lonicera oblate</i>	Wild	Forest	Plenty	Rare	Used for digestive disorders,including pain & swelling	Aerial Part
Shrub		<i>Scabiosa speciosa</i>	Wild	Forest	Plenty	Rare	To treat heel cracks,liver diseases	Leaves
Herb		<i>Arenaria bryophylla Fernald</i>	Wild	Forest	Plenty	Rare	useful in diarrhoea & vomiting	Aerial Part
Herb		<i>Cerastium cerastoides (L.) Britton</i>	Wild	Forest	Plenty	Rare	Anti bacterial activity	Flowers, stem
Herb		<i>Cerastium fontanum Baumg</i>	Wild	Forest	Plenty	Rare	Edible	Flowers, stem
Herb		<i>Dianthus angulatus Baumg</i>	Wild	Forest	Plenty	Rare	Used as a tonic for urinary system,digestive system & bowls	Leaves
Herb		<i>Gypsophila cerastoides D.Don</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Myosoton aquaticum (L.) Moench</i>	Wild	Forest	Plenty	Rare	Treatment of fistula	Flowers, Seeds

Herb		<i>Minuartia kashmirica</i> (Edgew. & Hook. f.) Matf.	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Silene conoidea</i> L.	Wild	Forest	Plenty	Rare	Herbal Medicines	Flowers
Herb		<i>Silene gonosperma</i> (Rupr.) Bocquet	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Silene indica</i> var. <i>edgeworthii</i> (Bocquet) Y.J.Nasir	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Silene indica</i> (Roxb.) Roxb. ex Oth	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Stellaria decumbens</i> Edgew.	Wild	Forest	Plenty	Rare	Leaf vegetable, Salad	Leaf, Flower
Herb		<i>Parnassia nubicola</i> Wall. ex Royle	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Euonymus hamiltonianus</i> Wall	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Anaphalis nepalensis</i> (Spreng.) Hand.-Mazz.	Wild	Forest	Plenty	Rare	Respiratory problems including asthma, cough etc.	Flowers
Herb		<i>Anaphalis triplinervis</i> (Sims) C. B. Clarke	Wild	Forest	Plenty	Rare	Emilepsy, laceration of toes & wounds	Flowers
Herb		<i>Anaphalis margaritacea</i> L.	Wild	Forest	Plenty	Rare	Diarrhoea, dysentery, Rh, joints	Flowers
Herb		<i>Artemisia dubia</i> Wall.	Wild	Forest	Plenty	Rare	Cuts & wounds	Leaves
Herb		<i>Artemisia scoparia</i> Waldst. & Kitam.	Wild	Forest	Plenty	Rare	Anticeptic, Antipyretic	Leaves
Herb		<i>Artemisia vestita</i> Wall. ex Besser	Wild	Forest	Plenty	Rare	Inflammatory diseases	Leaves
Herb		<i>Aster diplostephioides</i> (DC.) C. B. Clarke	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Aster falconeri</i> (C. B. Clarke) Hutch.	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers, Root
Herb		<i>Aster flaccidus</i> Bunge	Wild	Forest	Plenty	Rare	Tuberculosis & pertussis	Flowers, Root
Herb		<i>Aster molliusculus</i> (Lindl. ex DC.) C.B. Clarke	Wild	Forest	Plenty	Rare	Antibacterial, skin infection, ulcers & wounds	Flowers, Root
Herb		<i>Aster thomsonii</i> C.B. Clarke	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers, Root
Herb		<i>Carduus edelbergii</i> Rech.f.	Wild	Forest	Plenty	Rare	Traditional Medicines	Flower, Leaf
Herb		<i>Cicerbita macrorhiza</i> (Royle) Beauverd	Wild	Forest	Plenty	Rare	Fever	Whole part
Herb		<i>Conyza japonica</i> (Thunb.) Less. ex DC.	Wild	Forest	Plenty	Rare	Food flavouring	Aerial Part
Herb		<i>Cremanthodium decaisnei</i> C.B. Clarke	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Cremanthodium ellisii</i> (Hook.f.) Kitam.	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers

Herb		<i>Crepis sancta L. (Bornm)</i>	Wild	Forest	Plenty	Rare	Edible, salad	Leaves
Herb		<i>Erigeron bellidioides (Buch.-Ham. ex D. Don) Benth. C. B. Clarke</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Erigeron multiradiatus (Lindl. ex DC.) Benth. ex C. B. Clarke</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Gnaphalium stewartii C.B. Clarke</i>	Wild	Forest	Plenty	Rare	Sciatica, Rh pain	Leaves, Flowers
Herb	Sunflower	<i>Helianthus annuus L.</i>	Cultivated	Forest	Plenty	Rare	High fever, snake bite	Leaf, Seed
Herb	Pushkarmula	<i>Inula grandiflora Willd.</i>	Wild	Forest	Plenty	Rare	Chronic bronochits & Rh	Rhizomes
Herb	Gomchooi	<i>Ligularia fischeri (Ledeb.) Turcz.</i>	Wild	Forest	Plenty	Rare	Jaundice, Rh, Hepatic disease	Leaves, Flowers
Herb		<i>Sonchus asper (L.) Hill</i>	Wild	Forest	Plenty	Rare	Anti-bacterial & Anti-fungal	Leaves
Herb		<i>Tanacetum dolichophyllum Kitam.</i>	Wild	Forest	Plenty	Rare	Fever, migrana, headache, Rh	Flowers
Herb		<i>Tanacetum tibeticum Hook.f. &amp; Thomson</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Tussilago farfara L.</i>	Wild	Forest	Plenty	Rare	Disorder of the respiratory tract, skin, cold	Leaf
Herb		<i>Waldheimia glabra (Decne.) Regel</i>	Wild	Forest	Plenty	Rare	Influenza virus & anti complementry extract	Leaves, Flowers
Herb		<i>Waldheimia tomentosa (Decne.) Regel</i>	Wild	Forest	Plenty	Rare	Stomach ache problem	Leaves, Flowers
Herb		<i>Youngia japonica (L.) DC.</i>	Wild	Forest	Plenty	Rare	Boils & snake bites	Leaves, Flowers
Herb		<i>Rhodiola heterodonta (Hook. f. &amp; Thomson) Boriss.</i>	Wild	Forest	Plenty	Rare	Anxiety, fituge & dipression	Rhizomes
Herb		<i>Rhodiola wallichiana (Hook.) S.H. Fu</i>	Wild	Forest	Plenty	Rare	Anxiety, fituge & dipression	Leaves, Flowers
Herb		<i>Rosularia alpestris (Kar. &amp; Kir.) Boriss.</i>	Wild	Forest	Plenty	Rare	Ornamental garden plants, Traditional Medicines	Whole part
Climber		<i>Cucumis sativus L.</i>	Cultivated	Forest	Plenty	Rare	Blemished skin, heart rash, burns, sores	Whole part
Climber		<i>Cucurbita pepo L.</i>	Cultivated	Forest	Plenty	Rare	Anti inflamentry, anti viral, anti ulcer	Whole part
Shrub		<i>Datisca cannabina L.</i>	Wild	Forest	Plenty	Rare	Treatment of Rh	Root
Herb		<i>Equisetum arvense L.</i>	Wild	Forest	Plenty	Rare	Stop bleeding, heal ulcer & wounds	Whole part
Shrub		<i>Gaultheria trichophylla Royle</i>	Wild	Forest	Plenty	Rare	Anti oxidant & anti inflamentry	Whole part
Herb		<i>Euphorbia cornigera Boiss.</i>	Wild	Forest	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers
Herb		<i>Euphorbia thomsoniana Boiss.</i>	Wild	Forest	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers
Tree		<i>Quercus baloot Griff.</i>	Wild	Forest	Plenty	Rare	Anti bacterial potential	Whole part
Tree		<i>Quercus semecarpifolia Sm.</i>	Wild	Forest	Plenty	Rare	Diarrhoea, dysentry	Whole part
Herb		<i>Gentiana cacheririca Decne.</i>	Wild	Forest	Plenty	Rare	Digession problem	Leaves, Flowers

Herb		<i>Gentiana ornata (D.Don) Wall. ex Griseb.</i>	Wild	Forest	Plenty	Rare	Diarrhoea, dysentery	Leaves, Flowers
Herb		<i>Gentiana phyllocalyx C.B Clarke</i>	Wild	Forest	Plenty	Rare	Diarrhoea, dysentery	Leaf, sepal
Herb		<i>Gentiana tianschanica Rupr. ex Kusn.</i>	Wild	Forest	Plenty	Rare	Digestion problem	Whole part
Herb		<i>Gentianella moorcroftiana (Wall. ex Griseb.) Airy Shaw</i>	Wild	Forest	Plenty	Rare	Cold cough, nausea	Leaf
Herb		<i>Jaeschkea oligosperma Knobl.</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Swertia ciliata (D. Don ex G. Don) B.L. Burt</i>	Wild	Forest	Plenty	Rare	Skin diseases, cancer	Whole part
Herb		<i>Swertia petiolata Royle ex D.Don</i>	Wild	Forest	Plenty	Rare	Inflammation of the liver & high blood pressure	Whole part
Herb		<i>Swertia speciosa G.Don</i>	Wild	Forest	Plenty	Rare	Asthma, liver disorder	Root
Herb		<i>Erodium cicutarium L. (L.) Her</i>	Wild	Forest	Plenty	Rare	Typhoid, fever	Whole part
Herb		<i>Geranium lambertii Sweet</i>	Wild	Forest	Plenty	Rare	Skin problem, reduces stress	Dried leaves
Herb		<i>Geranium himalayense Klotzsch</i>	Wild	Forest	Plenty	Rare	Garden uses, beds & borders	Whole part
Herb		<i>Geranium nepalense Sweet</i>	Wild	Forest	Plenty	Rare	Nervous diseases, pains, Rh	Whole part
		<i>Geranium pusillum L.</i>		Forest	Plenty	Rare	Used as an Anodyne, Astringent	Whole part
Herb		<i>Geranium rotundifolium L.</i>	Wild	Forest	Plenty	Rare	Used as an Anodyne, Astringent	Whole part
Herb		<i>Geranium wallichianum D.Don ex Sweet</i>	Wild	Forest	Plenty	Rare	Peptic ulcers, cure toothache	Whole part
Shrub		<i>Ribes nigrum L.</i>	Wild	Forest	Plenty	Rare	Useful in allergy, fatigue, rhinitis	Whole part
Shrub		<i>Ribes himalayense Royle ex Decne.</i>	Wild	Forest	Plenty	Rare	Used as food & medicine	Fruit
Herb		<i>Hypericum japonicum Thunb.</i>	Wild	Forest	Plenty	Rare	Asthma & dysentery	Leaves, Flowers
Shrub		<i>Philadelphus tomentosus Wall ex G. Don</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Ajuga integrifolia Buch.-Ham.</i>	Wild	Forest	Plenty	Rare	Diarrhea, Malaria	Leaf
Herb		<i>Clinopodium vulgare L.</i>	Wild	Forest	Plenty	Rare	Overcome weak digestion	leaves
Herb		<i>Elsholtzia ciliata (Thunb.) Hyl.</i>	Wild	Forest	Plenty	Rare	Common cold, fevers, headache	Whole part
Shrub		<i>Isodon rugosus (Wall. ex Benth.) Codd</i>	Wild	Forest	Plenty	Rare	Tooth ache, gastric pain,	Whole part
Herb		<i>Lamium album L.</i>	Wild	Forest	Plenty	Rare	Abnormal vaginal discharge, & to relieve painful periods	Leaves, Flowers
Herb		<i>Leonurus cardiaca L.</i>	Wild	Forest	Plenty	Rare	Gynecological afflictions	Seed

Herb		<i>Mentha arvensis L.</i>	Wild	Forest	Plenty	Rare	Diarrhea & Dysentery, stomach problem	Leaves
Herb	Soyabean	<i>Glycine max (L.) Merr.</i>	Cultivated	Forest	Plenty	Rare	Treatment of oedema, dysuria	Seed
Shrub		<i>Indigofera hebeptala Baker</i>	Wild	Forest	Plenty	Rare	Edible	Fruit, flower
Herb		<i>Lotus corniculatus L.</i>	Wild	Forest	Plenty	Rare	Anti-inflammatory, Skin inflammation	Flowers
Shrub		<i>Robinia pseudoacacia L.</i>	Wild	Forest	Plenty	Rare	Wounds, Pain reliever	Dried leaves
Herb		<i>Trifolium pratense L.</i>	Wild	Forest	Plenty	Rare	Antispasmodic, Anti-inflammatory	Leaves flower
Herb		<i>Trifolium repens L.</i>	Wild	Forest	Plenty	Rare	Gout, Cough, Eyewash	Leaves flower
		<i>Vicia rigidula Royle</i>		Forest	Plenty	Rare	Weight loss	Leaves flower
Herb		<i>Fritillaria roylei Hook.</i>	Wild	Forest	Plenty	Rare	Anti-Asthmatic, Anti- Rh	Root
Herb		<i>Gagea lutea</i>	Wild	Forest	Plenty	Rare	Used as food	Bulbs, leaves
Herb		<i>Lilium polyphyllum D.Don</i>	Wild	Forest	Plenty	Rare	Diuretic, Anti-pyruetic	Bulbs
Herb		<i>Tulipa clusiana DC.</i>	Wild	Forest	Plenty	Rare	Edible as oil	Whole part
Herb		<i>Lavatera cachemiriana Cambess.</i>	Wild	Forest	Plenty	Rare	Throat problem, mild laxative	Leaf, Flower
Tree		<i>Ficus carica L.</i>	Wild	Forest	Plenty	Rare	Respiratory problems, Anti-inflammatory	Fruit, leaves
Tree		<i>Morus alba L.</i>	Wild	Forest	Plenty	Rare	Asthma, Bronchitis	Bark
Climber		<i>Jasminum humile L.</i>	Wild	Forest	Plenty	Rare	Heart bowels, Astringent	Roots, Flower
Climber		<i>Jasminum officinale L.</i>	Wild	Forest	Plenty	Rare	Hepatitis, Diarrhea, Cancer treatment	Flower
Shrub		<i>Syringa emodi Wall. ex. Royle.</i>	Wild	Forest	Plenty	Rare	Stomach treatment, intestinal problems	Seed, Fruit
Herb		<i>Epilobium angustifolium L.</i>	Wild	Forest	Plenty	Rare	Anti-septic, ulcers, inflammation	Whole part
Herb		<i>Epilobium latifolium L.</i>	Wild	Forest	Plenty	Rare	Analgesic, Antidote	Whole part
		<i>Epilobium royleanum Hausskn.</i>	Wild	Forest	Plenty	Rare	Treatment & prostate bladder	Whole part
Herb		<i>Calanthe tricarinata Lindl.</i>	Wild	Forest	Plenty	Rare	Asthma, Coughing	Leaves flower
Herb		<i>Cypripedium cordigerum D.Don</i>	Wild	Forest	Plenty	Rare	Fever, Backache	Fruit
Herb		<i>Epipactis helleborine (L.) Crantz</i>	Wild	Forest	Plenty	Rare	Ornamental use	Flower
Shrub		<i>Arundo donax L.</i>	Wild	Forest	Plenty	Rare	Basket making, Diuretic, Diaphoretic	Grass
Herb		<i>Bothriochloa ischaemum (L.) Keng</i>	Wild	Forest	Plenty	Rare	Agro-forestry use	Grass
Herb		<i>Bromus catharticus Vahl</i>	Wild	Forest	Plenty	Rare	Agro-forestry use	Grass
Herb		<i>Aquilegia fragrans Benth.</i>	Wild	Forest	Plenty	Rare	Sedative, Diarrhea, jaundice	Whole part
Herb		<i>Aquilegia nivalis Falc. ex B. D. Jacks.</i>	Wild	Forest	Plenty	Rare	Cough & Cold	Rhizomes
Herb		<i>Delphinium brunonianum Royle</i>	Wild	Forest	Plenty	Rare	Local Medicines, Use as oil	Whole part
Herb		<i>Delphinium cashmerianum Royle</i>	Wild	Forest	Plenty	Rare	Intestinal worms, insomnia	Roots
Herb		<i>Delphinium vestitum Wall. ex Royle</i>	Wild	Forest	Plenty	Rare	Cuts, Dysentery, Rh, Ulcers	Leaves

Herb		<i>Ranunculus distans</i> Royle	Wild	Forest	Plenty	Rare	Anti-Rh, Intermittent fever	Leaves
Herb		<i>Ranunculus hirtellus</i> Royle	Wild	Forest	Plenty	Rare	Curing swelling in testes	Leaves, Flowers
Herb		<i>Thalictrum cultratum</i> Wall.	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Thalictrum foliolosum</i> DC.	Wild	Forest	Plenty	Rare	Tonic diuretic, Snakebite, jaundice, Rh	Roots
Herb		<i>Thalictrum virgatum</i> Hook. & Thomson	Wild	Forest	Plenty	Rare	Fever, dysentery, Bloodshot eyes, sore throat	Root, Rhizomes
Herb		<i>Trollius acaulis</i> Lind.	Wild	Forest	Plenty	Rare	To make medicines	Whole part
Herb		<i>Potentilla cuneata</i> Wall. ex Lehm.	Wild	Forest	Plenty	Rare	Diarrhea, menstrial bleeding	Leaves, Flowers
Tree		<i>Populus ciliata</i> Wall. ex Royle	Wild	Forest	Plenty	Rare	Making boxes for packing purposes, furniture & cross beams	Whole part
Shrub	White/ Kashmir willow	<i>Salix alba</i> L.	Wild	Forest	Plenty	Rare	Cold, fever & joint pains	Bark, Stem
Herb	Sanjeevani	<i>Rhodiola fastigiata</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Guggi Van	<i>Pleurospermum candollei</i>	Wild	Forest	Plenty	Rare	Used in folk medicines	Whole part

**Format-19 : Wild Plant Species of Importance.**

1	2	3	4	5	6
S. No.	Local Name	Scientific Name	Variety	Importance (as economic, social, cultural etc.)	Status
1	Akhrot	<i>Juglans regia</i>	Broad Leave	Ecnomical & Social	Do exist
2	Hatab	<i>Parraotia jacquemontiana</i>	Broad Leave	Ecnomical & Social	Do exist
3	Phrast	<i>Populas alba</i>	Broad Leave	Ecnomical & Social	Do exist
4	Kiker	<i>Acacia nilotica</i>	Broad Leave	Ecnomical & Social	Do exist
5	Champ	<i>Alnus nitida</i>	Broad Leave	Ecnomical & Social	Do exist
6	Heru	<i>Quercus ilex</i>	Broad Leave	Ecnomical & Social	Do exist
7	Kolum	<i>Vibernum novasum</i>	Broad Leave	Ecnomical & Social	Do exist
8	Mohru	<i>Quercus floribunda</i>	Broad Leave	Ecnomical & Social	Do exist
9	Bren	<i>Ulmus wallichiana</i>	Broad Leave	Ecnomical & Social	Do exist
10	Moooin	<i>Artemisia meritima</i>	Broad Leave	Ecnomical & Social	Do exist
11	Boj Patar	<i>Betula utilis</i>	Broad Leave	Cultural & Social	Do exist
12	Pudina	<i>Mentha longifolia</i>	Broad Leave	Ecnomical & Social	Do exist
13	Socchal	<i>Malva neglecta</i>	Broad Leave	Ecnomical & Social	Do exist
14	Pamachari/Pamchalan	<i>Rheum australe</i>	Broad Leave	Ecnomical & Social	Do exist
15	Kuth	<i>Saussurea lappa</i>	Broad Leave	Ecnomical & Social	Do exist
16	Kakarsinghi	<i>Pistacia intergerrima</i>	Broad Leave	Ecnomical & Social	Do exist
17	Naghchatri	<i>Trillium govaniaum</i>	Broad Leave	Ecnomical & Social	Do exist
18	Ber	<i>Ziziphus mauritiane</i>	Broad Leave	Ecnomical & Social	Do exist
19	Plum	<i>Prunus persica</i>	Broad Leave	Ecnomical & Social	Do exist
20	Zakhamahayat	<i>Sexifraga ligulata</i>	Broad Leave	Ecnomical & Social	Do exist
21	Jangli angoor	<i>Vitis vinefera</i>	Broad Leave	Ecnomical & Social	Do exist
22	Jangli gulab	<i>Rosa maschata</i>	Broad Leave	Ecnomical & Social	Do exist
23	Agg jari	<i>Saxifraga jacquemontiana</i>	Broad Leave	Ecnomical & Social	Do exist
24	Ban tambaku	<i>Verbascum thapsus</i>	Broad Leave	Ecnomical & Social	Do exist



25	Banafsha	<i>Viola odorata</i>	Broad Leave	Ecnomical & Social	Do exist
26	Bankakdi	<i>Podophyllum hexandrum</i>	Broad Leave	Ecnomical & Social	Do exist
27	Belladonna	<i>Atropa belladonna</i>	Broad Leave	Ecnomical & Social	Do exist
28	Bhang	<i>Cannabis sativa</i>	Broad Leave	Ecnomical & Social	Do exist
29	Bhutyata	<i>Corydalis govaniana</i>	Broad Leave	Ecnomical & Social	Do exist
30	Brand	<i>Phytolacca acinosa</i>	Broad Leave	Ecnomical & Social	Do exist
31	Chalander	<i>Viburnum grandiflorum</i>	Broad Leave	Ecnomical & Social	Do exist
32	Chora	<i>Angelica glauca</i>	Broad Leave	Ecnomical & Social	Do exist
33	Chukri	<i>Rheum australe</i>	Broad Leave	Ecnomical & Social	Do exist
34	Chuku	<i>Oxalis corniculata</i>	Broad Leave	Ecnomical & Social	Do exist
35	Dand jari	<i>Rhodiola himalensis</i>	Broad Leave	Ecnomical & Social	Do exist
36	Dhad Kopdi	<i>Bergenia stracheyi</i>	Broad Leave	Ecnomical & Social	Do exist
37	Feku	<i>Ficus palmata</i>	Broad Leave	Ecnomical & Social	Do exist
38	Gaddo	<i>Salvia moorcroftiana</i>	Broad Leave	Ecnomical & Social	Do exist
39	Guggal	<i>Jurinea dolomiaea</i>	Broad Leave	Ecnomical & Social	Do exist
40	Gul-e-snohar	<i>Geranium wallichianum</i>	Broad Leave	Ecnomical & Social	Do exist
41	Hamesh bahar	<i>Calendula officinalis</i>	Broad Leave	Ecnomical & Social	Do exist
42	Handh	<i>Taraxacum officinale</i>	Broad Leave	Ecnomical & Social	Do exist
43	Hillu	<i>Impatiens glandulifera</i>	Broad Leave	Ecnomical & Social	Do exist
44	Jarjam	<i>Sanecio chrysanthemoides</i>	Broad Leave	Ecnomical & Social	Do exist
45	Kaimal	<i>Berberis lyceum</i>	Broad Leave	Ecnomical & Social	Do exist
46	Kala zeera	<i>Bunium persicum</i>	Broad Leave	Ecnomical & Social	Do exist
47	Kahjuban	<i>Arnebia benthami</i>	Broad Leave	Ecnomical & Social	Do exist
48	Kalishadi	<i>Daphne oleoides</i>	Broad Leave	Ecnomical & Social	Do exist
49	Kanhaji	<i>Sorbaria tomentosa</i>	Broad Leave	Ecnomical & Social	Do exist
50	Kareel Kaimbul	<i>Berberis aristata</i>	Broad Leave	Ecnomical & Social	Do exist
51	Kesar	<i>Crocus sativus</i>	Broad Leave	Ecnomical & Social	Do exist
52	Kim	<i>Morina longifolia</i>	Broad Leave	Ecnomical & Social	Do exist
53	Kinns	<i>Dioscorea deltoidea</i>	Broad Leave	Ecnomical & Social	Do exist

54	Kour	<i>Picrorhiza Kurrooa</i>	Broad Leave	Ecnomical & Social	Do exist
55	Kuppad jari	<i>Sedum ewersii</i>	Broad Leave	Ecnomical & Social	Do exist
56	Mooiin	<i>Artemisa maritime</i>	Broad Leave	Ecnomical & Social	Do exist
57	Mori	<i>Delphinium roylei</i>	Broad Leave	Ecnomical & Social	Do exist
58	Mulam	<i>Inula royeleana</i>	Broad Leave	Ecnomical & Social	Do exist
59	Murma	<i>Valeriana dubia</i>	Broad Leave	Ecnomical & Social	Do exist
60	Nag Rus	<i>Acorus calamus</i>	Broad Leave	Ecnomical & Social	Do exist
61	Neel Kanth	<i>Ajuga bracteosa</i>	Broad Leave	Ecnomical & Social	Do exist
62	Nichni	<i>Rhododendron campannalatum</i>	Broad Leave	Ecnomical & Social	Do exist
63	Patrishi	<i>Aconitum heterophyllum</i>	Broad Leave	Ecnomical & Social	Do exist
64	Postul	<i>Taxus baccata</i>	Broad Leave	Ecnomical & Social	Do exist
65	Sapp Google	<i>Arisaema flavum</i>	Broad Leave	Ecnomical & Social	Do exist
66	Shemar	<i>Desmodium elegans</i>	Broad Leave	Ecnomical & Social	Do exist
67	Sheshak	<i>Rhabdosia rugosa</i>	Broad Leave	Ecnomical & Social	Do exist
68	Shutenger	<i>Rhododendren anthopogon</i>	Broad Leave	Ecnomical & Social	Do exist
69	Suchal	<i>Malva neglecta</i>	Broad Leave	Ecnomical & Social	Do exist
70	Tatnu	<i>Caltha palustris</i>	Broad Leave	Ecnomical & Social	Do exist
71	Avens	<i>Geum elatum</i>	Broad Leave	Ecnomical & Social	Do exist
72	Baby's breath	<i>Gypsophila cerastioides</i>	Broad Leave	Ecnomical & Social	Do exist
73	Black Henbit, Henbane,	<i>Hyoscyamus niger</i>	Broad Leave	Ecnomical & Social	Do exist
74	Bladder Champion	<i>Silene vulgaris</i>	Broad Leave	Ecnomical & Social	Do exist
75	Burdock	<i>Arctium lappa</i>	Broad Leave	Ecnomical & Social	Do exist
76	Cinquefoil	<i>Potentilla argyrophylla</i>	Broad Leave	Ecnomical & Social	Do exist
77	Cow Parsnip	<i>Heracleum candicans</i>	Broad Leave	Ecnomical & Social	Do exist
78	Crame's bill flower	<i>Geranium pratense</i>	Broad Leave	Ecnomical & Social	Do exist
79	Cudweed	<i>Gnaphalium hypoleucum</i>	Broad Leave	Ecnomical & Social	Do exist
80	Dandelion	<i>Taraxacum officinale</i>	Broad Leave	Ecnomical & Social	Do exist
81	Darnel grass	<i>Lolium temulentum</i>	Broad Leave	Ecnomical & Social	Do exist
82	Foreget-me-Not	<i>Myosotis sylvatica</i>	Broad Leave	Ecnomical & Social	Do exist

83	Golden Rod	<i>Solidago virgaurea</i>	Broad Leave	Ecnomical & Social	Do exist
84	Granny's Bonnet	<i>Aquilegia fragrans</i>	Broad Leave	Ecnomical & Social	Do exist
85	Groundsel	<i>Senecio chrysanthemoides</i>	Broad Leave	Ecnomical & Social	Do exist
86	Helleborine	<i>Epipactis latifolia</i>	Broad Leave	Ecnomical & Social	Do exist
87	Helleborine Orchid	<i>Epipactis wallichii</i>	Broad Leave	Ecnomical & Social	Do exist
88	Hound's Tongue	<i>Cynoglossum zeylanicum</i>	Broad Leave	Ecnomical & Social	Do exist
89	Kashmir Sage	<i>Salvia hians</i>	Broad Leave	Ecnomical & Social	Do exist
90	Larkspur	<i>Delphinium vestitum</i>	Broad Leave	Ecnomical & Social	Do exist
91	May Apple	<i>Podophyllum hexandrum</i>	Broad Leave	Ecnomical & Social	Do exist
92	Milkvetch	<i>Astragalus</i>	Broad Leave	Ecnomical & Social	Do exist
93	Millfoil	<i>Achillea millefolium</i>	Broad Leave	Ecnomical & Social	Do exist
94	Mountain Sorrel	<i>Oxyria digyna</i>	Broad Leave	Ecnomical & Social	Do exist
95	Nepal Cinquefoil	<i>Potentilla nepalensis</i>	Broad Leave	Ecnomical & Social	Do exist
96	Nepal Dock	<i>Rumex nepalensis</i>	Broad Leave	Ecnomical & Social	Do exist
97	Northern Bedstraw	<i>Galium boreale</i>	Broad Leave	Ecnomical & Social	Do exist
98	Pink Evening Primrose	<i>Oenothera rosea</i>	Broad Leave	Ecnomical & Social	Do exist
99	Red Clover	<i>Trifolium pretense</i>	Broad Leave	Ecnomical & Social	Do exist
100	Rock splitter	<i>Bergenia stracheyi</i>	Broad Leave	Ecnomical & Social	Do exist
101	Silky Woundwort	<i>Stachys sericea</i>	Broad Leave	Ecnomical & Social	Do exist
102	St. John's Wort	<i>Hypericum perforatum</i>	Broad Leave	Ecnomical & Social	Do exist
103	Sun Spurge,	<i>Euphorbia helioscopia</i>	Broad Leave	Ecnomical & Social	Do exist
104	Touch me not	<i>Impatiens thomsonii</i>	Broad Leave	Ecnomical & Social	Do exist
105	Wallich's Willow Herb	<i>Epilobium wallichianum</i>	Broad Leave	Ecnomical & Social	Do exist
106	White spotted Lousewort	<i>Pedicularis punctata</i>	Broad Leave	Ecnomical & Social	Do exist
107	Wild Indigo	<i>Indigofera heterantha</i>	Broad Leave	Ecnomical & Social	Do exist
108	Wild Lettuce	<i>Lactuca longifolia</i>	Broad Leave	Ecnomical & Social	Do exist
109	Wild Rose	<i>Rosa webbiana</i>	Broad Leave	Ecnomical & Social	Do exist
110	Wild Strawberry	<i>Fragaria nubicola</i>	Broad Leave	Ecnomical & Social	Do exist

**Format 20: Aquatic Biodiversity**

1	2	3	4	5	6	7	8	9	10	
Local Name	Scientific Name	Variety	Features	Habitat	Local Status		Uses	Associated TK	Other details	Community / Knowledge Holder
					Past	Present				
Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil

Other details may include mode of catching fish, time of availability, breeding time etc.

**Format-21 : Wild Aquatic Plant Species of Importance.**

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>S. No.</b>	<b>Local Name</b>	<b>Scientific Name</b>	<b>Variety</b>	<b>Importance</b>	<b>Trends</b>
<b>1</b>	-----Nil-----				
<b>2</b>					
<b>3</b>					

**Format-22 : Wild Plants of Medicinal Importance.**

1	2	3	4	5	6		7	8	9	10	11
Plant (Herb, Shrub, Tree)	Local Name	Scientific Name	Variety	Landscape/Habitat	Local status		Associated TK	Uses (usage)	Part used	Other details market/own use	Community Knowledge Holder
					Past	Present					
Herb	<b>Kanees</b>	<i>Dioscorea deltoidea</i>	Wild	Low Lands	Abundant	Rare	Local having good knowledge with respect to identification of the species and their uses.	Rhematoid	Roots	Medicinal use	Zamindars living in the vicinity of the forest are well versed with the medicinal uses of NTFPs found in the forest
	<b>Handh</b>	<i>Taraxacum officinale</i>						Anti rheumatic	leaves / Roots	Medicinal use	
	<b>Bunafsha</b>	<i>Viola serpens</i>						Cough/cold Treatment	Flowers	Medicinal use	
	<b>Sonf</b>	<i>Foeniculum vulgare</i>						Constipation	seeds	Also used as Flavouring agent	
	<b>Pumchalam</b>	<i>Rheom australe</i>						Cuts/Wounds healing	Roots	Medicinal use	
	<b>Soyi</b>	<i>Urtica dioica</i>		To Heal Cuts/ wounds				Roots	Causes acute skin Allergy		
	<b>Mushak bala</b>	<i>Valeriana wallchi</i>		Insomnia, stress				Roots	Medicinal use		
	<b>Hebel</b>	<i>Rumex sprengel</i>		To Heal Cuts/ Wounds				Leaves/stemp	Medicinal use		
	<b>Pudina</b>	<i>Mentha longifolia</i>		Cooling Medicine				Leaves	Also used cooling Mouth Freshner		
	<b>Mooiin</b>	<i>Artemisia meritima</i>		Stomach problems				leaves	Medicinal use		
Trees	<b>khori/Dun</b>	<i>Juglanas regia</i>	wild/ Home grown	Low Lands	Abundant	Rare	Local having good knowledge with respect to identification of the species and their uses.	to treat toothache	Leavrs, bark, Pericarp	Medicinal use	
	<b>Gugu</b>	<i>Asculus indica</i>						to Treat rheumatism	seeds	Medicinal use	
	<b>Feku</b>	<i>Ficus palmata</i>						To Trat skin dieases	Latex fruit	Medicinal use	
Shurb	<b>Khumblai</b>	<i>Berberis aristata</i>	wild/ Home grown	Low Lands	Abundant	Rare	Local having good knowledge with respect to identification of the species and their uses.	Laxative	Roots	Also Used as fencing	
	<b>Anardana</b>	<i>Punica granatum</i>						To traet juandice	seeds	Pericarp Used as dye	
	<b>Neel Kanth</b>	<i>Ajuga bracteosa</i>						Malarial fever/Gastric problem	leaves	Medicinal use	
	<b>Parontha</b>	<i>Viscum album</i>						used to increase milk Production	leaves	Medicinal use	
	<b>Bhang</b>	<i>Cannabis sativa</i>						Narcotic	seeds/Leaves	Medicinal use	
	<b>Datura</b>	<i>Datura stramonium</i>						totreat headache,joint pain	seeds	Medicinal use	
<b>Mooiin</b>	<i>Artemisa vulgaris</i>	Stomach and intsetinal infection	leaves	Medicinal use							

**Format 23: Wild relatives of Crops**

1	2	3	4	5		6	7	8	9	10
Local Name	Scientific Name	Associated crop	Landscape / Habitat	Local Status		Uses (usage)	Part Used	Associated TK	Other details	Community / Know holder
				Past	Present					

Note: Other details may include 'function as a substitute plant' in the absence of a particular plant.

**Format 24: Ornamental Plants**

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>Local Name</b>	<b>Scientific Name</b>	<b>Variety</b>	<b>Habitat</b>	<b>Commercial / Non-commercial Uses</b>	<b>Associated TK</b>	<b>Any other Detail</b>	<b>Community/ Knowledge Holder</b>
Gulab	<i>Rosa indica</i>						



**Format-25 : Fumigate/ Chewing Plants.**

1	2	3	4	5	6		7	8	9	10	11
Plant (Herb, Shrub, Tree)	Local Name	Scientific Name	Variety	Habitat	Local status		Uses (usage)	Part used	Associated TK	Other details (mode of use)	Community Knowledge Holder
					Past	Present					
Herb	Sonf/Bodiyana	<i>Foeniculum vulgare</i>	Broad Leaved	Low land	Plenty	lessAbundant	Constipation traetment	Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area
	Jungli pudina	<i>Mentha longifolia</i>					Cooling medicine	Leaves			
	Kim	<i>Morima longifolia</i>					to avoid insect damage to garments	Rhizomes			
	Bantambaku	<i>Verbascum thapsus</i>					Narcotic	Leaves			
Shrub	Bhang	<i>Cannabis sativa</i>					Do	leaves			
Herb	Dhoop	<i>Jurinea dolomiaea</i>					Religious/cultural/Medicine				
Trees	Khor/Dun	<i>Juglanas regia</i>					Tooth ache	Leaves pericarp			
Trees	Pear				Plentty	Plenty	Tooth ache				
Trees	Peach				Plentty	Plenty	Tooth ache				

**Format-26 : Timber Plants.**

1	2	3	4		5	6	7	8
Local Name	Scientific Name	Habitat	Local status		Other Uses, if any	Associated TK	Other Details	Community Knowledge Holder
			Past	Present				
Trees	<b>Kail</b>	<i>Pinus wallichiana</i>	Plenty	Rare	less abundant	Wild	Firewood	Inhabitants of the area.
	<b>Kiker</b>	<i>Acacia nilotica</i>	Plenty	Rare	less abundant	Wild	Fuel wood, fodder	
	<b>Diyar</b>	<i>Cedrus deodara</i>	Plenty	Rare	less abundant	Wild	Firewood, Cedar oil	
	<b>Khor/Dun</b>	<i>Juglans regia</i>	Plenty	Rare	less abundant	Wild/homegrown	Firewood,medicine	
	<b>Phrast</b>	<i>Populus alba</i>	Plenty	Rare	less abundant	Wild/homegrown	Firewood,Fodder	
	<b>Champ</b>	<i>Alnus nitida</i>	Plenty	Rare	less abundant	Wild/homegrown	Firewood,fodder	
	<b>Fir</b>	<i>Abies pindrow</i>	Plenty	Rare	less abundant	Wild	Firwood/timber	
	<b>Spruce</b>	<i>Picea smithana</i>	Plenty	Rare	less abundant	Wild	Firwood/timber	
	<b>Kharshu</b>	<i>Quercus semecarpifolia</i>	Plenty	Rare	less abundant	Wild	Firwood	
	<b>Heru</b>		Plenty	Plenty			Firewood	Locals
	<b>Mohru</b>		Plenty	Plenty			Firewood	Locals
	<b>Chinar</b>		Plenty	Plenty				Locals
	<b>Kahu</b>		Plenty	Plenty			Fodder	Locals

	<b>Bren</b>		Plenty	Plenty			Fodder	Locals
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**Format-28 : Wild Animals (Mammals, Birds, Reptiles, Amphibia, Insects, others).**

1	2	3	4	5	6	7		8	9	10	11	12
Animal Type	Local Name	Scientific Name	Habitat	Description	Session when seen	Local status		Uses (if any)	Associated TK	Mode of Hunting, collecting (if any)	Other details	Community Knowledge Holder
						Past	Present					
Mammal	Suh/Leopard	<i>Panthera pardus</i>	High altitude	Fur with dark rosettes	Both summer/ winter	Plenty	Rare					
	Pijad	<i>Capra aegagrus</i>	High altitude	Resembles goat	winter	Plenty	Rare					
	Jungli billi	<i>Felis chaus</i>	Lower scrub Forest	Grey , light brown in colour	winter	Plenty	Rare					
	Jackal/ Gidur	<i>Canis aureus</i>	Around Habitation	Nocturnal	winter	Plenty	Rare					
	Reech/ Bhalu	<i>Ursus americanus</i>	High altitude	Omnivore	winter	Plenty	Rare					
	Snow leopard	<i>Unica unica</i>	High altitude		throughout year							
	Leopard cat	<i>Prionailurus bengalensis</i>	High altitude		throughout year							
	Eurasian lynx	<i>Lynx lynx</i>	High altitude		throughout year							
	Grey wolf	<i>Canis lupus</i>	High altitude		throughout year							
	Red fox	<i>Vulpus vulpus</i>	High altitude		throughout year							
	Himalayan Brown Bear	<i>Ursus arctos</i>	High altitude		throughout year							
	Eurasian Black Bear	<i>Ursus thibetanus</i>	High altitude		throughout year							
	Himalayan weasel	<i>Mustela siberica</i>	High altitude		throughout year							
	Himalayan stoat	<i>Mustela ermine</i>	High altitude		throughout year							
Beach or stone weasel	<i>Martes foina</i>	High altitude		throughout year								

	<b>Yellow-throated marten</b>	<i>Martes flavigula</i>	High altitude		throughout year			Necessary for maintenance of Ecological balance		Prohibited	Locals having good knowledge with respect to their identification
	<b>Pine martin</b>	<i>Martes martes</i>	High altitude		throughout year						
	<b>Eurasian otter</b>	<i>Lutra lutra</i>	High altitude		throughout year						
	<b>Kashmir Musk deer</b>	<i>Moscus cupreus</i>	High altitude		throughout year						
	<b>Alpine ibex</b>	<i>Capra ibex</i>	High altitude		throughout year						
	<b>Himalayan goral</b>	<i>Nemorhaedus flavigula</i>	High altitude		throughout year						
	<b>Himalayan Tahr</b>	<i>Hermitragus jemlahicus</i>	High altitude		throughout year						
	<b>Kashmir grey langur</b>	<i>Semnopithecus ajas</i>	High altitude		throughout year						
	<b>Small Indian Mongoose</b>	<i>Herpestes auropunctatus</i>	High altitude		throughout year						
	<b>Monkey</b>	<i>Simiiformes catarrhini</i>	High altitude	Social	throughout year	Plenty	Rare				
<b>Rodents</b>	<b>Chuha</b>	<i>Mus booduga</i>	fields	Common in houses	throughout year	Plenty	Common				
	<b>Himalayan marmot</b>	<i>Marmota bobak</i>	Around Habitation		throughout year						
	<b>long -tailed marmot</b>	<i>Marmota caudate</i>	Around Habitation		throughout year						
	<b>Small Kashmir flying squirrel</b>	<i>Eoglaucomys fimbriatus</i>	Around Habitation		throughout year						
	<b>Himalayan mouse hare</b>	<i>Ochotona roylei</i>	Around Habitation		throughout year						
	<b>Short-Tailed Bandicoot Rat</b>	<i>Nesolia indica</i>	Around Habitation		throughout year						
	<b>Porcupine/ Shale</b>	<i>Hystrix indica</i>	Rocky Hills	Has sharp spikes	throughout year	Plenty	Common				
	<b>Saanp</b>	<i>Serpentes</i>	Rocky Hills	Limbless, carnivore with mobile jaw	Summer	Plenty	Common				
	<b>Himalayan pit viper</b>	<i>Agkistrodon himalayanus</i>			throughout year						

<b>Reptiles</b>	<b>Russell's viper</b>	<i>Viper russelii</i>			throughout year								
	<b>Common Skink</b>	<i>Lygosoma himalayanus</i>			throughout year								
	<b>Northern house gecko</b>	<i>Hemidactylus flaviviridis</i>			throughout year								
	<b>Chipkali</b>	<i>Lacertila</i>	Rocky Hills	Quadrepedal	Summer	Plenty	Common						
<b>Birds</b>	<b>Chidya</b>	<i>Passer domestica</i>	Around habitation	Feeds on seeds , weeds, grain	Through out Year	Plenty	Common						
	<b>Koel</b>	<i>Eudynamys scolopaceus</i>	Around habitation	Feeds on seeds , weeds, grain	Through out Year	Plenty	Common						
	<b>Tota</b>	<i>Alexandrine parakeet</i>	Around habitation	Feeds on seeds , weeds, grain	Through out Year	Plenty	Common						
	<b>kawa</b>	<i>Corvus</i>	Around habitation	Feeds on seeds , weeds, grain	Through out Year	Plenty	Common						
	<b>Cheel</b>	<i>Milvus migrans</i>	Migratory	Carvinore	Through out Year	Plenty	Common						
	<b>Chakor</b>	<i>Alectoris chukar</i>	lowlands		Through out Year	Abundant	Rare						
<b>Amphibian</b>	<b>Frog</b>	<i>Rana cyanophlictis</i>	Ponds, lakes		summer	Abundant	Common						
	<b>Toad</b>	<i>Bufo viridis</i>											
<b>Insects</b>	<b>Bichoo</b>	<i>Typhlochactas mitchelli</i>	Moist low land		summer	Abundant	Common						
	<b>Ttili</b>	<i>Rhopalocera</i>	low Lands	feeds on flowers nectar	summer	Abundant	Common						
	<b>Cockroach</b>	<i>Blattodea</i>	low Lands	waste Materila	summer	Abundant	Common						
	AS (Alpine Scrub)	RO (Rockey Outcrops)	AE (Ariel Edges)	GD (Garbage Dumps)	OH (Open Hill)								
	OS (Open Scrub)	TB (Temperate Broadleaf)	TC (Temperate Conifer)	RF (Riparian Forest)	UF (Urban Forest)	AQ (Aquatic Forest)							



AS (Alpine Scrub) RO (Rocky Outcrops) AE (Ariel Edges GD (Garbage Dump) OH ( Open House)  
OS (open Scrub) TB (Temperate Co. RF (Riparian fore UP (Urban Forest) AQ (Aqyatic Forest)

**Format-29 : Flora.**

1	2	3	4	5	6	7
S. No.	Local Name	Scientific Name	Type of Plants	Habitat	Flowering Season	Remarks (Rare/ Common etc.)
1	Deodar	<i>Cedrus deodara</i>	Tree	Forest	September to October	Rare
2	kail	<i>Pinus wallichiana</i>	Tree		September to October	Rare
3	Moojin	<i>Artemisa meritima</i>	Herbs		May June	Common
4	Drankh	<i>Melia azadirach</i>	Tree		April May	Common
5	Phrast	<i>Populus alba</i>	Tree		March April	Rare
6	Walnut	<i>Juglans regia</i>	Tree		March April	Common
7	Brahmi	<i>Taxus wallichiana</i>	Tree		September October	Common
8	Hum	<i>Fraxinus excelsior</i>	Tree		April May	Common
9	Gulab	<i>Rosa indica</i>	Shrub		April May	Common
10	Champ	<i>Alnus nitida</i>	Tree		April May	Common
11	Gugu	<i>Aesculus indica</i>	Tree		April May	Common
12	Apple	<i>Malus domestica</i>	Tree		April May	Common
13	Bhojpatra	<i>Betula utilis</i>	Tree		April May	Common
14	Heru	<i>Quercus ilex</i>	Tree		April May	Common
15	Moru	<i>Quercus floribunda</i>	Tree		April May	Common
16	Safeda	<i>Eucalyptus globulus</i>	Tree		April May	Common
17	Nashpati	<i>Pyrus communis</i>	Tree		April May	Common
18	Tulkul/Mulbary	<i>Morus alba</i>	Tree		April May	Common
19	Cher/Apricot	<i>Prunus domestica</i>	Tree		April May	Common
20	Chinar	<i>Platanus orientalis</i>	Tree		April May	Rare

Separate format should be used for road side plantation / Parks and Gardens / Housing estate / Commercial buildings / other institutional areas.

**Format-30 : Fauna.**

1	2	3	4	5	6
S. No.	Local Name	Scientific Name	Type of Animals (Mammals/ Birds/ Fish/ Insect etc.)	Habitat	Remarks (Rare/ Common etc.)
1	Leopard	<i>Panthera pardus</i>	Mammal	Forest	Rare
2	Jackal	<i>Canis aureus</i>	Mammal	Forest	Common
3	Black bear	<i>Ursus americanus</i>	Mammal	Forest	Rare
4	Shail/ Porcupine	<i>Hystris indica</i>	Mammal	Forest	Rare
5	Chuha/Rate	<i>Mus booduga</i>	Mammal	Home/forest	Common
6	Wild shawl	<i>Nudibranchs</i>	Mammal	Home/forest	Rare
7	Wild goat	<i>Capra aegagrus</i>	Mammal	Home/forest	Rare
8	Wild dog	<i>Lycan pictus</i>	Mammal	Home/forest	Rare
9	Wild fox	<i>Vulpes vulpes</i>	Mammal	Home/forest	Common
10	Wild cat	<i>Felis silvestris</i>	Mammal	Home/forest	Common
11	Chakor	<i>Alectoris chukar</i>	Bird	Home/forest	Rare
12	Pintail	<i>Anas acuta</i>	Bird	Every where	Rare
13	parrot	<i>Psittaciformes</i>	Bird	Every where	Rare
14	Pigeon	<i>Columbidae</i>	Bird	Every where	Rare
15	House Sparrow	<i>Passer domesticus</i>	Bird	Every where	Rare
16	Sparrow	<i>Passer domesticus</i>	Bird	Every where	Rare
17	crow	<i>Corvus</i>	Bird	Every where	Rare
19	Bearded Vulture	<i>Gypaetus barbatus</i>	Bird	AS, RO, AE	Rear
20	Black Kite	<i>Milvus migrans</i>	Bird	GD, PC, FD, AE	Rear
21	Black- eared Kite	<i>Milvus [migrans] lineatus</i>	Bird	GD, AE	Summer Visitors
23	Booted Eagle	<i>Hieraaetus pennatus</i>	Bird	PS, AE, RO	Winter Visitors
24	Cinereous vulture	<i>Aegyptius monachus</i>	Bird	TB, OH, AE	Winter Visitors
25	Eastern Imperial Eagle	<i>Aquila heliaca</i>	Bird	TC, OH, AE	Winter Visitors
27	Eurasian Sparrowhawk	<i>Accipiter nisus</i>	Bird	RF, TB, UF	Rear
30	Himalayan Buzzard	<i>Buteo burmanicus</i>	Bird	PC, AS, AE	Rear
31	Himalayan Vulture	<i>Gyps himalayensis</i>	Bird	PC, AS, RO, FD	Rear
32	Mountain Hawk Eagle	<i>Nisaetus nipalensis</i>	Bird	TB, TC, PC	Rear
33	Northern Goshawk	<i>Accipiter gentilis</i>	Bird	UF, RF	Winter Visitors
34	Shikra	<i>Accipiter badius</i>	Bird	UF, TB, TC, PC	Rear
35	Short-toed Snake Eagle	<i>Circaetus gallicus</i>	Bird	CV, FD, OS	Passage Migrants
36	Steppe Eagle	<i>Aquila nipalensis</i>	Bird	GD, RF, UF, AE	Winter Visitors

37	Oriental Skylark	<i>Alauda gulgula</i>	Bird	PC	Summer Visitors
38	Himalayan Pied Kingfisher	<i>Ceryle lugubris</i>	Bird	AQ, RF	Rear
39	Lesser Pied Kingfisher	<i>Ceryle rudis</i>	Bird	AQ, RF	Rear
40	White-throated Kingfisher	<i>Halcyon smyrnensis</i>	Bird	AQ, RF	Rear
41	Bar-headed Goose	<i>Anser indicus</i>	Bird	AQ	Passage Migrants
42	Common Pochard	<i>Aythya ferina</i>	Bird	AQ	Passage Migrants
43	Eurasian Wigeon	<i>Mareca penelope</i>	Bird	AQ	Passage Migrants
44	Garganey	<i>Querquedula querquedula</i>	Bird	AQ	Passage Migrants
45	Mallard	<i>Anas platyrhynchos</i>	Bird	AQ	Passage Migrants
46	Northern Pintail	<i>Anas acuta</i>	Bird	AQ	Passage Migrants
47	Northern Shoveler	<i>Spatula clypeata</i>	Bird	AQ	Passage Migrants
48	Tufted Duck	<i>Aythya fuligula</i>	Bird	AQ	Passage Migrants
49	Alpine Swift	<i>Tachymarptis melba</i>	Bird	AS, RO, AE	Summer Visitors
50	Common Swift	<i>Apus apus</i>	Bird	UF, RF, TB, AE	Summer Visitors
51	White-throated Needletail	<i>Hirundapus caudacutus</i>	Bird	TB, TC, PC, FD	Summer Visitors
52	Eastern Cattle Egret	<i>Bubulcus coromandus</i>	Bird	CV, AQ	Winter Visitors
53	Long-tailed Minivet	<i>Pericrocotus ethologus</i>	Bird	UF, TC, PC	Summer Visitors
54	Great Barbet	<i>Megalaima virens</i>	Bird	UF, TB	Rear
55	Bar-tailed Treecreeper	<i>Certhia himalayana</i>	Bird	UF, TB, TC, PC	Rear
56	Hodgson's Treecreeper	<i>Certhia hodgsoni</i>	Bird	TB, TC, PC	Rear
57	Strong-footed Bush Warbler	<i>Horornis fortipes</i>	Bird	FD, TB, RF	Summer Visitors
58	Red-wattled Lapwing	<i>Vanellus indicus</i>	Bird	CV, AQ	Summer Visitors
59	Brown Dipper	<i>Cinclus pallasii</i>	Bird	AQ	Rear
60	Grey-breasted Prinia	<i>Prinia hodgsonii</i>	Bird	UF, TB	Rear
61	Eurasian Collared Dove	<i>Streptopelia decaocto</i>	Bird	UF, TB, CV	Summer Visitors
62	Oriental Turtle Dove	<i>Streptopelia orientalis</i>	Bird	TB, PC, FD, UF	Summer Visitors
63	Rock Pigeon	<i>Columba livia</i>	Bird	UF, TB, CV	Rear
64	Snow Pigeon	<i>Columba leuconota</i>	Bird	AS, RO	Rear
65	Spotted Dove	<i>Spilopelia chinensis</i>	Bird	UF, TB, CV	Summer Visitors
66	Alpine Chough	<i>Pyrrhocorax graculus</i>	Bird	AS, RO, PS	Rear
67	Black-headed Jay	<i>Garrulus lanceolatus</i>	Bird	UF, TC	Rear
68	Common Raven	<i>Corvus corax</i>	Bird	AS, RO	Rear
69	Eurasian Jackdaw	<i>Coloeus monedula</i>	Bird	UF, TB, TC	Rear
70	Eurasian Jay	<i>Garrulus glandarius</i>	Bird	TB, TC	Rear
71	Asian Koel	<i>Eudynamys scolopaceus</i>	Bird	UF, TB, OS	Summer Visitors
72	Common Cuckoo	<i>Cuculus canorus</i>	Bird	UF, TB, TC	Summer Visitors
73	Lesser Cuckoo	<i>Cuculus poliocephalus</i>	Bird	TB, TC	Summer Visitors
74	Ashy Drongo	<i>Edolius leucophaeus</i>	Bird	UF, RF, TB	Summer Visitors

75	Black Drongo	<i>Edolius macrocercus</i>	Bird	UF, RF, TB, FD	Summer Visitors
76	Crested Bunting	<i>Emberiza lathami</i>	Bird	CV, RF, OH	Summer Visitors
77	Pine Bunting	<i>Emberiza leucocephalos</i>	Bird	OH, TC, PC, CV	Winter Visitors
78	Rock Bunting	<i>Emberiza cia</i>	Bird	UF, TB, TC, PC	Rear
79	White-capped Bunting	<i>Emberiza stewarti</i>	Bird	UF, TB, CV	Summer Visitors
80	Common Kestrel	<i>Falco tinnunculus</i>	Bird	UF, TB, TC, PC	Rear
81	Eurasian Hobby	<i>Falco subbuteo</i>	Bird	TB, OH, TC, OS, RF	Summer Visitors
82	Peregrine Falcon	<i>Falco peregrinus calidus</i>	Bird	RF, TB, OHRF, TB, OH	Winter Visitors
83	Black-and-Yellow Grosbeak	<i>Mycerobas icterioides</i>	Bird	TB, TC, PC	Rear
84	Brambling	<i>Fringilla montifringilla</i>	Bird	OS, TB, UF	Winter Visitors
85	Collared Grosbeak	<i>Mycerobas affinis</i>	Bird	TC, PC, FD	Rear
86	Common Rosefinch	<i>Erythrura erythrura</i>	Bird	RF, UF, AS, CV	Summer Visitors
87	Eurasian Goldfinch	<i>Carduelis carduelis</i>	Bird	TC, PC, DO, FD	Rear
88	Fire-fronted Serin	<i>Serinus pusillus</i>	Bird	RF, UF, TB	Rear
89	Himalayan Greenfinch	<i>Chloris spinoides</i>	Bird	TB, TC, AS, CV	Summer Visitors
90	Pink-browed Rosefinch	<i>Carpodacus rodochroa</i>	Bird	DO, AS, PS	Rear
91	Plain Mountain Finch	<i>Leucosticte nemoricola</i>	Bird	AS, PS, FD, RO	Rear
92	Red-browed Finch	<i>Callacanthus burtoni</i>	Bird	TC, PC	Rear
93	White-winged Grosbeak	<i>Mycerobas carnipes</i>	Bird	TC, PC, AS, FD	Rear
94	Asian House Martin	<i>Delichon dasypus</i>	Bird	UF, RF, CV	Summer Visitors
95	Barn Swallow	<i>Hirundo rustica</i>	Bird	AQ, RF, UF	Summer Visitors
96	Red-rumped Swallow	<i>Cecropis daurica</i>	Bird	AQ, RF, UF	Summer Visitors
97	Bay-backed Shrike	<i>Lanius vittatus</i>	Bird	TB, RF, UF, CV	Summer Visitors
98	Grey-backed Shrike	<i>Lanius tephronotus</i>	Bird	TB, RF, UF, CV	Summer Visitors
99	Long Tailed Shrike	<i>Lanius schach</i>	Bird	TB, RF, UF, CV	Summer Visitors
100	Brown-headed gull	<i>Chroicocephalus brunnicephalus</i>	Bird	AQ, CV	Passage Migrants
101	Bar-throated Minla	<i>Chrysominla strigula</i>	Bird	UF, AS, FD	Rear
102	Streaked Laughingthrush	<i>Trochalopteron lineatum</i>	Bird	UF, RF, TB	Rear
103	Variiegated Laughingthrush	<i>Trochalopteron variegatum</i>	Bird	UF, RF, TB, AS	Rear
104	White-throated Laughingthrush	<i>Garrulax albogularis</i>	Bird	UF, RF, TB, AS	Rear
105	European Bee-eater	<i>Merops apiaster</i>	Bird	OS, CV, OH	Summer Visitors
106	Asian Paradise Flycatcher	<i>Terpsiphone paradisi</i>	Bird	UF, RF, TB	Summer Visitors
107	Citrine Wagtail	<i>Motacilla citreola</i>	Bird	AQ, UF, RF, CV	Summer Visitors
108	Forest Wagtail	<i>Dendronanthus indicus</i>	Bird	TB, TC, OS	Passage Migrants
109	Grey Wagtail	<i>Motacilla cinerea</i>	Bird	UF, RF, CV, AQ	Summer Visitors
110	Paddyfield Pipit	<i>Anthus rufulus</i>	Bird	CV, OS	Rear
111	Rosy Pipit	<i>Anthus roseatus</i>	Bird	AS, RO, FD	Summer Visitors
112	Tree Pipit	<i>Anthus trivialis</i>	Bird	TB, TC, PC, CV	Summer Visitors

113	Upland Pipit	<i>Anthus sylvanus</i>	Bird	OH, RO, PC	Rear
114	Western Yellow Wagtail	<i>Motacilla flava</i>	Bird	CV, AQ, UF	Passage Migrants
115	White Wagtail	<i>Motacilla alba</i>	Bird	AQ, UF, TB, AS	Summer Visitors
116	Black Redstart	<i>Phoenicurus ochruros</i>	Bird	RF, TB	Passage Migrants
117	Blue Whistling Thrush	<i>Myophonus caeruleus</i>	Bird	AQ, RF, UF, TB	Rear
118	Blue-capped Redstart	<i>Phoenicurus coeruleocephala</i>	Bird	RF, UF, TB, AS	Rear
119	Blue-fronted Redstart	<i>Phoenicurus frontalis</i>	Bird	TB, DO, AS	Rear
120	Blue-headed Rock-thrush	<i>Monticola cinclorhynchus</i>	Bird	RF, UF, TB, PC	Summer Visitors
121	Chestnut-bellied Rock-thrush	<i>Monticola rufiventris</i>	Bird	TC, PC	Rear
122	Siberian Stonechat	<i>Saxicola torquatus</i>	Bird	RF, TB, TC	Summer Visitors
123	Dark-sided Flycatcher	<i>Muscicapa sibirica</i>	Bird	TB, TC	Summer Visitors
124	Desert Wheatear	<i>Oenanthe deserti</i>	Bird	CV, OH	Summer Visitors
125	Golden Bush Robin	<i>Tarsiger chrysaeus</i>	Bird	TB	Rear
126	Grey Bushchat	<i>Rhodophila ferrea</i>	Bird	RF, UF, TB	Rear
127	Himalayan Red-flanked Bush-robin	<i>Tarsiger rufilatus</i>	Bird	TB, TC, DO	Rear
128	Indian Blue Robin	<i>Larvivora brunnea</i>	Bird	RF, UF	Summer Visitors
129	Little Forktail	<i>Enicurus scouleri</i>	Bird	AQ, RF	Rear
130	Oriental Magpie-robin	<i>Copsychus saularis</i>	Bird	RF, UF, TB	Rear
131	Pied Bushchat	<i>Saxicola caprata</i>	Bird	TB, CV, OS	Rear
132	Plumbeous Water-redstart	<i>Phoenicurus fuliginosus</i>	Bird	AQ, RF	Rear
133	Spotted Forktail	<i>Enicurus maculates</i>	Bird	AQ, RF	Rear
134	Ultramarine Flycatcher	<i>Ficedula superciliaris</i>	Bird	UF, TB, TC, PC	Summer Visitors
135	Verditer Flycatcher	<i>Eumyias thalassinus</i>	Bird	UF, TB, TC, CV	Summer Visitors
136	White-capped River-chat	<i>Phoenicurus leucocephalus</i>	Bird	AQ, RF	Rear
137	White-winged Redstart	<i>Phoenicurus erythrogastrus</i>	Bird	RF, AS, RO	Summer Visitors
138	Indian Golden Oriole	<i>Oriolus kundoo</i>	Bird	UF, RF, TB	Summer Visitors
139	Cinereous Tit	<i>Parus cinereus</i>	Bird	RF, UF, TB, TC, PC, FD, CV	Rear
140	Coal Tit	<i>Periparus ater melanolophus</i>	Bird	TB, TC, PC, FD	Summer Visitors
141	Green-backed Tit	<i>Parus monticolus</i>	Bird	RF, UF, TB, TC, PC	Rear
142	Rufous-napped Tit	<i>Periparus rufonuchalis</i>	Bird	RF, UF, TB, TC, PC, FD	Rear
143	House Sparrow	<i>Passer domesticus</i>	Bird	RF, UF, TB, CV	Rear
144	Cinnamon Sparrow	<i>Passer rutilans</i>	Bird	RF, UF, TB, CV	Rear
145	Indian Pond-heron	<i>Ardeola grayii</i>	Bird	AQ	Rear
146	Little Egret	<i>Egretta garzetta</i>	Bird	AQ	Rear
147	Great Cormorant	<i>Phalacrocorax carbo</i>	Bird	AQ	Winter Visitors
148	Chukar Partridge	<i>Alectoris chukar</i>	Bird	TB, TC, OS, CV	Rear
149	Himalayan Monal	<i>Lophophorus impejanus</i>	Bird	PC, DO, AS, FD, PS	Rear
150	Kaleej Pheasant	<i>Lophura leucomelanos</i>	Bird	RF, TB, CV	Rear

151	Koklass Pheasant	<i>Pucrasia macrolopha</i>	Bird	TB, TC, PC, FD	Rear
152	Western Tragopan	<i>Tragopan melanocephalus</i>	Bird	DO, AS, RO	Rear
153	Common Chiffchaff	<i>Phylloscopus collybita</i>	Bird	RF, TB, DO, AS	Winter Visitors
154	Greenish Warbler	<i>Phylloscopus trochiloides</i>	Bird	TB, PC, AS, FD	Summer Visitors
155	Grey-hooded Warbler	<i>Phylloscopus xanthoschistos</i>	Bird	TB, TC, DO, FD	Rear
156	Hume's Leaf-warbler	<i>Phylloscopus humei</i>	Bird	TB, DO, AS	Summer Visitors
157	Mountain Chiffchaff	<i>Phylloscopus sindianus</i>	Bird	AS, RO, FD	Summer Visitors
158	Pale-rumped warbler	<i>Phylloscopus chloronotus</i>	Bird	TB, DO, PC, AS	Summer Visitors
159	Orange-barred Leaf-warbler	<i>Phylloscopus pulcher</i>	Bird	TB, PC, AS, CV	Rear
160	Smoky Leaf-warbler	<i>Phylloscopus fuligiventer</i>	Bird	AS, RO, FD	Passage Migrants
161	Sulphur-bellied warbler	<i>Phylloscopus griseolus</i>	Bird	TC, PC, AS	Summer Visitors
162	Tickell's Leaf-warbler	<i>Phylloscopus affinis</i>	Bird	UF, TB, FD, CV	Summer Visitors
163	Western Crowned Warbler	<i>Phylloscopus occipitalis</i>	Bird	PC, AS	Summer Visitors
164	Grey faced Woodpecker	<i>Picus canus</i>	Bird	TB, FD	Rear
165	Himalayan Pied Woodpecker	<i>Dendrocopos himalayensis</i>	Bird	TB, TC, PC, DO, FD	Rear
166	Speckled Piculet	<i>Vivia innominata</i>	Bird	TB, TC	Rear
167	Little Grebe	<i>Tachybaptus ruficollis</i>	Bird	AQ	Rear
168	Alpine Accentor	<i>Prunella collaris</i>	Bird	AS, RO, PS	Rear
169	Black-throated Accentor	<i>Prunella atrogularis</i>	Bird	UF, TC, FD	Winter Visitors
170	Rufous-breasted Accentor	<i>Prunella strophciata</i>	Bird	TC, PC, DO, FD, PS	Rear
171	Himalayan Parakeet	<i>Psittacula himalayana</i>	Bird	UF, TB	Summer Visitors
172	Plum-headed Parakeet	<i>Psittacula cyanocephala</i>	Bird	UF, RF, TB	Summer Visitors
173	Rose-ringed Parakeet	<i>Psittacula krameri</i>	Bird	UF	Summer Visitors
174	Himalayan Black Bulbul	<i>Hypsipetes leucocephalus</i>	Bird	RF, UF, TB	Rear
175	Himalayan Bulbul	<i>Pycnonotus leucogenys</i>	Bird	RF, UF, TB, TC, PC	Rear
176	Common Moorhen	<i>Gallinula chloropus</i>	Bird	AQ	Rear
177	Eurasian Coot	<i>Fulica atra</i>	Bird	AQ	Rear
178	Goldcrest	<i>Regulus regulus</i>	Bird	TC, PC, FD	Rear
179	Eurasian Curlew	<i>Numenius arquata</i>	Bird	AQ, CV	Passage Migrants
180	Hume's Whitethroat	<i>Sylvia althaea</i>	Bird	AS, AQ	Summer Visitors
181	Kashmir Nuthatch	<i>Sitta cashmirensis</i>	Bird	TC, PC, FD	Rear
182	White-cheeked Nuthatch	<i>Sitta leucopsis</i>	Bird	TC, PC	Rear
183	Grey-headed Canary- flycatcher	<i>Culicicapa ceylonensis</i>	Bird	RF, TB, TC	Summer Visitors
184	Asian Barred Owlet	<i>Glaucidium cuculoides</i>	Bird	UF, TB, TC, PC	Rear
185	Collared Owlet	<i>Glaucidium brodiei</i>	Bird	DO, PC	Rear
186	Tawny Owl	<i>Strix aluco</i>	Bird	PC, DO, TB	Rear
187	Brahminy Starling	<i>Sturnia pagodarum</i>	Bird	UF, TB	Summer Visitors
188	Common Myna	<i>Acridotheres tristis</i>	Bird	RF, UF, CV	Rear



189	Wallcreeper	<i>Tichodroma muraria</i>	Bird	OH, RO (River side)	Winter Visitors
190	Black-chinned babbler	<i>Cyanoderma pyrrhops</i>	Bird	TB, OS	Rear
191	Rusty-cheeked Scimitar- babbler	<i>Megapomatorhinus erythrogeus</i>	Bird	Tb, TC, CV	Rear
192	Eurasian Wren	<i>Troglodytes troglodytes</i>	Bird	RF, TB, DO, AS, RO	Rear
193	Black-throated Thrush	<i>Turdus atrogularis</i>	Bird	PC, AS, PS, FD	Winter Visitors
194	Chestnut Thrush	<i>Turdus rubrocanus</i>	Bird	RF, UF, TB, TC	Summer Visitors
195	Grey-winged Blackbird	<i>Turdus boulboul</i>	Bird	UF, TB, TC	Rear
196	Mistle Thrush	<i>Turdus viscivorus</i>	Bird	PC, TC, AS, FD	Rear
197	Plain-backed Thrush	<i>Zosterops mollissima</i>	Bird	PC, AS, RO	Rear
198	Tickell's Thrush	<i>Turdus unicolor</i>	Bird	TB,UF	Summer Visitors
199	Common Hoopoe	<i>Upupa epops</i>	Bird	CV, UF	Summer Visitors
200	Oriental White-eye	<i>Zosterops palpebrosus</i>	Bird	RF, UF, TB	Summer Visitors
201	Butterfly	<i>Rhopalocera</i>	Insect	Every where	Rare
202	Bee	<i>Apis sp.</i>	Insect	Every where	Rare
203	Beetle	<i>Coleoptera</i>	Insect	Every where	Rare
204	Mosquito	<i>Culix sp.</i>	Insect	Every where	Rare
205	Lady bird	<i>Coccinella sp.</i>	Insect	Every where	Rare
206	Fly	<i>Diptera</i>	Insect	Every where	Rare
207	Bedbug	<i>Cimex Letularius</i>	Insect	Every where	Rare
	AS	Alpine Scrub			
	RO	Rockey Outcrops			
	AE	Ariel Edges			
	GD	Garbage Dumps			
	OH	Open Hill			
	OS	Open Scrub			
	TB	Temperate Broadleaf			
	TC	Temperate Conifer			
	RF	Riparian Forest			
	UF	Urban Forest			
	AQ	Aquatic Forest			

**Note:** Separate format should be used for road side plantation / parks and Gardens / Housing estate / Commercial buildings / other institutional areas, Private club premises and also for Aquatic (water) habitat and Terrestrial ( land ) habitat

**Format-31 : Any other information of local importance.**

1	2	3
S. No.	Information of local importance	Remarks
1		
2		